



VIRTUAL  
THEOLOGY OF THE BODY

2020

CONGRESS

"THAT WE MIGHT HAVE SIGHT"

OCTOBER 30 - NOVEMBER 1, 2020

# PROGRAM GUIDE

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# SCHEDULE

ALL TIMES EASTERN

## FRIDAY OCT. 30

**12:00 PM** - Live Breakout - Jason Evert  
**1:00 PM** - Live Breakout - Eden Invitation  
**2:00 PM** - Live Breakout - Evan Lemoine  
**3:00 PM** - Live Breakout - Colin Nykaza  
**4:00 PM** - Live Breakout - Damon Owens  
**5:00 PM** - Live Welcome - Dr. Christopher West  
**6:00 PM** - Keynote - Bill Donaghy  
**7:00 PM** - Live Q&A - Bill Donaghy  
**8:00 PM** - Live Breakout - Brian Butler  
**9:00 PM** - Live Night Prayer - Fr. Patrick Schultz / Fr. Ryan Mann  
**9:20 PM** - Live Social

## SATURDAY OCT. 31

**9:00 AM** - Live AM Prayer & Welcome - Jen Settle / Fr. Ryan Mann  
**10:00 AM** - Keynote - Dr. Michael Waldstein  
**11:00 AM** - Live Q&A - Dr. Michael Waldstein  
**12:00 PM** - Live Breakout - Dr. Greg Bottaro  
**1:00 PM** - Live Breakout - Desert Stream  
**2:00 PM** - Keynote - George Weigel  
**3:00 PM** - Live Q&A - George Weigel  
**4:00 PM** - Live Holy Hour - Mercedarian Sisters  
**5:00 PM** - Keynote - Sr. Miriam Heidland, SOLT  
**6:00 PM** - Live Q&A - Sr. Miriam Heidland, SOLT  
**7:00 PM** - Keynote - Dr. Scott Hahn  
**8:00 PM** - Live Q&A - Dr. Scott Hahn  
**9:00 PM** - Live Night Prayer - Jen Settle / Fr. Ryan Mann  
**9:20 PM** - Live Social

## SUNDAY NOV. 1 \*PLEASE NOTE DAYLIGHT SAVINGS TIME CHANGE

**8:30 AM** - Live AM Prayer & Welcome - Fr. Patrick Schultz / Fr. Ryan Mann  
**9:00 AM** - Keynote - Dr. Janet Smith  
**10:00 AM** - Live Q&A - Dr. Janet Smith  
**11:00 AM** - Live Breakout - Bill Donaghy / Mike Mangione  
**12:00 PM** - Breakout - Matt Fradd  
**1:00 PM** - Live Breakout - Jen Settle / Jen Ricard  
**2:00 PM** - Live Breakout - Fr. Patrick Schultz / Fr. Ryan Mann  
**3:00 PM** - Keynote - Dr. Christopher West  
**4:00 PM** - Live Q&A - Dr. Christopher West  
**5:00 PM** - Mass - Fr. Benjamin Lenhertz

LINKS TO LIVE Q&AS AND BREAKOUTS  
CAN BE FOUND ON THAT SPEAKER'S PAGE.



THEOLOGY OF THE BODY CONGRESS PRESENTS

FRIDAY  
OCT. 30







## 12 PM ET - LIVE BREAKOUT "GENDER THEORY AND THE TOB"



### Jason Evert

#### Description:

What's the meaning of sex, gender, and the human body? The truth of masculinity and femininity are being questioned like never before. Discover how your body as a man or woman reveals your identity and calling. **Friday, 12 p.m. ET**

#### Bio:

Jason Evert has traveled to six continents to bring the message of purity to more than one million people over the past 20 years, including World Youth Days in Australia, Spain, Poland, and Panama. He has also lectured at dozens of universities, including Harvard, Princeton, and the United States Air Force and Naval academies. Jason earned a master's degree in Theology, and undergraduate degrees in Counseling and Theology, with a minor in Philosophy, at Franciscan University of Steubenville.

He is a best-selling author of 15 books, including *Saint John Paul the Great*, *How to Find Your Soulmate Without Losing Your Soul*, and the curriculum *YOU: Life, Love, and the Theology of the Body*. He and his wife Crystalina are frequent guests on radio programs throughout the country, and their television appearances include MSNBC, Fox News, the BBC, and EWTN. Together, they run Chastity Project and its website, [chastity.com](http://chastity.com), and lead an international alliance of young people who promote purity in more than 40 countries.

## 1 PM ET - LIVE BREAKOUT "SEXUAL IDENTITY AND IMAGO DEI: LET THE FOG LIFT"



### Anna Carter

#### Description:

Identity is hard enough on a good day! For persons experiencing same-sex desires or gender discordance, a host of internal and external factors can obscure our view of God's design for our lives. Join Anna Carter, president & co-founder of Eden Invitation, as she shares both obstacles and opportunities for renewed vision inspired by the Theology of the Body. Whether this is you or someone you love, this session is a must-see for our current culture! **Friday, 1 p.m. ET**

#### Bio:

Anna Carter is the co-founder and president of Eden Invitation, a movement for young adult Catholics experiencing same-sex desires and gender discordance celebrating original personhood beyond the LGBT+ paradigm. Anna earned her graduate degrees in theology and catechetics from the Franciscan University of Steubenville, beginning her career in relational ministry and Catholic education. Now through writing, speaking, and the work of Eden Invitation, Anna proclaims that there is resurrected life in the midst of our longings.



