



"Rain helped me connect with my deepest desires and shift my self talk." Natalie R.

Rain Montana

Reignite Your Passion

Rain helps women own their bodies and their desires

BIO

Rain Montana has been an expert in the fitness industry for over 30 years, helping over 4,000 clients achieve their health and fitness goals. For the last 17 years, she and her husband have owned a gym and produce an annual bodybuilding show. She even earned her Pro Card in a Figure competition at 50 years old!

As the Co-Founder of MyElle™ Wellness, the world's leading vaginal rejuvenation product, Rain supports women's intimate health. She's worked side-by-side some of the world's greatest sexuality experts, including Miss Jaiya, the creator of the Erotic Blueprints™, Sheila Kelley, the founder of S Factor™, and Mama Gena with the School of Womaly Arts™.

Speaking Topics

The Pleasure Principle 3 Steps to S.E.X.

Learn how to slow down, embody and explore pleasure

Erotic Blueprints™

Learn your erotic language and how to increase pleasure in your sex life

The Myth of Sexual Incompatibility

Learn how to bust through the myths that are holding you back

Self Love & the Body Connections

Learn the roadmap to self-discovery, move energy and breath your way to paradise

Movement Classes and Experiences

Emotion in Motion™

S Factor™

Femme™

Sultry Seduction

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