

Life's Recipe for a Rich Soul

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With the Help of the Law of Attraction

By
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E-BookTime, LLC
Montgomery, Alabama

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**I want to dedicate this book
In loving memory of my mother
Dorothy A. Dawejko**



November 24, 1958 – February 24, 2008

My Thanks

First and foremost I would like to thank my mother and father; without them I would not be here today and be able to write this book and live my dreams. I would like to thank my two sisters, Chelsea and Crystal, my brother Danny and my nephew Jaden for being there for me when I needed them the most when times were rough. We all stuck together and made it through. I would like to thank my grandfather Charles and companion Helen for being there, my uncle Dan for guiding me in life and for being like a second father to me. I want to thank Anna, my other half, for being here with me these last two years, for helping me out and supporting me with everything I do, being so loving and caring to me and my family. I would like to thank my ex-wife Lori for being there for my family when times were hard and for giving birth to my beautiful son Gavin. I would like to thank my talented doctor, Dr. Jennings, for guiding me in the direction of my dreams, being able to take my spirit to a different level. My thanks goes out to a special person who helped my sister Crystal tremendously, Annette Burks. I want to also thank everyone who purchases my book. This has been a dream come true.

Contents

Introduction	11
What is the Law of Attraction?	15
When Life Hands You Lemons, Make Lemonade	21
The Best Gifts of Life are Free.....	32
Keeping a Balance in Life is Key.....	36
Tug of War	45
Wordaholic: No More Roadblocks.....	50
Imagination: How to Make Your Vision Become Your Dreams.....	63
Keep it Going	72
Reshaping Your Thought Patterns	74
Proof Documents.....	78

Introduction

First and foremost, I would like to thank you for purchasing my book. I want to tell you firsthand that it is a pleasure to share my life story with you.

I wanted to write this book to let people know that no matter what goes on in your life, you can always make your dreams come true; that you should never give them up; that you should always just see your end result and be positive and thankful for everything you have in your life, and if you are not satisfied with your situation, then you should get up and do something about it. Do not let anyone tell you that you cannot reach your dreams. Never let anyone interfere with your vision of what you want in your life. I have had anything and everything in my way, and I didn't let anything stop me from reaching all of my goals and dreams.

It is very important to set goals in your life because that is going to be your checkpoint to show you your outcome. Also, when I use the word “dreams,” I use it because

dreams are what we call unrealistic, and there are no boundaries. I'm just trying to make you understand that you can do anything you put your mind to if you just believe in yourself. Even when you think life cannot get any worse, you have to look at the situation for what it is and start fixing your problems one by one. These situations are going to make you or break you. They are going to make you a stronger person. Always remember this: it is only a situation if you say it is. As you get over one hump, there is another one following, but this time you are stronger to get over the next hump, and the problems that you thought would be a problem are now just a challenge because that's what life is.

Sometimes life likes to swallow you whole and spit you out, but these life lessons are preparing you for what life has in store for you. This is life telling you to get your act together; to stop feeling bad for yourself; to do something about it instead of thinking of how you cannot get out of the situation. If I would have let situations get in my way and didn't believe in myself, there is no way I would have done the things I did in my life. You will soon find out what has happened in my life, and what I have been through, to show you how I got out of the situations I was in so you don't feel alone in this world.

My name is Stanley Dawejko. I was born and raised in Philadelphia, PA all my life. My parents were not rich by any means, but they were able to put a roof over our heads and food on the table, which was the important part. My

father being in and out of jobs caused us to move from house to house.

Growing up, I was into a lot of sports such as football, baseball, BMX racing, and skateboarding. The one sport that stuck out the most was BMX racing. I started at the age of seven. From there, I did not look back. I was hooked from the first time I stepped onto a track. I went on to race BMX for over thirteen years, and I was very successful at it. At the age of nineteen, I turned pro. I raced pro for a few years and did very well, but due to family issues and having bills, I was unable to proceed with racing in the sport of BMX. I have no regrets having to stop racing. I was happy with the results I had with BMX. Plus, my family and my priorities at the time were important to take care of. And, this sport took me to so many places that I had never been to, and I met so many great people along the way. This sport made me into a better person and had a lot to do with the person I am today.

After leaving the sport of BMX, I went into business with my father, opening a contracting company doing home remodeling for over two years. At times, it was up and down, and when times got tight with money due to no work, my mother was not just mad at my father for not being able to pay bills, but she was also upset with me. I could not take the stress anymore, going back and forth with my parents, causing us to fight and argue all the time. I did not want this between us, so we decided to go our separate ways.

At the age of twenty-two, I went to seek work out of the local paper. I answered an ad for a mortgage company. I did not have any experience, but when they gave me an interview, I told the owner I would do whatever it took to get started; that I was very motivated to make money. He said ok and hired me.

My first year, I did very well. The mortgage company came to me like second nature. At the age of twenty-four, I was on the right path. I had purchased my first home and bought my dream car. I was doing very well for myself. At the age of twenty-six, I got my mortgage broker's license and went into business for myself. My first year in business was pretty good, considering I was just working out of the basement of my home. Around my third year in business was when the economy just plunged, with hundreds of banks going under, and it made it very difficult to do loans for people.

At the end of 2007, I had a choice to make; either to give up, or to move forward and give it all I had. I told myself, "Stanley, you started with nothing. You have nothing to lose." So I went for it. I did not have any regrets with the choice I was about to make because what life had in store for me was for the best.

What is the Law of Attraction?

This book is going to help you use the law of attraction in a way you never imagined it would work for you. I do not know if you do or don't know what the law of attraction is, so I am going to just give a brief description on it. You might have been wondering what the law of attraction is, or just had this curious feeling in the back of your head that just had to be filled. Well, this is your first step on attracting this book into your life, filling that feeling. I would like to start by saying there are thousands of people that have been studying the law of attraction for years. You can go on the internet and look up all the scientific facts and what other people have to say about the law of attraction, and they all will say the same thing. The law of attraction was working the day the universe was formed and the day the law of gravity started working.

I have been studying the law of attraction for years now, and the best part about it is that I have fun with it every day. I have been keeping track on how the law of attraction helped me in my life and how I applied it. I kept

proof on most of the things that took place in my life and on how I used the law of attraction to change my life in a big way. This book is going to help you use the law of attraction in a way you never imagined it would work for you.

Here's how I would describe from my own words what the law of attraction is. I will tell you from an easy prospective instead of getting all scientific so I do not throw you through loops and get you lost. I want you to be on the same page with me about this. You use the law of attraction every day whether you know it or not. Everything you see around you, you have attracted into your life; people, your job, money situation, relationships. Positive or negative, you attracted these into your life.