## 2 PM ET - LIVE BREAKOUT

# "BUILDING ON SOLID ROCK: THEOLOGY OF THE BODY, DATING AND COMPATIBILITY"



### Evan Lemoine

#### Description:

How can we apply the concepts of Theology of the Body to dating? How can we know if we are compatible? If we are good for one another? Is there really a such thing as a soulmate, someone God already chose for me? What does it really mean to be compatible? What are the elements we need to form in our relationship before making a long-term commitment? How can we live physical and emotional affection in a healthy way in a dating relationship? **Friday, 2 p.m. ET**

#### Bio:

Evan Lemoine has a Fine Arts degree from Louisiana State University with a minor in Psychology. He has a master's degree in Humanities from the Anahuac University in Mexico City. He graduated from the Marriage and Family Masters Program at the John Paul II Institute. He is certified in Theology of the Body with the TOB Institute. He is the co-founder and main speaker for the Amar al Maximo Institute, Theology of the Body professor at the University of Dallas, and a faculty member and professor for Theology of the Body Institute.

Evan became passionate about Theology of the Body in 2002 and since then has dedicated his life to studying, deepening and spreading this message in Spanish and in English to adults, youth and adolescents throughout the world. He is an international speaker and teacher of the Theology of the Body and the Personalistic vision of human love and sexuality, working with people of all ages, ideologies and walks of life. He speaks mainly on identity, sexuality, intimacy, love, dating, marriage, single life, consecrated life and sexual education. His passion, dynamism and depth have helped thousands of people to discover the transforming power of love through Theology of the Body. He is the author of the upcoming book: *Hacernos Uno: Construyendo un amor para siempre*.



## 3 PM ET - LIVE BREAKOUT

# "DIVINE MERCY: GOD, WHO IS DIVINE MERCY HIMSELF, TOOK ON A BODY"

### Colin Nykaza

#### Description:

We are living in the time of mercy. Hear how to tap into the tremendous amounts of grace Jesus is offering through the revelations of His Divine Mercy. **Friday, 3 p.m. ET**

If you are interested in bringing Colin in for a talk on Divine Mercy or Our Lady, please email him here: [Cnykaza@gmail.com](mailto:Cnykaza@gmail.com).

#### Bio:

Colin Nykaza is a dynamic speaker who loves to spread the message of Divine Mercy, Our Lady and Theology of the Body. He is also currently the Director of Young Adult Outreach for the Archdiocese of New York. Colin was a seminarian for seven years and discerned that Jesus and Mary were calling him elsewhere. As a seminarian he received a BA in Theology from Sacred Heart University and a Masters of Divinity from Mount Saint Mary's Seminary. When Colin was not a seminarian student he worked with Generation Life in Philadelphia as a Theology of the Body, chastity, and pro-life speaker. He also was a Theology of the Body for Teens trainer for Ascension Press. You may also catch Colin on EWTN's show Sunday Night Prime or The Eucharist. He is also a member of the USCCB National Advisory Team of Young Adult Ministry. Colin considers it his life mission to help the Blessed Virgin Mary's Immaculate heart triumph as she promised in Fatima.







## 4 PM ET - LIVE BREAKOUT "RACISM, GRACISM, AND OUR MUNUS OF RECONCILIATION"



### Damon Owens

#### Description:

Disciples of Jesus Christ have an irreplaceable ***munus*** (role, gift, mission, vocation) to lead a true dialogue on ending racism. Even as we each work out our own salvation in "fear and trembling", Jesus Christ has gifted us with Himself — His Grace — to identify, understand, and lead the movement to authentic healing and reconciliation. This is our moment — our Christian Discipleship is required "for such a time as this!" While the "ghosts of racism past" still haunt us in many tangible ways, we are in a new moment where the terms of human engagement central to TOB are uniquely suited to addressing the racism that exists today. Specifically, how does the law of the gift, and the full weight (gravitas) of a personalist phenomenology reveal a path to unity that is beyond the competence of even well-meaning secularists? Come let us reason together on how we — Disciples of Jesus Christ — are called to bring grace to the current problem of race. **Friday, 4 p.m. ET**

#### Bio:

Damon Owens, international speaker and evangelist, is executive director of Joyful Ever After ([joyfuleverafter.org](http://joyfuleverafter.org)). The first executive director of Theology of the Body Institute and chairman of the 2016 International Theology of the Body Congress, Damon founded Joyful Ever After as a non-profit ministry dedicated to encouraging and educating couples to understand and live marriage and family life together with joy through St. John Paul II's Theology of the Body. Host of the 2020 Catholic Marriage Summit, presenter at the 2019 Catholic Family Life Symposium, 2017 USCCB Convocation of Catholic Leaders, and 2015 World Meeting of Families, Damon keeps a full international speaking schedule at conferences, seminars, universities, high schools, seminaries, and parishes on the good news of marriage, sexuality, Theology of the Body, Theology of the Family, adoption, and NFP.

In 2018, Pope Francis honored Damon with his Benemerenti Papal Medal in recognition for his work in support of marriage and family. Damon lives outside Philadelphia with his wife Melanie and their eight children.



**5 PM ET - LIVE WELCOME**  
**"THE BODY IS MEANT FOR THE LORD AND THE  
LORD IS MEANT FOR THE BODY:  
THAT WE MIGHT HAVE SIGHT!"**



**Dr. Christopher West**

**Friday, 5 p.m. ET**

**Bio:**

As one of its founders, Dr. West has served Theology of the Body Institute in various capacities since 2004: as the leading faculty member, as a board member, a research fellow, and a curriculum advisor. He was appointed president of the Institute in 2018 and serves as Professor of Theological Anthropology in the jointly sponsored M.A. program with Pontifex University. His global lecturing, best-selling books, multiple audio and video programs, and popular podcast (co-hosted by his wife Wendy) have made him one of the world's most recognized teachers of St. John Paul II's Theology of the Body. Of all his titles and roles, however, he is most proud to call himself a devoted husband and father.



