

SUCCESS, IMPACT & FULFILMENT WORKSHEET

EPISODE # 3

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OUTCOME

To be able to focus on, work on and have success, impact & fulfilment.

INSTRUCTIONS

1. Get clear on your definitions.
2. Define the 3 biggest actions or traits that will help you achieve this.
3. Write out ways you can systemise this to make it a weekly routine.
4. Book all actions, routines & systems into your diary.

1. GET CLEAR ON YOUR DEFINITIONS.

What does success mean to you? What does it look like? How will you know when you are successful (how do you measure it)?

What does it mean to make a positive impact? What does it look like? Who/ what are you helping? How will you know when you are impactful (how do you measure it)?

What does fulfilment mean to you? What does it look like? How will you know when you are living a fulfilling life (how do you measure it)?

2. DEFINE THE 3 BIGGEST ACTIONS OR TRAINTS THAT WILL HELP YOU ACHIEVE THIS.

What are the 3 most important actions, habits or activities that will help you be successful?

What are the 3 most important actions, habits or activities that will help you be impactful?

What are the 3 most important actions, habits or activities that will help you be impactful?

3. WRITE OUT ALL THE WAYS YOU CAN SYSTEMISE THIS TO MAKE IT A WEEKLY ROUTINE.

How can you turn your 3 success actions into a daily/ weekly routine? Can you create a system around these 3 actions?

How can you turn your 3 impact actions into a daily/ weekly routine? Can you create a system around these 3 actions?

How can you turn your 3 fulfilment actions into a daily/ weekly routine? Can you create a system around these 3 actions?

4. BOOK IT INTO YOUR DIARY NOW!!!

Book all actions, routines & systems into your diary.