We all know what the law of gravity is. If you jump off a bridge, you will hit water. We all know that for a fact. Well, the law of attraction works the same way. If you take a magnet and stick it to metal, what happens? It will automatically stick to the metal. That is a fact. We all know that. In a similar way, that is how the law of attraction works. Let's say you are the magnet and the law of attraction is the metal. Whatever it is you are putting with your feelings, the law of attraction is going to give you that exact match. So think of everything in the universe as a metal and everything that you are feeling is going to stick to you like a magnet.

Now, these pieces of metal in the universe can be a piece of negative or positive metal that will stick to you. So you

really want to understand your feelings and what they are relaying to you, whether it is a negative or a positive feeling. Let's take your left hand and say this is a negative feeling, and your right hand is a positive feeling. Which one would you pick? Of course you will say to yourself, "I pick the positive." You are in control of what you want in your life by choosing what you want in life. By you picking, in that moment, the positive side of your hand, this is how the rest of your life goes. Whether you want to pick the negative or the positive, I want you to realize you are in control. This is where the law of attraction comes in, because from what you are relaying to the law of attraction, it is going to give you the dominate feeling. It is your job to surround yourself with either positive or negative, but of course, you would want to surround yourself with positive feelings flowing to you so you can attract all the positive pieces of metal from the universe. The positive pieces of metal can be whatever you would like them to be. Whether it is a new car, a house, finding your soul mate, or more money in your life, it is all up to you what you want to attract in your life.

The law of attraction is always working 24/7. It never slows down. Law of attraction is going to match up your feelings, not so much of what you are thinking. This is key (**what you are feeling**). You, and only you, are in control of your feelings. No one else is. If your feelings are not happy all the time, and you are sad, then that is what the law of attraction is going to give you. Take a step back and think to yourself how you can change your feelings from sad to happy. You would want to change

that feeling by doing more things that are going to make you happy so the law of attraction is going to give you more happy situations. You want to stay consistent with making yourself happy to get your feelings to stay at a level that is not moving up and down. The law of attraction is going to give you the dominant feeling that you are feeling. You cannot trick the law of attraction by putting a smile on your face and acting as if you are happy, because that is not how the law of attraction works. What you want to do to make it easier for yourself is to buy a book and write down on paper what things make you happy. This is going to affirm your feeling on what makes you happy and excited about what you really want. I would write as many things down as possible. Go crazy with this. As you are writing down all the things that make you happy, start to get excited. Get yourself in the mood of changing your feelings to the best positive feelings you ever thought of. As you are writing, you will notice your feelings because it will make you feel good.

I want to make an example for you. Let's say it is a new home you want to buy. You will automatically think of the day you are buying your new home and how exciting that day will be, just being able to move all of your furniture in your new home. This is allowing you to set a positive vibration. Now think of inviting your family and friends over to show them the new home you just bought. You could also get yourself thinking of what colors you are going to paint your walls, or how you are going to relax in the backyard on bright sunny days, watching your children run around if you have any. You are creating the

happy feelings of buying a new home for yourself and your family. By affirming this feeling every day and acting on your feeling by taking the steps, you will be one step closer every day towards your new house.

You are probably asking yourself, “Is it possible to feel this good all the time? Are we just supposed to live in a state of denial and take on a Pollyanna attitude? How do we deal with life's little (and not so little) annoyances? What about the devastating life experiences that shake us to our core, such as the death of a loved one or a natural disaster? How is it going to be possible to remain in a positive emotional state when laboring under feelings of grief and despair?”

You have to really understand that our feelings are real. You do not want to deny your feelings or just put a blanket over your statements of positive focus. This will not help us resolve these feelings at a more personal level that we feel inside. You want to honor your feelings and work as hard as you can through them with a more positive and productive manner. Do not lie to yourself about your feelings. Admit that you feel rotten and allow yourself to feel that way. It is ok to feel angry, sad, or hurt when something awful happens!

The best gift we can give ourselves is the opportunity to feel our feelings. When you feel sad about something, let yourself feel sad. Embrace the feelings and move through them. Write in a journal about why you're sad and express the feelings rising up within you. Write out your rage,

your pain, and your grief. It is only by moving through your feelings that you can come out of them eventually.

Sometimes as I explain the law of attraction, most people might say to me, “But how can you get what you want all the time? I just do not know how to apply the law of attraction.”

I say, “Well, the best way to put it is just feel happy. Be more positive. Just feel good and do that. I do not want to pull your arm to make you want to feel happy all the time to be more positive. Do you?”

They laugh or giggle and say, “Well, that is a good point.”

I say, “Well, it is that easy. Just because you cannot see it in front of your eye does not make it not real.” I tell them, “Just give your best effort in trying to give 100% to making yourself feel happy, and the law of attraction will give you more of that feeling, which is feeling happier. You cannot go wrong with making yourself happy by whatever it is you are doing; happy is happy.” As you read on, you will get real familiar with the law of attraction. At first this might be a lot for you to take in, but give it some time. It will come around.

When Life Hands You Lemons, Make Lemonade

This chapter is about not giving up. No matter how bad my life was at this time, I never gave up. I made the best out of it. I pushed through no matter what. Like the title, when life hands you lemons, make lemonade. What I am about to tell is what was going through my mind that made fuel for me to keep going; to stay as positive as I could for what was going on at the time; to be a leader for my family; to be there for them; to keep strong.

Sometimes we feel like there is no way out; like the walls are caving in on us and there is no one to help. Sometimes we feel like we cannot breathe from all the stress we have. We need to strive in our minds to reach our goals, no matter how bad it is. We've got to keep strong and let nothing get in our way of getting what we want for our life. Life is to be fun, exciting, peaceful, joyful, loving, and caring. We have to accept the things around us and count our blessings. Life sometimes tries to get the best of

you, but only if you let it. Always, no matter how bad it is, try to stay, and think, positive. Find a quiet place and just remember who you are and what you have been through, and keep striving for what you want in life. I think of the things I wrote in this book that came true. My mind keeps going until I find a way of getting out of any situation I am in. I think of my family when I must step up and set an example. I must lead them to the best life. Show people that when you feel like there is nowhere to go, you make a place to go to never give up. This is our lives. We must take control and think of positive words that can fuel us to get through. It is our choice to either think positive or negative. When it comes down to it, why should you ever think negative? We need to always, no matter how tough times get, keep a positive outlook on our lives. As you will see in this chapter, the law of attraction took place in my life in a negative way. It was a spiral effect, and I was able to take control and turn my life around for the better.

This chapter was a big part of my life. I was experiencing what most people feel when they feel like there is nowhere to turn and no one to turn to. I wanted to write on how I was able to get through these times to show people that no matter what, you must keep going. This chapter is really what was taking place at the time, in this moment. I want to sum up my life; what has been going on in the past two years (2007-2008). I have accepted what happened to my family two years ago (2007-2008), with my mom passing away, leaving behind my twenty-year-old brother, twelve-year-old sister, twenty-four-year-old

sister, and five-year-old nephew, who was being taken care of by my mother due to my twenty-four-year-old sister being on drugs at the time. I did not have a clue what life had in store for me when this had all taken place. This was going to be a big part of my life.