**6 PM ET - KEYNOTE**

**7 PM ET - LIVE Q&A**

## **"THE WAY OF WONDER: RECLAIMING HUMAN CULTURE IN A TIME OF CHAOS"**



### **Bill Donaghy**

#### **Description:**

It may seem trite or even escapist to offer thoughts on beauty and wonder at a time such as this — a year of pain, pandemic, and unprecedented national and international drama. But as the world presses forward, seeking answers to the same perennial questions of identity and calling as we always have, the essential truth remains: Life is a gift. The vast swirling cosmos in all its grandeur is also a gift, and these gifts are calling to us. They are inviting us into a Mystery. **Friday, Keynote 6 p.m., Live Q&A 7 p.m. ET**

"Alongside our technological civilization, highly practical and utilitarian, there is another culture growing, the Culture of the Spirit, and there 'useless' and seemingly 'gratuitous' values are cultivated..." (Paul Evdokimov). In the secret garden that is a human life, Evdokimov writes, we "discover the one thing which, according to the Gospel, is 'useless' but absolutely 'necessary.'" Join Bill Donaghy for a transforming keynote on the essential need for wonder and beauty in life. This gift is truly the "better part" and it shall not be taken from us.

#### **Bio:**

Having worked in mission, evangelization, and education since the early 1990s, Bill joined the faculty of TOB Institute in 2010 and became a full-time member of the team as content specialist in 2013. With a background in visual arts, philosophy, and systematic theology, he has given talks and retreats to bishops, priests, deacons, religious, and the lay faithful throughout the country and internationally. Bill is the co-author with Chris Stefanick of the popular program RISE: 30-Day Challenge for Men and is a proud husband and father of four.





## 8 PM ET - LIVE BREAKOUT

# "LOVING LOCAL: THE WONDERFULLY COMPLICATED REALM OF TOB & FAMILY HEALING"

### Brian Butler



#### Description:

Pope Francis has said that when it comes to our salvation, God takes "into account the complex interweaving of personal relationships entailed in the life of a human community." Nowhere is that more complex, difficult, and beautiful than in the family.

#### Friday, 8 p.m. ET

But is the richness and beauty of St. John Paul II's teaching for the masses or a select few? How can we integrate the gift of the TOB in our families, especially when we so many of us suffer from abuse, misunderstanding, addiction, disinterest, anger, and despair? Come find encouragement and practicals to begin or continue the wonderfully complicated journey of living the TOB while loving the locals that we find hardest to love.

#### Bio:

Brian Butler is executive director and co-founder of Dumb Ox Ministries, a non-profit based in Louisiana that cultivates chastity and authentic love with teens, young adults and families via the lens of St. John Paul II's Theology of the Body. Brian has authored several books and programs, including *Theology of the Body for Teens: Middle School Edition* and *YOU: Life, Love & Theology of the Body*. He is the founder of a dynamic retreat for teens and young adults called ECHO, and his latest book is entitled *GARDEN Meditations*. Brian's bachelor's degree is in Communications, and he holds a master's degree in Theology. He has 20-plus years of ministry experience and is a popular speaker, trainer, and retreat master nationally and internationally. He enjoys music, sports and spending time with his wife, Lisa, and their four children.



## 9 PM ET - LIVE NIGHT PRAYER (PLEASE SEE PRAYER GUIDE FOR TONIGHT'S PRAYERS)

### Fr. Ryan Mann



**Bio:**

Fr. Ryan Mann was ordained in 2014 for the Diocese of Cleveland. He is administrator of St. Basil the Great Parish in Brecksville, OH, the chaplain of Retroville within the Diocese of Cleveland as well as the chaplain for Culture Project missionaries. He has studied TOB for 16 years and enjoys jazz, comedy and his close friends.

### Fr. Patrick Schultz



**Bio:**

Fr. Patrick Schultz is a priest serving in the Diocese of Cleveland at Sacred Heart of Jesus Church in Wadsworth, OH. He was ordained in 2016. He has worked with the Institute as a chaplain for both courses and pilgrimages. You can connect with Fr. Patrick more by subscribing to "Slaking Thirsts" on any podcast platform.

## 9:20-10 PM ET - LIVE ZOOM SOCIAL ROOM

Come socialize with other TOB Congress participants and share your highlights from the day!

THEOLOGY OF THE BODY INSTITUTE PRESENTS



# THEOLOGY OF THE BODY VIRTUAL CONFERENCE

SATURDAY  
OCT. 31







## 9 AM ET - LIVE MORNING PRAYER

### (PLEASE SEE PRAYER GUIDE FOR THIS MORNING'S PRAYERS)



### Jennifer Settle

**Bio:**

Jen Settle is a Consecrated Virgin in the Archdiocese of Philadelphia. She was consecrated by Archbishop Charles Chaput, O.F.M. Cap. on the Feast of the Presentation of Our Lord, February 2, 2017. She has been a staff member at Theology of the Body Institute in Aston, PA, since 2008 where she currently serves as the Director of Programs. She has bachelor's and master's degrees in Theology and Parish Ministry from Loras College in Dubuque, Iowa. Jen worked in religious education and adult faith formation for 15 years before joining the TOBI staff, teaching Theology of the Body throughout the country.



### Fr. Ryan Mann

**Bio:**

Fr. Ryan Mann was ordained in 2014 for the Diocese of Cleveland. He is administrator of St. Basil the Great Parish in Brecksville, OH, the Chaplain of Retroville within the Diocese of Cleveland as well as the chaplain for Culture Project missionaries. He has studied TOB for 16 years and enjoys jazz, comedy and his close friends.



