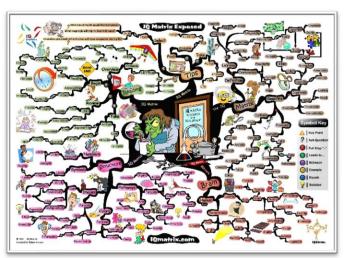
IQ Matrix Exposed (#0136)

The IO Matrix Exposed IQ Matrix has been developed to help you better read, utilize, and understand an IQ Matrix. An IQ Matrix is, in the simplest terms, a learning aid that helps simplify concepts and subject areas. It categorizes information into easily digestible chunks, segments, and pieces that help assist with memory, recall, and the retention of the information you are learning. An IQ Matrix is not a mind map, even though it is at times described as a mind map. The reason for this description is that it most closely resembles a mind map in shape and form. An IQ Matrix is, however, much more than just a mind map. It was initially built upon the foundations of mind mapping, concept mapping, and flow-charting. Download this IQ Matrix and accompanying eBook to get an understanding of how it can best be utilized to assist with your personal development plan.



www.store.IQmatrix.com/shop/iq-matrix-exposed

Here is a quick breakdown of each branch of the IQ Matrix Exposed mind map.

- Understanding an IQ Matrix: The first branch of this map introduces the concept of an IQ Matrix. It also presents you with a variety of benefits that you will gain from using an IQ Matrix as a reference tool for improving your life.
- An IQ Matrix Mirrors Brain: The second branch of this map outlines how the IQ Matrix design mirrors how the human brain thinks and processes information.
- IQ Matrix Structure: The third branch of this map breaks down the IQ Matrix structure. It explores the purpose of pathways, colors, images, symbols, and numbers that are used within an IQ Matrix.
- Reading an IQ Matrix: The fourth branch of this map presents you with a four-step process to help you read and better understand an IQ Matrix. The steps of the process include (1) overviewing the IQ Matrix, (2) reading the IQ Matrix, (3) reviewing the IQ Matrix, and (4) putting ideas to action. Following these steps will help you to get the most out of using an IQ Matrix for personal development and self-coaching purposes.
- IQ Matrix Tips: The final branch of this map presents you with a three-step process to help you incorporate the knowledge you gain from each IQ Matrix into your own life. These steps include (1) selecting a topic to study, (2) using the IQ Matrix as a reference poster, and (3) taking action on the ideas. The final step is critical. Unless we take action on what we're learning, then nothing will ever change.

This map provides a roadmap and framework for getting the most from using an IQ Matrix. Referencing it regularly and committing it to memory will help you to embed these concepts and ideas into your subconscious mind. A mind map, of course, does this beautifully because it **mirrors the synaptic connections made in your brain** as you try to establish new habits of thought and behavior. It brings together key concepts and ideas that help your brain to fully integrate and process this information. The brain, subsequently, rewires itself as it attempts to establish new habits of mind. **It's an ideal tool for creating lasting change and transformation.**

Stick with these principles, memorize and incorporate them into the way you read and apply the information contained within each IQ Matrix, and you will gain much more value from the time you choose to invest in yourself and your personal development.

Who is this map for?

- Anyone who would like to know how to use an IQ Matrix.
- Anyone who wants to understand the purpose behind an IQ Matrix.
- Anyone who plans to use IQ Matrix maps for self-improvement purposes.