I want to take you back eight months before my mother's death. You see, my mother and father were splitting up at this time, and my father moved out of the house with another woman. My mother was going out all the time, so my brother, sister, and nephew were spending time over at my house. In November, 2007, my mother got evicted from her house. At that time, I had no other choice; I was not going to put my mother out on the streets, so I would take in my family to live with me to help my mother get back on her feet.

My mother, at the time, was seeing another guy, so she was staying with him off and on. My father was still living with the same woman at the time. But at the beginning of December, my father was not with the same woman. He moved in with a friend that lived not too far from my house. The middle of December, 2007, my father decided to try to take his life. I got a knock on the door by a lady that my father was staying with at the time, and she told me something had happened to my father; that he was going to be ok; and that he was in the hospital. I rushed up to the hospital to find out what had happened. The doctor said he slit his wrist and took a bottle of pills. He told me he just made it. If another five to ten minutes had passed without him being found, he would not have survived.

I had gone home to collect my thoughts. So much was going through my mind at this time. My family was slowly falling apart at a rapid speed. I got in touch with my mother to let her know what happened. Even though they were not together, my mother still loved my father. She wanted to go up to the hospital to see how he was doing; to make sure everything was ok.

This brought my mother and father back together for a short time. My father moved in with me, as well as my mother and the rest of my family, for the holidays, with Christmas just being around the corner. I had my mortgage company working out of my house still. With the economy going down, and all this going on, it was just bad timing. I had enough money to help my family have a nice Christmas.

At the time, we did not know this was going to be the last Christmas we spent with my mother. Christmas was spent very peaceful; no fighting with my family. We felt like we were going to make it through, and my parents would be able to get back on their feet.

After Christmas came and went, New Year's Day came and went, and now it was the middle of January, 2008. My parents still were not looking for a new job. This started to frustrate me because I had just gotten an office around the corner from my house to expand to try to make more money. The end of January, my mother was going out all the time and now fighting with my father. I just

could not see my mother like this any more. She was coming in high on drugs and hung over from the night before. I told the both of them that they needed to get a job and set an example for the kids because they had been through enough the past year. They both did not want to listen. They continued to ignore me and still went out. I told them if they did not like it they would have to leave. So instead of getting a job to help out, they both moved out and went their separate ways. My father moved back in with his friend, and my mother moved in with her father.

On February 24, 2008, I got a phone call from a friend of my mother stating that my mom was found on the bathroom floor at an after-hours night club, not breathing. She was rushed to the hospital. I gave a call to the hospital to find out she was pronounced dead due to taking drugs. It was a Sunday afternoon when I got the call. My whole family was on the couch watching TV at the time. If you could see the look on my family's face when I had to break the news.

My world around me was falling apart I thought, as I sat in my room, mad and sad, just thinking of my sisters, brother, and my three-year-old nephew that she left behind. My twenty-four-year-old sister was in jail at the time. I had to stay strong and get my family through this; to be there for them.

My mother's funeral was a lot harder than I expected. I had to meet and greet everyone at the door, and at the

same time, make sure my family was doing ok. I was happy and sad at the same time. I was happy knowing my mother would no longer suffer from what she had put her life through, and sad to know my family would not be able to see my mother anymore and hear her voice ever again. I know my mother is with me. She is one of the reasons why I wanted to write this book. It is so crazy how one day the person you love is here, and the next, gone.

The day my mother passed away, I wanted to tell her some good news. My girlfriend and I made the decision to get married. We were together for four years. I did not have the money at the time to buy a ring, so we both went out for dinner and just agreed it would be best for us. So, at the end of March, we got married. I found out the following month my wife was pregnant with my son, Gavin. I was in shock when she first told me.

When this was all going on, I had an office with five employees. This, along with my mother passing and finding out my wife was pregnant, was a lot at one time to take in. Around April of 2008 is when the banking industry took a turn for the worst, forcing over 100 different banks to go under and making it very difficult to do loans. I started to fall behind on all my bills. I was just able to put food on the table and pay some bills. My house started to go into foreclosure, and my gas got shut off. I did not have a big family. I really did not have anyone to turn to to help out. After my mother's death, I did not hear from anyone, which to me, I did not understand, because

my family knew my situation. I just did not know how to handle it at the time. I took my family in and made sure I took care of them.

My wife and I were not getting along. This was nothing new. She was back and forth from her parent's house all the time. After a few months of this, we decided it would be best to split up. I still wanted to be there for her and my child, like taking her to her doctor's appointments, and doing what I could. There was only so much I could take, and this was just the icing on the cake with everything that had gone on all year. I really thought it would be the best for the both of us and our child. I did not want my son seeing us fight all the time and to put him through what I went through with my family growing up.

Towards the end of 2008, I was dead broke, not being able to pay any bills. I had just enough for food, forcing me to close up shop. As you can see, 2008 was a bad year for me, although I learned so much about life at the same time. It was preparing me for what's to come.

I want to do a recap of what had gone down in 2008: mother passed away, opened a new mortgage company, took care of my family, house went into foreclosure, truck got repossessed, got married, got a divorce, had my baby boy, had no money, and went bankrupt. My life seemed like a ship that was sinking fast. I looked at the big picture from what was going on in my life. I told myself that I was going to do whatever it took to get my life back on track, and from that day on, I never looked back. The

same year, I watched a movie called “The Secret About the Law of Attraction.” This movie inspired me to be a better me. I have been studying the law of attraction ever since; reading books, going to seminars, doing whatever it took to keep me involved. I was so interested in the law of attraction.

I have been using the law of attraction my whole life in a negative and a positive way, as you can see, the whole time my life was in shambles. My feelings were focusing on what I did not want to go wrong in my life that I was definitely using the law of attraction, but in the opposite way of what I was wanting. I started to think how, and where, did I go wrong? I am always trying to think and stay positive. I was just confused, but needless to say the law of attraction works by what you are feeling.

So as I took it very seriously, I started to uncover my feelings and started to realize then that my feelings the whole time were just focusing on what I did not want. At that point, I was able to turn my feelings around and head another direction. This is when things started changing for the best. I kept my log every day. All that I was writing down was coming true. I was affirming the law of attraction in my life was working. This book was my blue print, so if something went wrong, I was able to go back to my book to see what it was to fix. At this point, I knew that if I was able to do this, then so could everyone else. From that day on, I knew that I wanted to help change peoples’ lives. At this time, I started to document everything that was going on in my life.