10 AM ET - KEYNOTE  
11 AM ET - LIVE Q&A

## "JOHN PAUL II ON COMMUNION WITHIN GOD COMPARED WITH THE THEOLOGICAL TRADITION"



### Dr. Michael Waldstein

#### Description:

St. John Paul's Theology of the Body approaches the mystery of the Triune God through the communion of persons formed by man and woman. Some theologians criticize this approach and opt instead for St. Augustine's approach to the mystery of the Trinity through the processions of word and love in the intellect and will of one human person. The talk argues against this criticism that the theological tradition fully supports John Paul's approach. The first part of the talk looks at two scenes in the Gospel of John, Cana and Golgotha. The two scenes are written as a pair with many points of contact. They need to be interpreted by each other. Golgotha, the central event of salvation, in which the Triune God reveals his love, needs to be interpreted in light of the wedding at Cana. It is in his suffering and death that the bridegroom Christ takes the body of his bride, born from his pierced side in the flow of blood and water. Cana is a pre-presentation of Golgotha as the liturgy of the Eucharist is its re-presentation. The second part of the talk examines some important texts on the Trinity from the theological tradition to show the harmony with John Paul's approach. **Saturday, Keynote 10 a.m., Live Q&A 11 a.m. ET**

#### Bio:

Michael Maria Waldstein is Professor of New Testament at Franciscan University. After a Doctorate in Philosophy (University of Dallas, 1981, dissertation on beauty in Hans Urs von Balthasar), he completed a Licentiate in Biblical Studies (Biblicum, Rome, 1984), and a Doctorate in New Testament (Harvard, 1989, dissertation on the Gospel of John and Secret Book of John). From 1988 to 1996 he was Assistant Professor of New Testament at the University of Notre Dame, where he received tenure in 1996. From 1996 until 2006 he served as the founding president and professor of New Testament at the International Theological Institute in Gaming, Austria, and from 2006-2008 as its St. Francis of Assisi Professor of New Testament. 2008-2017 he was Max Seckler Professor of Theology at Ave Maria University. His published works include a critical edition of the four Coptic manuscripts of the Gnostic Secret Book of John and a new translation of John Paul II's "Man and Woman He Created Them: A Theology of the Body" as well as articles on the Gospel of John, Gnosticism, St. Thomas Aquinas, John Paul II and Hans Urs von Balthasar.

Michael Waldstein's book *Glory of the Logos in the Flesh: St. John Paul's Theology of the Body* is completed in page proofs (807 pages) and will be printed soon.



## 12 PM ET - LIVE BREAKOUT "PRINCIPLES FOR CREATING HEALTHY BOUNDARIES IN DIFFICULT RELATIONSHIPS"

### Dr. Greg Bottaro



#### Description:

Theology of the Body presents a beautiful vision for relationships and how we image God through them. But what happens when our relationships are less than "divine"? How do we navigate these difficult relationships in a charitable and healthy way? In this talk, I'll discuss ...

Hallmarks of unhealthy relationships, how they are a distortion of God's vision for relationships, why creating boundaries is actually charitable and healthy, and some practical ways to create those boundaries. **Saturday, 12 p.m. ET**

#### Bio:

Dr. Greg Bottaro is a Catholic psychologist who directs the CatholicPsych Institute and developed Catholic Mindfulness. Before getting his doctorate, he spent four years living as a Franciscan Friar. Under the mentorship of Fr. Benedict Groeschel, CFR, this experience helped him form a spirituality based on Abandonment to Divine Providence which he now applies to psychological principles in his practice.





## 1 PM ET - LIVE BREAKOUT "PASSION THAT TRANSFORMS SAME-SEX DESIRES: CROSSING THE DIVIDE"

### Desert Stream Ministries

#### Description:

Jesus' burning, unfailing love invites us to surrender our broken sexuality to the love that can heal every wound and fill every gap. In this discovery of His Cross in ours, Jesus orders our desires and makes us fruitful. **Saturday, 1 p.m. ET**

### Andrew Comiskey



#### Bio:

Andrew Comiskey (M.Div.) has worked extensively with the healing of the sexually and relationally broken. He is the founding director of Desert Stream/Living Waters Ministries, a multifaceted outreach to the broken. Andrew's ministry grows both out of his own commitment to overcome homosexuality and his experience as a husband to Annette, father of four children and grandfather to five grandkids. He is author of *Pursuing Sexual Wholeness* (Creation House), *Strength in Weakness* (InterVarsity Press), *Naked Surrender: Coming Home to Our True Sexuality* (InterVarsity Press) and the Living Waters healing program. Andrew seeks to equip the Church to be whole and holy, a bride ready to receive Jesus. Andrew serves at St. Thomas More Parish in Kansas City, Missouri. After over four decades in ministry, Andrew still loves receiving and extending mercy to sexual sinners like himself.

### Abbey Foard



#### Bio:

Abbey Foard (M.A., LPC) has worked in healing ministry for over a decade. Having discovered the power of Christ-in-Community to heal and bring orthodox formation in her own life, she is committed to offering the same for others. Abbey is currently the executive director of Desert Stream Ministries in Kansas City, MO, equipping the Church to offer healing to persons with sexual and relational brokenness. Also being licensed as a Professional Counselor (LPC), Abbey maintains a private practice in Kansas City. In all her efforts, she is passionate about seeing people made fully alive in areas of their sexuality and relationships — specifically through encountering the God who has woven His divine nature in all aspects related to gender, sex, love, and intimacy.

