



Rebirth Retreat

“Reset your Self”

with Marc Steinberg
& Team

Welcome

Welcome to a journey into the deep mystery of the tides of human existence, being born and dying. In our going we prepare for our next coming and in our coming we prepare for our next going. This is the eternal inhale and exhale of existence.

The Rebirth Retreat gives you an unique opportunity to become a conscious source and creator of both; and with that achieving an unprecedented freedom.

Program

- » Lectures & Awareness exploration sessions
- » Inventory of your life
- » Creating your 'Bucket List'
 - » Farewell process
- » Individually designed rituals
- » Nothing to lose, nothing to fear
- » Resurfacing in an authentic and passionate way
- » Designing your Life Plan
- » Graduation Celebration Evening

"The Retreat changed my fears completely; facing death was pure awesomeness!"

Ien Kooiker, The Netherlands



The Foundational Philosophy

In this extraordinary Retreat one of the big, if not the biggest mystery of our existence is the prime focus: death.

Death is on the other side of spectrum of our life that started once with: birth. Life is; and the polarities of our existence are birth and death. And as inhale and exhale rhythmically interchange each other so do birth and death.

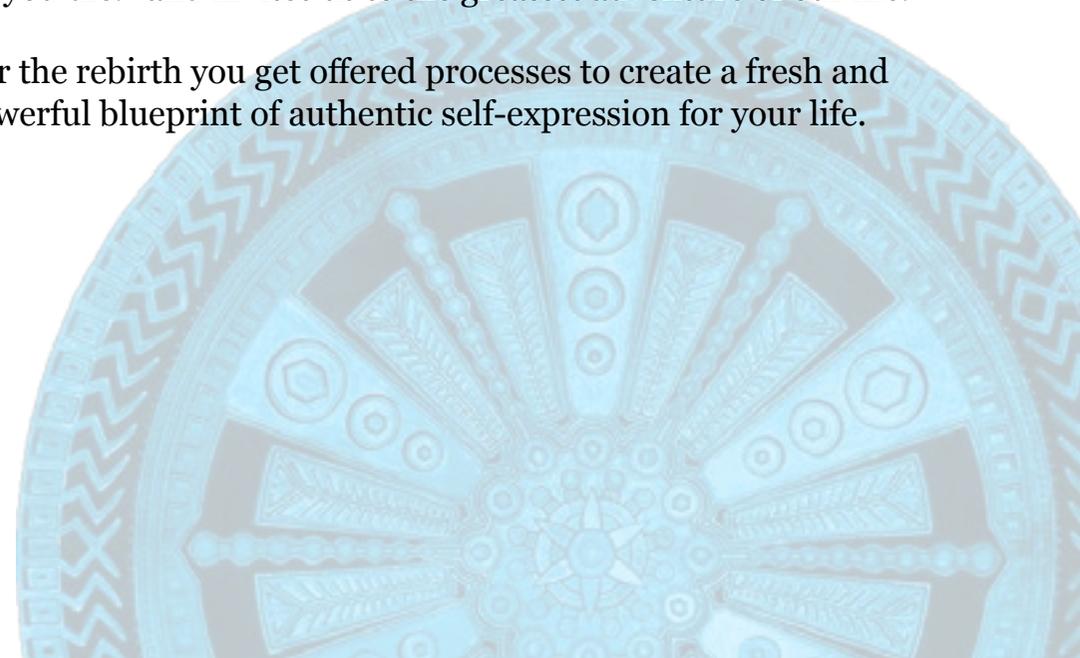
The Rebirth Retreat provides the absolutely unique opportunity to meet death in a personal and ritualistic way and then resurface on this side of existence again: rebirth.

You can expect to meet your fears and disarm them, rebirth yourself into a greater You, expanded, brighter, bolder with a new passion for living. An old saying says: “If you don’t die before you die, you die when you die.” and invites us to the greatest adventure of our life.

After the rebirth you get offered processes to create a fresh and powerful blueprint of authentic self-expression for your life.

“This has been the most transformative and positive experience of my life; it has changed and focussed my life on that what matters.”

**Emma van der Merwe, Johannesburg,
South Africa**





*“When I became WE, and WE become ONE,
I knew I had come back home.”*
Mireya Pita, Belgium

The Farewell Process

We live like this is never going to happen: the big farewell. We believe it is the sadest moment of our life. This belief has been adopted from the collective conditioning of mankind.

When you put the inevitable into a different perspective you will see that the farewell is a state of non-attachment, a state of flow that opens our hearts TODAY, not some day, when it's too late.

- ◇ Accepting the inevitable and giving it a new context TODAY
 - ◇ Stepping into a deep and profound state of love
 - ◇ Creating freedom for oneself and for others
- ◇ Losing the fear of loss and being free from its crippling and neurotic consequences
 - ◇ Hitting a whole new dimension of gratitude

The Death Ritual

“Not knowing death, you don't know life.”