With all the job layoffs, no one was hiring. I knew if I wanted a job, I would get one. Sure enough, a month before Christmas, I found a new job at a big mortgage bank that did their own loans. They had over 100 different loan officers. I thought this place was booming compared to what was going on in the economy. I wanted to apply the law of attraction to attract more customers. Mind you, this was a non salary job. It was all commission-based. I needed to close loans in order to get paid. Within the two months of being there, I was able to make enough money to get my house out of foreclosure. I was averaging \$7,000 a month at the speed I was going.

By the third month, I was doing so well at my new job I was able to make enough money to buy a car with cash. Things were really starting to turn around for me. After being at this job for six months, I got caught up on all my bills, and my family was doing great. My family seemed like they were able to smile again. Now, as far as I can remember, I was always using the law of attraction. Take, for example, at the age of twenty-four, I bought a house and my dream car, and with all of this, I started from nothing. After I bought my house, I fixed it up and had over \$60,000 in equity, which is when I refinanced my house and took out some money to open my mortgage company. That was all done using the law of attraction. This showed me that whatever you put your mind to, you can conquer.

I wanted to have proof of what I did and how I changed what was going on in my life. I did not know at this time that I wanted to write a book. As a year went by, my life started to change. I really started to get in touch with my inner self. I started to feel peaceful and so thankful for what I had going on in my life. I started to really study the law of attraction. A book by the name of “Beyond the Secret,” by Dr Lisa Love, was like my Bible. I took it everywhere with me. After reading this book a few times, I really started to know what I wanted for my life. I wanted to write a book to show people you can get through anything as long as you put your mind to it. You can accomplish anything. I started collecting all of my proof from what had happened in my life and wanted to stick it into this book. I knew that I could help people with everything that I have been through. I knew that I could relate to a good percentage of people in this world. I did not know where to start. One night I was up late and could not fall asleep. I just got up, opened my computer, and started to write.

So now my book was on its way. It took me some time to get this finished, but I did not want to rush this book at all. I wanted it to be the best book I could ever write and make sure I could capture the attention of people; to get you to really feel what I had went through, and to help draw you in so I could have an impact on your life. I wanted to help you get through whatever it is that you need to get through; to live your dreams and make sure you read my book, and to have a smile on your face knowing that you are not the only one in this world that

thinks no one cares, because I do, or I would not be writing this book.

This book is going to show you how, and what, I did to apply the law of attraction, how I got out of foreclosure, how I built a great savings account, how I got caught up on my bills, how I was able to pay cash for a car, and best of all, how I got rich with my soul. This book will show you what you need to do to get the same results. I believe we are all equal. No one else is better. We are all the same. If I did it, you can do it. I want you to become the best person you can be in this world; to be able to show others just like me how you were able to get to your dreams being able to make this world a better place. I want you to strive and to never give up. I never gave up, and now you are reading my book. This book is the best proof of how law of attraction works.

The Best Gifts of Life are Free

The best gift we could ever have is LIFE. When we are born into this life, we forget that we are living life, being able to interact with this world. This is freedom; source energy at its best. The best things in life are free; we all hear the expression all the time, but we do not know until you really put into perspective. From the moment you wanted to enter into life, you knew you could be able to interact and be a great creator, knowing you have all the possible favors that life has to offer, with the great law of attraction, and with all of this to be taken in, you should really be thankful you are alive, living the great gift of LIFE.

As we are source energy, we are nothing; not human; not anything; just pure energy, but to put that pure energy into life, which is us being able to be born into a life that we can interact with other people; being able to love another person; just being able to walk and talk; being able to see this beautiful world and just make something from nothing with our mind, body, and soul is so special; sitting

on a beach just relaxing; looking at the ocean; hearing the waves crashing down on the water; being able to see palm trees and clear water around you; making instruments out of trees, making sounds, and beats to appeal to our ears; and in this moment, you are feeling life, being able to vibe to enjoy paradise; what the world has to offer for free.

I know we all do not have an ocean in our backyard, but you get what I am saying for you to sit back and appreciate the great things we have in life that are free. These gifts are free, but we all look at it in a totally different way; looking for more things to buy with money; making life obsolete of our free gift; being happy with materialistic things and not life. We mistreat our lives. We forget that this life we have is a gift, and we look at all the things we do not have in life and start to think that this life just does not seem that important to us. We all seem to be searching; searching for happiness; being filled with materialistic things that we think are our happiness, which is not the answer. The answer is the one thing you should be searching for, and that is pure happiness coming from the inside; being able to get up out of bed every day; to feel life; to breathe; just to be able to interact with our family and friends; to interact with sports, creating feelings that we never thought existed in us. Being able to create things with our lives is such a big gift that most people are blinded to see. As you will find, most materialistic things that you have in life are not going to make you happy. Being able to love yourself for who you are and being able to do things with the gift of life is very important for you take advantage of.

Believe me when I tell you this. Live as if you were going to die tomorrow. Live your dreams. Be able to create the world as you see it. Get out into life and feel the energy of happiness. Feel the air blowing through your hair. Just take that breath of fresh air knowing that you can be whatever you want to be in life by using the law of attraction; being able to make your own choices in life. Take advantage of every aspect of your life and abilities. Push yourself to that limit, which is pushing through to fill that feeling of life, which is your dream, for your dream is the end result of you becoming one with your soul. As you might pass away, you will find yourself saying, "If I only knew what life was really about." You will be kicking yourself on the other side, saying, "I should have taken advantage every way I could."

Please take this very serious. This is a big part of life. We have too many distractions keeping us from our dreams with materialistic things. That puts you in a pool of what we call a "see me game" with your ego. We get lost and confused of what we want to do by going down past other people created with a materialistic image. You are able to change the best part of your life no matter what the circumstances are. With your life, you are able to take yourself anywhere and any place. You are in control. No one else is in charge. This makes you a creator; a creator of your own life.

Get out in the world because it is your playground. Get out and feel the freedom that life gives you for free. Take

advantage of what life has to offer. Get in touch with your soul because you have a phone call waiting. When you pick it up, your life will be changing in a big way.

Keeping a Balance in Life is Key

This chapter is going to show you how it is important to keep a balance in life in the areas of your family, significant other, work, money, and health. You will also find out that not keeping a balance in these areas in your life will cause you to drift away from your soul. And you will find out how your soul is what leads you to your dreams.