### Marco Casanova



#### Bio:

Marco Casanova (M.Div.) completed Philosophical and Theological studies at St. Charles Borromeo Seminary in the Archdiocese of Philadelphia. After having resigned from priestly formation, he joined the Desert Stream Ministries team. Now as assistant director of the ministry, he works closely with Andrew Comiskey in the healing of the sexually and relationally broken, both nationally and internationally. Marco serves at Our Lady of Good Counsel Parish in Westport, Missouri. Passionate to provide avenues of healing for young adult Catholics in Kansas City and beyond, he is eager to equip the faithful to do the work of this ministry.



**2 PM ET - KEYNOTE**

**3 PM ET - LIVE Q&A**

## **"WHY JOHN PAUL II CREATED THE THEOLOGY OF THE BODY AND WHY THAT MATTERS TODAY"**

### **George Weigel**



#### **Description:**

An exploration of the origins of Theology of the Body in the controversies of modern Catholic history and in Karol Wojtyła's pastoral and academic experience, with an eye to why all of that is still quite "relevant" today. **Saturday, Keynote 2 p.m., Live Q&A 3 p.m. ET**

#### **Bio:**

George Weigel, Distinguished Senior Fellow of the Ethics and Public Policy Center, is a Catholic theologian and one of America's leading public intellectuals. He holds EPPC's William E. Simon Chair in Catholic Studies.

**4 PM ET - LIVE HOLY HOUR**

**WITH THE MERCEDARIAN SISTERS**

**(SEE PRAYER GUIDE FOR OPTIONAL PRAYERS)**



### **Mercedarian Sisters of the Blessed Sacrament**

The Mercedarian Sisters are based out of Cleveland, OH.

"Our life revolves around the Eucharist. It is there, in silent adoration of the Blessed Sacrament that we discover the actual captivities that enslave us and our brothers and sisters. It is of utmost importance that we place ourselves, like Saint John the Evangelist, on Jesus' heart to experience the longings of his heart and make them ours.

"Every day, when we go to the encounter of Jesus in the Blessed Sacrament, we surrender to Him everything we are and do, and we ask Him to transform us into Himself. Only when we allow our Lord to draw us into communion with his heart's deepest desires, can we go to our apostolates and encounter our brothers and sisters. In the evening, we come back to prayer, carrying with us the unredeemed world and present it to Jesus asking him to hasten the day when He will be all in all.

Learn more about the order at [mercedariansisters.org](http://mercedariansisters.org).



## 5 PM ET - KEYNOTE 6 PM ET - LIVE Q&A "THE HEART OF THE BRIDEGROOM"

### Sr. Miriam Heidland, SOLT



#### Description:

What makes our hearts open in warmth, receptivity and trust? What causes us to hide and close our hearts in fear, self-protection and self-reliance? What is Jesus revealing to each one of us about His heart? In this talk we will delve into the areas of our hearts that we all face-the desire to be home, to rest, to be seen, to be forgiven, to encounter the truth in unconditional love and to be one with God forever. We will encounter the heart of Jesus who pursues us and who invites us into His healing heart, seeking to bring all of us into intimate communion for all eternity. **Saturday, Keynote 5 p.m., Live Q&A 6 p.m. ET**

#### Bio:

Sr. Miriam James Heidland is a former Division I athlete who had a radical conversion and joined the Society of Our Lady of the Most Holy Trinity (SOLT) in 1998.

Her story has been featured on EWTN's The Journey Home, SEEK Conferences, USCCB Convocation, Steubenville Conferences and other outlets.

Sr. Miriam also speaks at seminaries, priest convocations and healing retreats for priests. In addition to speaking, she has served as the director of novices for her SOLT community and in parish ministry. For the past eight years, Sr. Miriam has served as an assistant to both her provincial and general superiors.

She holds a master's degree in Theology from the Augustine Institute and speaks extensively on the topics of conversion, authentic love, forgiveness, healing (and sports!).

Sr. Miriam's podcast, Abiding Together, can be found on iTunes, and her book, *Loved As I Am*, can be found on Amazon. She tweets at [@onegroovynun](https://twitter.com/onegroovynun).



## 7 PM ET - KEYNOTE 8 PM ET - LIVE Q&A "THIS IS MY BODY"

### Dr. Scott Hahn



#### Description:

In this talk, Dr. Scott Hahn bridges St. John Paul II's Theology of the Body with the Paschal Mystery and the Eucharist. **Saturday, Keynote 7 p.m., Live Q&A 8 p.m. ET**

#### Bio:

Dr. Scott Hahn is the Fr. Michael Scanlan Professor of Biblical Theology and the New Evangelization at the Franciscan University of Steubenville. He is the founder and president of St. Paul Center, an apostolate dedicated to teaching Catholics to read Scripture from the heart of the Church.

Dr. Hahn has been married to Kimberly for 41 years. They have six kids and 19 grandkids and two of their sons are currently in priestly formation with the Diocese of Steubenville.

The author and editor of over 40 popular and academic books, Dr. Hahn's works include best-selling titles *Rome Sweet Home*, *The Lamb's Supper*, and *Hail Holy Queen*. His most recent release is titled *Hope to Die: The Christian Meaning of Death and the Resurrection of the Body*.

## 9 PM ET - LIVE NIGHT PRAYER (PLEASE SEE PRAYER GUIDE FOR TONIGHT'S PRAYERS)

**Led by Jennifer Settle & Fr. Ryan Mann**

## 9:20-10 PM ET - LIVE ZOOM SOCIAL ROOM

Come socialize with other TOB Congress participants and share your highlights from the day!

