

## Spiritual Money Mastery Groups

Mastery Groups dedicated to growing cash and consciousness are optimally small enough for intimate connection and large and diverse enough to provide encouragement, challenge and learning. Typical group size is 3-9 members.

Establishing regular meeting times and keeping time/ attendance commitments is important. Groups typically meet no more than once a week and no less than once a month. Video and telephone conference lines such as Zoom and [www.freeconferencecall.com](http://www.freeconferencecall.com) are easy to set up. Meetings are usually no less than 30 minutes and no more than 90.

Rotating leadership or facilitation of the regular calls is helpful so that everyone contributes to the functioning of the group.

Determine and agree upfront to a level of confidentiality. For example, will you share with others the membership of the group? Can you share details of deals, business, personal wealth without concern?

## Purpose of the Group

Mastery Groups provide both encouragement and challenge for members.

Encouragement is positive feedback and mirroring that helps each person to grow and continue with new thoughts, practices, habits, and results.

Challenge is corrective feedback that helps us to stop and change thoughts, habits, and results.

Both kinds of support are important at different times and for different people. As intimacy deepens, you will be more adept at listening, speaking up and offering insights to one another.

Groups can provide a place of accountability... each meeting concludes with intentions for actions that each will take in the coming week or month. Knowing that you will be checking in with your Group can be a powerful motivator for accountability and self-insight.

## Sample Group Process

### **Opening**

Leader says a Centering or reads an Opening, such as:

*Let us open our minds, hearts, and hands to living lives of Real Financial Power. We imagine that everything that we desire in financial abundance for ourselves, our loved ones and the world is available, active, and alive right now. We see ourselves as peaceful, free, joyous, generous, prosperous, and powerful. In this state of consciousness, our contributions to the world are masterful. We are enjoying and creating Wealth & Well Being.*

Together, everyone repeats **Group Agreements:**

- We keep confidences.
- We honor and respect our time and participation commitments.
- We listen without judgment.
- We offer encouragement, challenge, and ideas in support of each other's growth.

### **Quick Check In**

Grateful and Growing. Each member checks in with what they are grateful for and what is working well.

### **Problems/ Issues/ Opportunities**

Each member (or one member each meeting) brings an issue, problem, or question to the group for input, ideas and insights. Emphasis is on listening and learning, not advice or storytelling.

### **Intentions**

Each member completes with an intention for action, spiritual practice, or education, etc.

### **Closing**

Leader says Blessing or reads a Closing, such as:

*We give thanks for the encouragement, challenge, and expansion of this group. We continue to give, share, and contribute our best for ourselves and the world. All is well.*