Keeping it Balanced with Family and Your Significant Other

Family and your significant other is one of the biggest balances you want to keep. Some might only have a family of three, or some a family of ten, but it is always healthy to be on the same page with your family and your significant other no matter what. At times, it can be rough, but you have to stay positive and work through your problems. Leaving unsolved problems with each other will build up, and you will start to take it out on other people around you. Most of the time what works is

talking. Communication with one another is key. Your family is everything. You are mostly around them 24/7, so it is really important to communicate with them, especially with children. They tend to drift all the time. As we are parents, we are older and were raised in a different generation than them. This will cause a miscommunication, so if you can, try to be on the same page with your children. Try talking to them when you get time, or when they are in trouble. Explain why they are in trouble. Do not just send them to their room and neglect to explain because sometimes they can be clueless in their mind, even though it makes sense to us. Your children might not know. Also, you never want to talk down to them or they will just lose respect for you, and you will just build a wall between the both of you. The same goes with your significant other. Sometime we just try to avoid the fights and move on; this will only build up between each other, therefore just exploding when the time is right. So as you can see, keeping communication with each other within your family is a must. It can help you balance your relationship that you have with your family.

Keeping it Balanced with Work

Work is another big balance in your life because this will most likely be your second home. You might even spend more time at work than at home. Sometimes being around people all day just gets under your skin. It is not like we choose who sits next to us at work. It is out of your hands, so you are forced to be able to get along with that person even though you both might be different, but you have to

make the best of it. Work is a place where you might be for a while; you could be there for a few months, or you could be there over five years, so it is important to keep a balance at work with all your co-workers. It would be the worst thing to not get along with co-workers, leaving work stressed out, then heading home with your family, especially if you have not seen them all day. You want to spend some quality time with your family. You want to relax, not being stressed out thinking what happened at work. Then it will feel like you never left work. Keep this area balanced.

Keeping it Balanced with Money

Moving on to the next topic, and this is the topic everyone is always talking about: money. Whether it is to pay your bills, go out to have a good time, or just going shopping, money is what surrounds us every day. Keeping a balance in this area can really have an impact on your life. You want to make sure that you are being wise with the money you have, especially if you are not rich. Money can have you up all night worried about how you are going to pay your bills, because you are scared your water or gas might get shut off. This is something that can really take a toll on your life. This is the last thing you want.

The best advice I can give you is to make a structure for yourself with what kind of money you are bringing home. I will say this, if money is tight, let's not go buy anything that you do not need. If you have clothes on your back that can last you for a while, do not go shopping, spending

money that you do not have on clothes that you do not need. This goes for anything else that you do not need in your home. What I see with most people is when they get some extra money, they tend to figure out what they can spend the extra money on, instead of putting it in a savings account to build. Then once you get to a certain point when all your bills are paid and you have food in the fridge, and you also have over half of the money that can cover a month's bills, then treat yourself. In the end, it is not worth the stress and energy you are wasting thinking about money because you should have not spent that money on something you did not need. As you read this book, I sure hope you take it serious and that your dreams do come true; that your life will not have to experience this. But in the end, this will help you later in life when you have enough money to retire.

Keeping it Balanced with Your Health

One of the American dreams is to have perfect health. Health is what keeps you young and feeling energized, and it builds your confidence. Health is a big player on keeping you focused on the things you want in life. It is important that you take care of yourself with the things you eat, vitamins you take, and exercising to keep your body mentally and physically healthy. You want to do your best to keep this area balanced.

Keeping all these areas balanced in life is going to help you for the next part you are about to read.

Your mind, body, and soul are like a level. Try to keep yourself balanced as much as you can in life to keep from drifting away from your soul. Our soul always wants the best for us; we make it hard for our soul to speak to us when we are not balanced. You know the feeling of not keeping balanced because you feel frustrated and confused, have bad feelings, and just do not feel like yourself. You want to feel happy and joyful, and know what you are wanting in life. Most of this happens when you concentrate on other people besides yourself. Most of the areas in your life you want to keep level in order to start helping other people. What is going to happen if you find yourself trying to help other people and not yourself? You will notice little things in your life start falling apart from what you want. By keeping a balance of everything you want and helping others at the same time is keeping it level. Make sure what you want in life comes first. That is your main priority; keeping yourself from drifting away from your dreams. By focusing on what you want from the inside and not focusing on what is on the outside, you will develop a relationship with your soul. Your mind, body, and soul are working as a team to make your dreams come true, keeping you happy for what you want in life. Now as you are getting to know your soul, you will realize you are doing things that are in the direction of helping yourself and wanting to help others.

The most useful way to connect with your soul is by going to a quiet place and relaxing from the world, away from all the stress life may bring you. You want to keep this as a routine every day for at least five minutes, getting

yourself in the habit of quitting the mind from the thousands of thoughts you have every day. By making this a routine, you will learn what thoughts you want to come through, and which ones you want to keep out. Once you have learned to relax the mind, you will be able to decipher what your soul is trying to relay to you. You see, your soul is always giving you the thoughts that you need, but we cannot decipher these thoughts because we just think they are our average thoughts that we get every day in life. By you learning to quit the mind, it will be clearer on what your soul wants for yourself. The best part of this is you are going to learn to keep yourself relaxed and in a great state of mind, and be able to connect a lot faster to your soul. Your soul is always giving you what you want, which is being happy in life. That is by far the most important thing you want in life. Everything you are wanting after that will follow.

The soul wants you to keep yourself positive and focused on your purpose in life. When entering into your life form, you knew that you would be a creator of what you want to create in this life. That is why we have a soul; to keep us from doing the things we do not want to do in life and to keep us level. Your soul will keep you in check if you let it. By reading the chapters on words and your imagination, you will get a blue print of what your soul might have in mind for you. Your next step is forming it. You will know what your soul is relaying to you because you will feel happy in what you are doing in life. Just by feeling energized, people will start to notice a change in you for the better. You will find yourself smiling more

and being more positive. You will always have your ups and downs, but now you will be prepared and know how to deal with life's situations, knowing you're able to turn it around. You will have more confidence as you start to build your foundation for yourself. You want to build your foundation with concrete from the bottom up and make sure that your foundation is built to last, to keep you in the direction you want to go. Some do not pay attention to the foundation they build. They do not care if they started their foundation with sand, as long as they got what the ego wanted. They did not bother to see what the inside looked like. As this foundation goes on, they start to find out that they are not happy, and they always want more of what the ego wants, and that will make them happier. Make sure you start your new journey with a concrete foundation.

Ego is one part of your life that people always get caught up in. They have no clue how bad ego will get them into trouble. The ego can throw your whole balance off faster than you can blink. Your ego is very good at disguising itself with so many feelings, making you think you are heading in the right direction.

As you look at this world from the inside out, you find it to be very materialistic. As you will find, your ego goes hand and hand with materialistic things, leaving this one of the best places where your ego will hide. As your ego takes over, it will make you do things you never wanted to do. You will find yourself saying, "How in the world did I get myself here?" The whole time your ego had you

fooled, thinking you were going in the right direction. This is a game the ego likes to play, what we call “the see me game.” As people go on with the bigger homes, BMWs, diamond earrings, etc., you have to think, “Is this really satisfying my ego?” That is the question. Having nice things is okay, but if you are doing it to impress someone else other than you, then that would be feeding your ego. This is why it is important that you have some sort of checkpoint, making sure you are keeping balance in all areas of your life, family, friends, your job, relationships, etc.