Jiddu Krishnamurti

Every day in life the principle of death meets us, but we are ignorant and afraid and run away into addictions, obsessions and unconscious life styles.

You are invited to create your own 'death ritual' - to come as close as possible to experience what one day will be met.

Through this experience you gain the power to lose or lessen the fear of death, the fear of the unknown.



Bucket List

The 'bucket list' is a list with everything one has not done but always wanted to do; things we got to do before we 'kick the bucket'.

No one knows when their life-ship arrives at its final destination. One of the biggest illusions man maintains is: "I got time".

To die with a long bucket list is a very sad thing. Therefore we take time to create this list from the bottom of our hearts while there is still time to get into ecstatic action!

What will be written on your tomb stone?

What will be written on your tomb stone (it's a symbolic question)?
Will it be true? What would be the truth? "Lived carefully"?
"Saved it"? or "Something was ungiven and we never will know what it was"?

Wouldn't you want to be written on there something like:
"Passionately used up!",
"S/he was a burning flame of unconditional love" or
"S/he mastered fear and expressed her essence authentically"?





The Relevance To Daily Life

The ultimate ignorance is the rejection of something you know nothing about and refuse to investigate.

Dr. Wayne Dyer

The relevance of the experiences, insights and discoveries of your journey through the Rebirth Retreat are:

Regaining your original Passion for Living

As children we were passionate just like that, passionate about life itself. With the ritualistic dying and an authentic rebirth this passion can be restored.

Freedom of Authenticity

There is hardly anything more liberating than knowing yourself to be beyond the polarity of birth and death. This knowing results in a natural ongoing celebration of your existence.

Better Health

Your physical symptoms and illnesses are often related to deep fears and energy blockages. At the root of all fears lies the fear of death. If that fear is healed, the impact is beneficial to the whole physical, emotional and mental system; symptoms become obsolete.

Power

With death, all non-essential excess baggage (mentally, emotionally and physically) dies too. After the rebirth you are free to choose only what is essential. You will be lighter, swifter and by far more energized.

Things to consider...



- » The design and flow of the retreat days is typical Marc Steinberg: holistic, spontaneous and easy-going, yet deep reaching and awakening process.
- » Although the content of the Rebirth Retreat is essentially spiritual, there is no religious attachment or indoctrination of any kind. All religions are welcome, respected and accepted.
- » Every participant is fully responsible for their own wellbeing and happiness, and conduct their own journey throughout the retreat days.
 - » There is never an obligation or force to do anything in particular or to participate in every or particular session.
- » Clear your schedule for the days of the retreat - you won't be in the mood to do business; for the retreat days you're in a different world all together.
- » Arrive in good shape; consider supporting the effectiveness of the retreat through having given your body rest, exercise and cleansing.
- » The Retreat facilitators are not liable for any illness or injury you may suffer, not during and not after the retreat.
 - » The processes and other elements of the retreat can be quite challenging; it is advisable to have two or three days after the retreat for rest and integration.

Crete, Greece (EU)



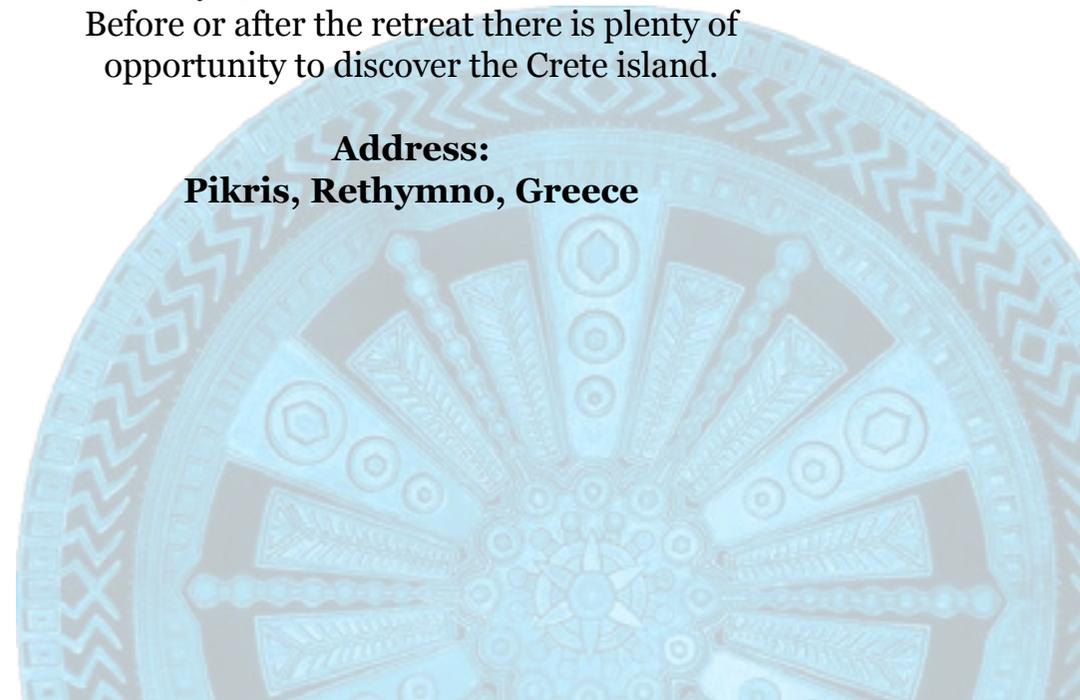
Venue: Villas Arodamos is an independent luxury traditional stone built private double villa on 5000 m² grounds on the magnificent island of Crete (Greece) located close to the gorgeous town of Rethymno.

