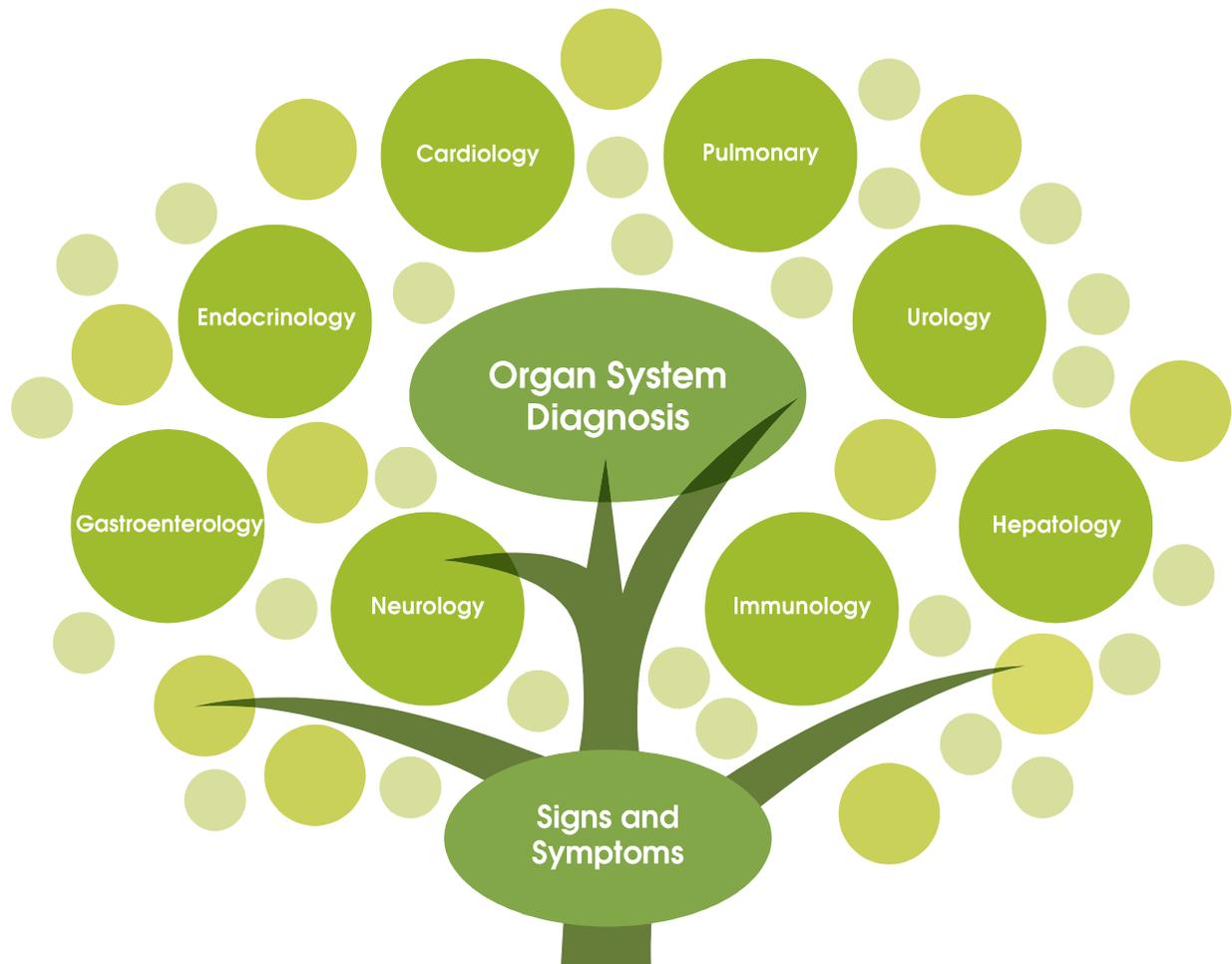




THE FUNCTIONAL MEDICINE TREE

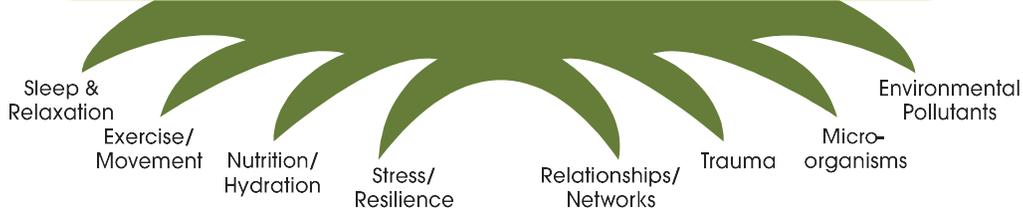


The Fundamental Organizing Systems and Core Clinical Imbalances

Assimilation <i>Digestion, Absorption, Microbiota/GI, Respiration</i>	Energy <i>Energy regulation, Mitochondrial function</i>	Transport <i>Cardiovascular, Lymphatic systems</i>
Defense and Repair <i>Immune system, Inflammatory processes, Infection and microbiota</i>	Biotransformation and Elimination <i>Toxicity, Detoxification</i>	Structural Integrity <i>From the subcellular membranes to the musculoskeletal system</i>
	Communication <i>Endocrine, Neurotransmitters, Immune messengers, Cognition</i>	

Antecedents, Triggers, and Mediators

Mental, Emotional, Spiritual Influences ▶ **Genetic Predisposition** ◀ Experiences, Attitudes, Beliefs



Personalizing Lifestyle and Environmental Factors