THEOLOGY OF THE BODY INSTITUTE PRESENTS



# THEOLOGY OF THE BODY VIRTUAL CONFERENCE

# SUNDAY NOV. 1

(PLEASE NOTE DAYLIGHT SAVINGS TIME CHANGE TODAY)







## 8:30 AM ET - LIVE MORNING PRAYER (SEE PRAYER GUIDE FOR THIS MORNING'S PRAYERS)

Led by Fr. Ryan Mann & Fr. Patrick Schultz

## 9 AM ET - KEYNOTE 10 AM ET - LIVE Q&A "PIETY AS A KEY OF THE TOB"



### Dr. Janet Smith

#### Description:

Dr. Smith explains Saint John Paul II's claim that "piety" is a "guiding theme" of Theology of the Body. She shows how his understanding of the fascination that the sexes have for each other is key to understanding this "piety." **Sunday, Keynote 9 a.m., Live Q&A 10 a.m. ET**

#### Bio:

Janet E. Smith recently retired from Sacred Heart Major Seminary in Detroit, MI. She is the author of *Humanae Vitae: A Generation Later*, and *A Right to Privacy. Self-Gift* is a volume of her already published essays on *Humanae Vitae* and the thought of John Paul II. She edited *Why Humanae Vitae is Right: A Reader, Life Issues, Medical Choices* (with Christopher Kaczor), *Living the Truth in Love: Pastoral Approaches to Same-Sex Attractions* (with R. Paul Check) and *Why Humanae Vitae is Still Right*. Prof. Smith served three terms as a consultant to the Pontifical Council on the Family and also served as a member of the Anglican Roman Catholic International Commission, III for eight years.

She has a regular column in the *National Catholic Register*.

She has received three honorary doctorates and several other awards for scholarship and service.

She has appeared on the Geraldo show, Fox Morning News, CNN International, CNN Newsroom, Al Jazeera and has done many shows for various series on EWTN.

More than two million copies of her talk, "Contraception: Why Not," have been distributed.



## 11 AM ET - LIVE BREAKOUT

### "THE EYE OF THE BEHOLDER: LEARNING HOW TO SEE WITH TOB"

#### Description:

Join Bill Donaghy and Mike Mangione of the TOB Institute as they open up the power and place of Beauty in the life of the Christian today. Bill will also invite Mike, an accomplished musician, to break down the manner in which he creates and composes his music, and the way the Theology of the Body has informed his artistic process. **Sunday, 11 a.m. ET**

#### Mike Mangione



##### Bio:

Mike is a professional Americana/folk/blues musician who has toured the world both as a solo artist and with his bands Mike Mangione & the Union and Mike Mangione & the Kin. He's been sharing the gift of his music at TOB Institute courses and events since 2008 and is co-creator with Christopher West and Jason Clark of the Institute's premier live event Made for More. He is also host of the acclaimed podcast Time & the Mystery and a proud husband and father of three.

#### Bill Donaghy



##### Bio:

Having worked in mission, evangelization, and education since the early 1990s, Bill joined the faculty of the TOB Institute in 2010 and became a full-time member of the team as content specialist in 2013. With a background in visual arts, philosophy, and systematic theology, he has given talks and retreats to bishops, priests, deacons, religious, and the lay faithful throughout the country and internationally. Bill is the co-author with Chris Stefanick of the popular program RISE: 30-Day Challenge for Men and is a proud husband and father of four.



## 12 PM ET - BREAKOUT "HOW TO LIVE A PORN-FREE LIFE"



### Matt Fradd

**Description:**

In this presentation Matt Fradd will debunk some of the most common myths surrounding pornography and then give you a practical game plan on how to begin living a porn-free life. **Sunday, 12 p.m. ET**

**Bio:**

Matt Fradd speaks to tens of thousands of people every year. He is the best-selling author of several books, including *Does God Exist?*, *The Porn Myth*, and *Marian Consecration With Aquinas*. Matt's podcast Pints With Aquinas receives hundreds of thousands of downloads every month.

Matt earned his master's and undergraduate degrees in philosophy from Holy Apostles College.



## 1 PM ET - LIVE BREAKOUT "THE FULLNESS OF FEMININITY: SEEING GOD'S PLAN ANEW"

### Description:

What is God's plan for woman? By our creation, we are made for relationship. Within her feminine body, woman bears the identities of daughter, sister, bride, and mother. Join Jen Settle, a Consecrated Virgin and spiritual mother, and Jen Ricard, a wife and a mother of six, for a discussion on living these identities, although fallen by sin, redeemed in Christ!

**Sunday, 1 p.m. ET**

### Jennifer Ricard

#### Bio:

Jennifer Ricard is the executive director of a new non-profit organization Theology of the Body Cleveland. She completed a master's degree in Theology from St. Mary Seminary and Graduate School of Theology in Wickliffe, OH, and has a certification from Theology of the Body Institute. Jennifer and her husband, Frank, have been married for 25 years and have six children.



### Jennifer Settle

#### Bio:

Jen Settle is a Consecrated Virgin in the Archdiocese of Philadelphia. She was consecrated by Archbishop Charles Chaput, O.F.M. Cap. on the Feast of the Presentation of Our Lord, February 2, 2017. She has been a staff member at Theology of the Body Institute in Aston, PA, since 2008 where she currently serves as the Director of Programs. She has bachelor's and master's degrees in Theology and Parish Ministry from Loras College in Dubuque, Iowa. Jen worked in religious education and adult faith formation for 15 years before joining the TOBI staff, teaching Theology of the Body throughout the country.





## 2 PM ET - LIVE BREAKOUT

# "THE HEART HAS REASONS THAT REASON KNOWS NOT - A LOOK AT MASCULINITY THROUGH THE TOB"

### Description:

In this breakout, Fr. Ryan Mann and Fr. Patrick Schultz will explore the themes of authentic masculinity and fatherhood through the lens of JPPI's TOB. Drawing from their own study and experience, these two priests will discuss how the heart is indispensable for a flourishing, captivating, and Christ-centered masculinity.