WIFI, air-conditioning, BBQ, umbrellas, large swimming pool

Surrounded by a beautiful garden covered in grass, also flower beds at the middle of a huge olive grove forest.

Only 15 minutes drive from the sea. Before or after the retreat there is plenty of opportunity to discover the Crete island.

Address:
Pikris, Rethymno, Greece



Participation Information

Arrival and departure times

Please arrive at the venue on the commencement day between 2-3 pm, not earlier or later. Program starts at sharp 4 pm.

The retreat ends on the last day in the morning at 10:00 am and vacating time is 11:00 am.

Airport pick ups are not offered; however you may connect with other participants and share a taxi.

Catering

Catering is included: full board vegetarian; Water, coffee & tea is available around the clock.

Accommodation

Accommodation is not included in the retreat tuition. 2 bedroom sharing. We do our best to assign rooms and beds such that everyone will be happy. Depending on the venue, not all rooms may have single beds.
2-Bedroom sharing: € 35 p.p.per night / dormitory (if available): €25 p.p.per night

Travel documentation

Check validity of your passport and visa requirements as applicable.

Booking

Limited number of participants - first come, first served. Tuition: € 997

includes:

- » 5 days retreat tuition
- » full board vegetarian cuisine
- » free WIFI internet
- » comprehensive Workbook

You can book your space by sending an email to: booking@creativeconsciousnessretreats.com. Your space is confirmed with registration of your payment.

ZAR and RUB tuitions receive 25% discount - only valid for SA or RU residents

Cancellation

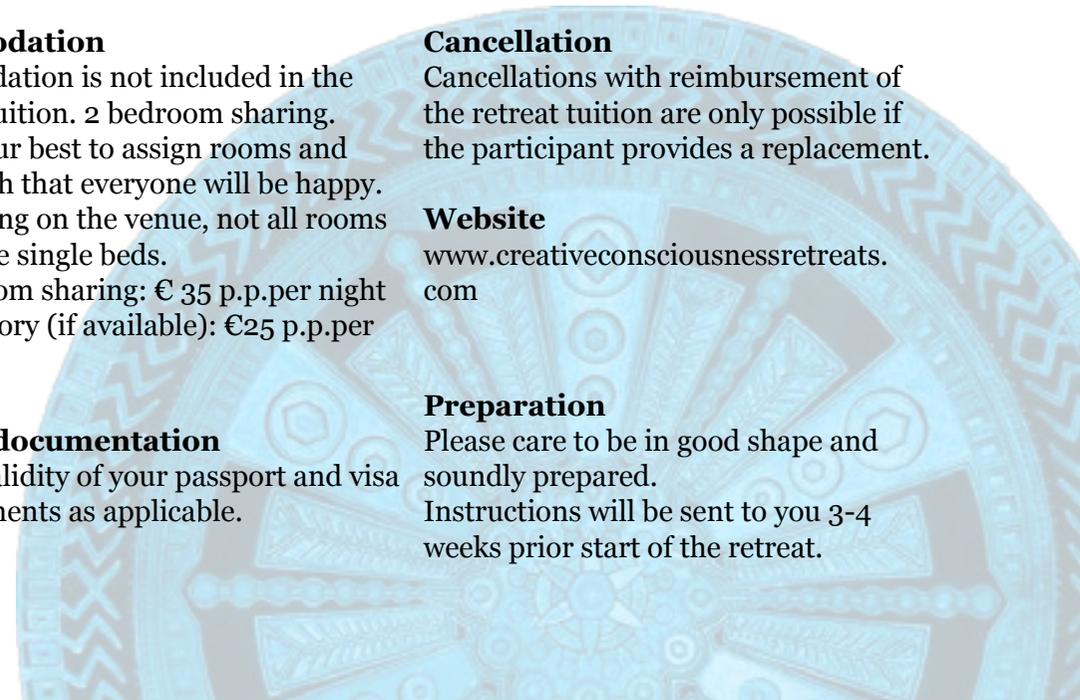
Cancellations with reimbursement of the retreat tuition are only possible if the participant provides a replacement.

Website

www.creativeconsciousnessretreats.com

Preparation

Please care to be in good shape and soundly prepared. Instructions will be sent to you 3-4 weeks prior start of the retreat.



Information & Bookings:
booking@creativeconsciousnessretreats.com

Dates, locations, videos:
www.creativeconsciousnessretreats.com

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