This part of the chapter is a big step in trying to keep a balance because this is the step you want to try to focus on yourself, not everything around you. Your life was meant to be enjoyed; to be free; explore; to be adventurous. With most people, they cannot feel this experience due to all the bills they have and to being slaves to their work. People are not able to live the life they want because society says you need to look a certain way with what kind of car you drive, how you should dress, or what kind of electronics you should have. This puts more people into debt, making it even harder to be free. With all of this going on, you catch yourself going to work, coming home, eating, going to bed, and waking up doing it all over again. This, to me, is a slave to society.

You have to picture this world outside of the box; not viewing how everyone wants you to view it. These businesses are no fools; they just know how to put something in front of you, making you jump at it like a

dog. They get paid every day to draw people like us to buy these products, knowing exactly what gets you to buy. You think they just did a little advertising; they went deeper, tapping into your brain, knowing how it works by relating it to your feelings. It makes it a lot easier for businesses to sell more products this way. This makes it harder for the average person to stop spending money on things they do not need, and this, to me, is a trap. If you can find a balance in this area in your life, you will find yourself less stressed out, and maybe for some people, won't have to work a second job. You also can be able to save more money for vacations; things that you could do with your family, making your life more enjoyable.

As you can see, there are a lot of areas in your life that you want to keep balanced. Keeping a balance in life will let you go in the direction you want, keeping you on the right path of your dreams without the other areas falling apart, and staying consistent with your feelings, making it a lot easier to manifest what you are wanting.

Tug of War

As we put feelings on everything, we start to get ourselves in the habit of giving all our feelings a name. These feelings that you're labeling are holding you back from uncovering the feelings that you are looking for. We put feelings on people, clothes that we wear, where we live, what we eat, what kind of movies we watch, the cars we drive, etc. You need to start accepting these feelings and stop labeling them.

Examples of creating feelings about the things around you:

- The car that I am driving is a piece of junk. I need a new one. (creating a negative feeling)
- Every time I use this DVD player, it never works; it gets on my nerves. (creating a negative feeling)
- Every time I drive home from work, there is always traffic. (creating a negative statement)

Now, out of all of these statements, could we accept the feelings and avoid the feeling to get upset?

I am sure you can accept the fact that the car needs to be fixed, and when the right time comes, it will be done. You said every time you use the DVD player, it never works, so why are you upset? You already know that it does not work. Try to get a new one without focusing all your attention to it. You know the road that you always take home always has traffic; can you take a different route? Or just accept the fact that road has traffic and move on?

The less you allow these feelings to affect you, the easier it will be to find your good feeling. You are letting everything get to you, and as you are letting everything get to you, the law of attraction is just going to give you more of letting everything get to you. As you are able to have less things affect your feelings and keep you feeling happy all the time, the better off you'll be. Why add more negative feelings on top of negative feelings. This is just going to hold back the feeling of what you want to manifest.

All of this is a distraction on what your feelings want to pull you toward. This will make your life a lot easier when it comes to following the direction your soul wants you to go toward. It will be a knowing feeling; knowing it will be ok; knowing that the end result will be everything you imagined, going on the feeling of feeling happy and positive. This feeling is going to guide you in the right direction. The feeling will be like you walking through a

crowd, and as you are walking through this crowd, you will have a bunch of people moving out of your way, and as the people are moving out of your way, there are hands and arms pushing in the right direction, the direction you are feeling, which is happy and knowing everything will be ok. This part is going to be a step up from what you are used to doing and feeling. Your whole life was based on a negative platform, and here you are going in the direction of your dream, going off of your feelings of knowing it will all be ok. This will feel like a dream, as if you are watching from above, seeing your life just fold out in front of you, and you are saying, "I finally know what this life is all about. I finally know that my life has a purpose."

My life was always going in the direction I wanted it to. I was just scared to take that first step of trust. As you take that first step, the second and third will follow a lot easier. As you start to crawl with this feeling, you will begin to walk, and when it all comes together, you will begin to run and jump with joy, saying, "Ok, ok, this is always what I wanted." Go through life testing your areas in life with the feeling of feeling happy, and as you go through these steps of testing, you will start out small. As you are getting what you are wanting, you will know when it is the right time to make your next step towards the direction you want to head in. Your soul is at one end, and you are on the other end, and you are playing tug a war with your soul. Your soul is saying, "No, come this way," and you are saying, "No, this way." When your soul knows what you want, as you put less resistance, you start to feel good and relaxed, as your soul is pulling you in the direction

you are wanting. You start to just go with the flow of things, and as the law of attraction is giving you that feeling of wanting to be happy, it now feels like it all fits. The easier you accept the feeling, the easier it will allow you to get what you are wanting. If you are not getting what you want, it is because you are skipping the steps you need to go through in order to get what the end results are.

As you are going through these steps, feeling out the feeling of what you really want, you might uncover that what you thought you wanted in the first place changed. Keep in mind, your soul is getting to the end result of what your life's purpose is. When I talk about your soul, you might have already been talking to your soul and did not know it. We were taught to go with our instincts. Remember our parents or a coach telling us that? Well, that is your soul speaking to you. So if it makes it easier for you to say, "I am going with my instincts on this one," then do that. Use whatever you can that will get you to trust in yourself; trust that you are going in the direction you want to go in. As I am writing this book, I am going with what my soul wants me to write; what needs to be said to help you and everyone who wants to be helped. My soul has guided me in this direction of writing this book. I felt so much better, like a ton of bricks lifted off my chest, when I started this book. It is the best feeling when you bet on yourself and win, win, win, and let me say that one more time, WIN.

All of this might not make sense right now. I do not know when or how long it will take. I do know that when you do, you will know exactly what I am talking about. You will find yourself saying, "This is the best part of my life." At that point, your life is just starting to begin, in a sense. I will be the first to tell you welcome back.

You might be saying, "I do not know where to start. I do not know what I really want." That is all ok. It is not weird to feel this way. This is what everyone goes through. You will begin with knowing the feeling of being happy. I am sure you know what that feels like. That is what you want to start with. As you start to feel happy, your life will start to pull you in the direction you want to go. You still might not know what that direction is, and that is ok because your soul does, or "your instincts." So if you start with that feeling of feeling happy, then you are heading in the right direction, and you are on your way.