**Sunday, 2 p.m. ET**

### Fr. Ryan Mann



#### Bio:

Fr. Ryan Mann was ordained in 2014 for the Diocese of Cleveland. He is administrator of St. Basil the Great Parish in Brecksville, OH, the chaplain of Retroville within the Diocese of Cleveland as well as the chaplain for Culture Project missionaries. He has studied TOB for 16 years and enjoys jazz, comedy and his close friends.

### Fr. Patrick Schultz



#### Bio:

Fr. Patrick Schultz is a priest serving in the Diocese of Cleveland at Sacred Heart of Jesus Church in Wadsworth, OH. He was ordained in 2016. He has worked with the Institute as a chaplain for both courses and pilgrimages. You can connect with Fr. Patrick more by subscribing to "Slaking Thirsts" on any podcast platform.





**3 PM ET - KEYNOTE**  
**4 PM ET - LIVE Q&A**  
**"THE WAR AGAINST THE WOMAN**  
**& THE CRISIS OF OUR TIMES"**



**Dr. Christopher West**

**Description:**

Is the Church passing through her final trial (see CCC 675)? Are we on the verge of the Triumph of the Immaculate Heart that Mary promised in Fatima? One thing is certain: the Church and the world are passing through a time of great upheaval and, as always, "woman" is at the center of the struggle. Join Christopher West for this sobering but hopeful presentation as he illuminates the crisis of our times with the light of John Paul II's Theology of the Body and the promise that, in the end, the victory Christ won in "the Woman" will triumph for all who say YES to Christ as she did.

**Sunday Keynote 3 p.m., Live Q&A 4 p.m.**

**Bio:**

As one of its founders, Dr. West has served Theology of the Body Institute in various capacities since 2004: as the leading faculty member, as a board member, a research fellow, and a curriculum advisor. He was appointed president of the Institute in 2018 and serves as Professor of Theological Anthropology in the jointly sponsored M.A. program with Pontifex University. His global lecturing, best-selling books, multiple audio and video programs, and popular podcast (co-hosted by his wife Wendy) have made him one of the world's most recognized teachers of St. John Paul II's Theology of the Body. Of all his titles and roles, however, he is most proud to call himself a devoted husband and father.

**5 PM ET - CLOSING MASS**  
**(PLEASE SEE PRAYER GUIDE FOR MASS READINGS)**

**Celebrated by Fr. Benjamin Lehnertz,**  
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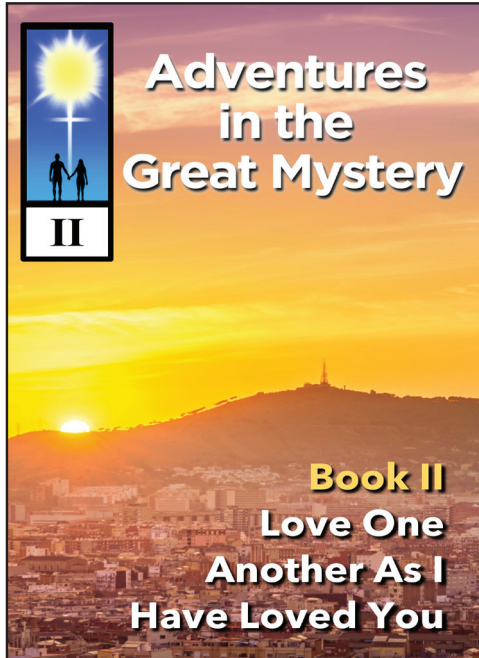
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## DUMB OX MINISTRIES



**dumb** **OX**  
MINISTRIES

Dumb Ox Ministries works with teens, young adults, and families; cultivating their authentic masculinity and femininity through the Theology of the Body, helping them to prepare for, discern, and pursue their unique vocations to love.

Through camps, retreats, missions, dynamic speaking, and artistic expression - Dumb Ox Ministries fulfills a call to a new evangelization and to build a mini-civilization of love in the communities to which we are called.

Visit their website to find out more about Dumb Ox Ministries by clicking [HERE](#).

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*Embodied* will follow the lead of St. John Paul II by evangelizing through witness. It will tell the stories of those who are living the truths of TOB in order to remind readers who they are and inspire them to also live their lives from a place of divine love. With inspiring content developed for readers from their teens to their nineties, it will fill the gap that exists in bringing the message of TOB to the masses. Seeing what TOB looks like in action has the power to drive conversions.

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[www.idretreats.org](http://www.idretreats.org)

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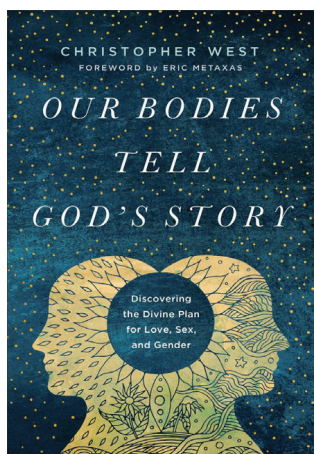
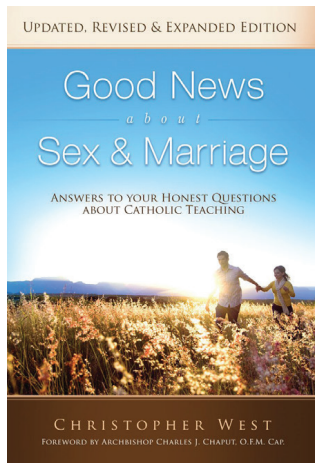
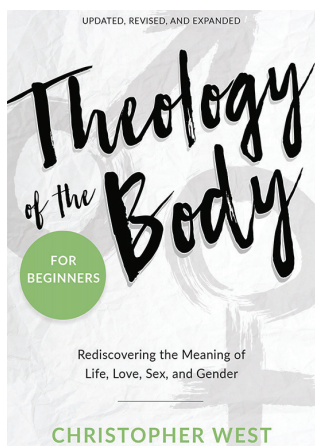
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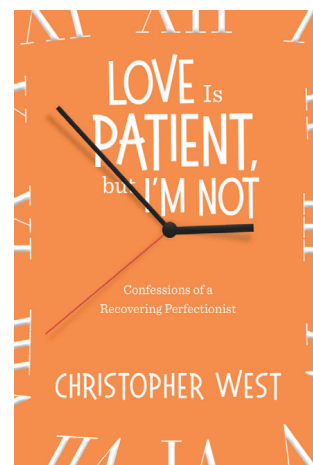
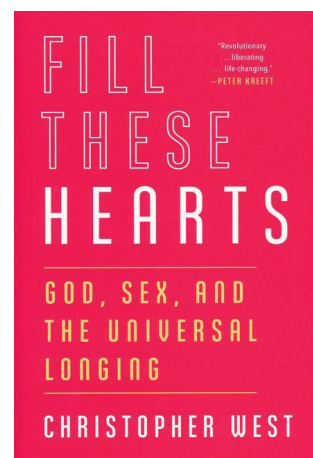
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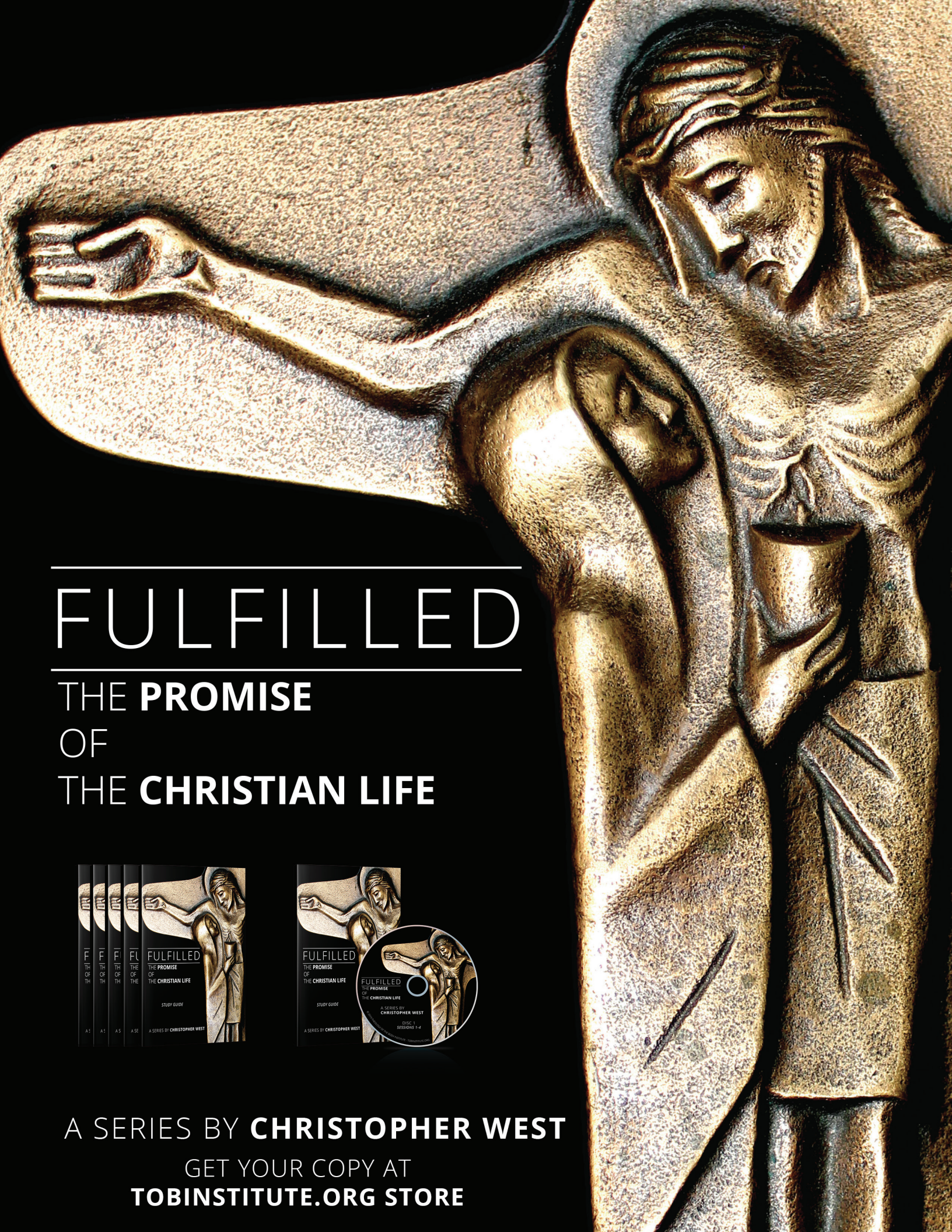
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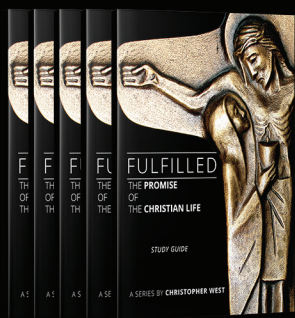


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