Wordaholic: No More Roadblocks

Do not be a wordaholic by the words you are using. If you catch yourself using negative words all the time, you are a wordaholic. This chapter is going to be one of the most important chapters of this book. Words are what we use for everything in life. Words are what we use to point people in the right direction. We use them to discipline our children; to show them right from wrong. We use them toward our companionship with the way we put words together to tell them how much we love them. Words help us create great and exciting feelings by what word we choose to use. We use words in music for us to hear and enjoy, by what words were used in the song and how it made us feel. In many aspects, words can be either your best friend or your worst enemy. When you think about it, words are like a brick wall in a way. The words that flow through your mind are what drives us to what we wear, what shoes we like, what kind of job we want; do we want to be a professional athlete, a lawyer, doctor, race car driver, etc. The words, what we tell ourselves every day, is what holds us back from becoming what we

really want. Like I said, words are like a brick wall by what words we put in our way of keeping us from that dream job or being the next Michael Jordan. We get used to using negative words that seems like roadblock after roadblock. We need to redirect our words from what we use to tell ourselves every day.

How are we going to be able to be a doctor or lawyer by telling ourselves, “I can’t be a doctor. I am not smart enough. I don’t have the money to go to college. I was raised in a poor family. My parents cannot afford to put me through school. Even if I went to college, I do not think I would be able to stay in college long enough.” You see, all of these are roadblocks that we tell ourselves to keep us from achieving the things we want in life. The day you decide to stop putting up roadblocks and brick walls is the first step towards your next dream job or being the next Michael Jordan. Do you think Michael Jordan used words like, “I will never be able to play on an NBA team. I am not good enough to play professional basketball. Even if I was good enough, how would I ever be able to play in the NBA? Where I live, no one has ever made it to the NBA.” Do not let these words be your brick wall, your roadblock from where you want to be in life. You are in control of your life 24/7. If you are not getting the results you are looking for in your life, no matter what it is, then you need to reprogram your words from what is not getting you the results you are looking for.

We control how and what we want to do by what we say to ourselves. At times, we might have ideas that we want

to act on, but we let these roadblocks get in our way by our words. We need to redirect our words so we can get to the destination of what we want to accomplish. We get used to going right to the negative words of what we think. What happens is we start playing situations in our minds of what people will think and say, and half the time, if you would just listen to yourself talk, you will see how negative the words are. We need to rephrase those words as if the words were really going to take action and be the key to open each door we want to open, and truly believe in what we are saying, and keep going with the most positive words we can feed us. If you really look at it, words are our food. We need them to survive. Without them, our minds would be searching, and it does not know what we are searching for. Redirect the words, and you will redirect your life in the best way that you could ever imagine. Practice every day with saying positive statements; with redirecting your words with positive patterns.

Get excited about the words you are telling yourself, from the time you wake up until the time you go to bed. If you are not excited by the words you are telling yourself, then you got caught up in the process of getting used to settling for less and not the best for yourself. Why not treat yourself as a king or a princess. I got news for you, it is you that is telling yourself these things. I will guarantee when you start using positive words in your mind, you will start changing your world on the outside. Your world will be customized by the words you are telling yourself; by the feeling you get by what you are telling yourself,

and the law of attraction will match that feeling up and give you your match. Get excited. You are the best person in the world; the smartest person in this world; the best looking and loving person ever to live. You are not just smart and funny, but you are the creator of your life. Start shaping your world as if you just drew it on a piece of paper by the words you say to yourself.

Your words and your visions are really important for you to understand because these two chapters are really going to help you achieve your dreams. What kind of words you are using to fuel your vision is important. If you are having roadblocks with your words, your vision of what you are wanting will not be able to manifest because of the words you are using. You want to try the best you can by watching what you say to yourself. Also, do you ever catch yourself listening to a song, and all day you have it in your head, and you can't stop repeating the lyrics? Watch what kind of music you are listening to because that could be a trap of negative words going into your mind without you realizing it. So just be a little picky of what kind of music you are listening to.

Examples of how your words fuel your vision:

This statement you are saying would be fueling your vision of buying a new house.

- I want to get a higher paying job so I will be able to afford the house I want.

This statement you are saying would be fueling your new business.

- I am going to put in overtime at my job so I can put away some extra money to open my own business next year.

This statement you are saying would be fueling the vision of you losing weight.

- I will do whatever it takes to lose fifteen pounds. I will run an extra mile every day. I will cut back on the food that I eat. I am dedicated to losing the weight I want to lose. I want to be consistent.

You see, these are the words fueling your vision of what you are wanting. As you are getting closer to what you are wanting, your feelings are getting you excited, feeling as if you're making progress; making that feeling that you had in the beginning consistent with the vision; making the law of attraction match that feeling of what you are wanting. You see, you are keeping yourself happy and excited on a consistent basis and affirming what you are wanting by writing it down every day. This is going to help you move into the direction of what you are wanting. Make sure you are using positive statements to fuel your vision.

This exercise is going to show you what kind of words you are saying to yourself for your roadblocks. We want to uncover why you are not getting the results you are looking for. Now, you want to be 100% honest with yourself for what kind of words you are telling yourself. I would buy a notebook and keep track. First, I would write down what your goal is that you are trying to achieve, but I want you to write this down as if you never read this book. This will show you where your thought patterns are. On the right side, put the date. On the next line, you want to list all the words and feelings about your goal. I want you to list all the words that you have been telling yourself about this goal; what kind of thoughts have been coming into play. I want you to think as far back as you can remember when you are writing these words down. I want you to really write as much as you can. Get into detail about your goal, how you want to conquer this goal, why this goal will help you in life, how it will make you feel, etc. This will start your blue prints for your goals.

After you are all finished, I want you to read it, and I want you to circle all the roadblocks that you think are in the way of you not achieving your goal. Now, I am going to supply you with some positive statements that I would like you to use. After you are done reading this chapter, I want you to rewrite your goal statement and see the difference. For here on out, I want you to picture a brick. These bricks will reflect a negative word. Every time you are using a negative word, you are adding to and building a brick wall. After you catch yourself, rephrase it with using a positive word to remove that brick.

Get in the habit of saying these positive words:

I am the best person that ever lived.

I will not give up. I will accomplish anything I want to as long as I put my mind to it.

I am very proud of myself.

I am excited for today, for today is another day I get to live and breathe fresh air.

I am excited to be alive and be able to create whatever I put my mind to.

I am a leader.

I am the best at anything I put my mind to.

I am strong.

I am loving.

I am caring.

I am smart.

I am beautiful.

I am happy.

I am confident.

I will never give up, for I am in control of my destination.

I will accomplish every goal I put down on paper.

My life is magnificent.

I am happy to be alive.

I get excited every time I think of a positive word.

I am so beautiful, not just on my outside appearance, but on the inside where it counts the most.

There is no mountain high enough that I can't conquer.

Today will be the best day of my life.

I feel great.

My body is full of energy.

I can have anything I want in this world.

I will create my world the way I want it to be, for I am my own creator, and nobody can take that from me.

I understand the words that come out of my head are creating my future, for the future is in my hand.

Positive words are my fuel to get me where I want to be.

As I breathe the air that is going through my body, I imagine myself free and adapting to things that I want in life.

I will cancel out any negative word that comes to mind with a positive word that will defeat any negative word by ten times, making my positive words become positive thoughts that will become a positive feeling, that now the law of attraction will respond to by giving me my dominant thought.

I am thankful for my life.

I am thankful for everything that I have.

I am thankful to be alive; to breathe.

I am thankful for the food I eat.

I am thankful to be healthy.

I am thankful to be able to read and write.

I am thankful to have money around me.

I am thankful for the new me.

I am thankful to be in this moment, for this moment I am living, breathing, and creating my future, for my future is going to be exciting; it's so exhilarating just to be able to make my future anything I desire.

This life of mine is so precious that I will achieve anything my life chooses to do.

I can have anything I want.

I will have anything my heart desires, for my life desire is to be happy, for the law of attraction will respond and give me that direct feeling, and that is to be happy all the time in my life.

I am happy all the time.

I love to smile.

I love myself.

I love everything around me.

I love, I love, and I love to be loved.

For this world is my playground, the sky is the limit.

I accept life as it comes. Every day, I become more and more the complete person I truly am.

I intend to make a positive impact on the people I come in contact with.

I am willing to forgive myself and learn from my mistakes to become a better person.

I appreciate all acts of kindness that many people have toward me.

I am thankful for being alive.

I keep a flexible attitude toward changes in life.

I welcome the future with a happy and open attitude.

I intend to be more kind toward the people I come in contact with daily.

I am grateful for all the possibilities that lie before me at present.

I choose to be kind to myself.

I am open to receive more wisdom every day.

I choose to live my life with a purpose and give back to the world.

I decide to release myself from old patterns of thought that no longer serve me.

I choose to see all the opportunities that are presented to me daily.

I forgive everyone that has ever done anything wrong to me. I choose to release all resentments. I choose peace and freedom.

I choose to live my life daily, to the fullest, and always in the present moment.

You must read this every day before work and after work; the more the better. Make up your own positive statements. I wanted to show you the pattern I am creating for you to start your new life; to get in the habit of doing this every day. This will become second nature to you once you are consistent.

Now your roadblock of words just became an army of the most positive words that you never thought existed, and now they will get you to wherever you want to be in life. Remember this, a positive word is 100 times stronger than a negative word, so keep that in mind at all times. Within one month, you will start to see changes in your life by doing this every day. Big or small, you will see changes. It is very important to keep this going. You must surround yourself for what you want to change. I would make the positive statements up and put them everywhere in your house, work, or wherever you spend most of your time, to get this to remind you every minute of the day until this becomes a habit. What I always do is keep some positive quotes around me at all times to keep me going. These

quotes are like a late night snack. Just anything that keeps you inspired, surround yourself with it. Make sure you go over and beyond with this. There is never enough. I am a firm believer, in site, in mind; out of site, out of mind. So you want to keep this in site at all times.

Your next step is to make sure you are incorporating your new positive words with how you are talking with friends and family members. So, for an example, if you are going to the movies with a friend, say, “I am so excited to be going to the movies. This is going to be a great time. It is going to be fun!” Out of those words you used, you are sparking up exciting feelings from inside you. I am so excited today. I made an extra \$50.00. I am really looking forward to this weekend. I am going camping with a bunch of my friends, and I will have a great time. I am just so excited to get away from the house. I am so thankful to be able to have an opportunity to take advantage of something that is going to be so fun to feel the gift of life. The next time someone is happy and telling you a positive story, respond back, “That is awesome! I am happy for you! That is great!” Also, the next time you are telling a friend of a great moment, use great feeling words in your sentences to get your feeling level up so these levels stay consistent with the law of attraction, so the law of attraction gives you what you are feeling, which is to be happy and smiling all the time. Smile. You are changing your life. Be very, very excited because you chose to read this book, and by reading this book, your life is going to change in a big way, whether you know it or not.

Imagination: How to Make Your Vision Become Your Dreams

What is imagination? Imagination is an image you hold in your head that becomes real. You have to realize that all the images that you hold in your mind are what is shaping your life. Visualization is a very vital and powerful activity. To tell you the fact, medical research has proven that our subconscious brain cannot distinguish between an event taking place in thoughts (visualization) or an event taking place in reality. The subconscious brain fires the same muscles in both cases. Now, this is the clue which we can leverage upon and enjoy the things even in thoughts, way before they manifest into reality.

Now, take a look around you right now. Take a step back and just think of the images that you hold in your head, and then look at the situation that you are living in. You have to make sure that every image in your head is your goal and your dream; always a positive image that you must hold in your mind. I am going to walk you step by

step through what I did to make this work for me. This is going to allow you to shape, form, and customize every detail of your own life. It is going to put your mind in a better and more positive place at all times. You are to use these tools whenever you are not getting the results you want. These images are what is going to help you get past obstacles that you thought would get in your way. When you are holding these images in your head, you want to make sure that the image in your head is something better for your life; that you will believe 100% that no matter what, you will achieve that image you're holding in your mind.

I would use a TV as an example of the images you hold in your mind. Let's say you get home from a hard day of work and you just want to sit on the sofa and relax. You go to turn the TV on, but the color seems off a bit, not to mention the left speaker is not working. You would not want to proceed until you fix your TV to suit you. You would then go to the TV menu to adjust the color; then proceed to go to the surround sound and adjust your speakers. Now you are ready to watch your favorite show or movie, and now you can put your feet up, relax, and enjoy.

I am trying to tell you to go into detail of your images and make sure it is exactly what you want. Picture your life as one big painting. You are the artist; the painter of your picture. You can have unlimited paintings in your mind. Go crazy with your painting. Paint pictures in detail in every shape and form. I want you to think of it as if you

were really about to get started on a painting that you would do in real life. Before you get started on your new painting, you would first have the image. Then you would get all the materials that you would need to paint with: colors, paint brushes, your canvas, a stand to hold your painting while you paint it, and a rag just in case you spill paint on your floor. As you get started with your painting, you are taking the steps to getting this painting done to how you wanted it to come out. You took that image and made a painting. Now that painting is hanging on your wall for everyone to look at on how good of a job you did.

So you can see where I am getting at with the images you hold in your head. You will need to not just hold these images in your head. You need to do the prep work before that image becomes real. That painting that you painted in real life would not have become real without all the supplies. So you need to get the supplies you need to make every positive image to your painting become real. What I recommend is for ten to fifteen minutes a day, just for that moment, think of what it is you're wanting in your life. Go to a nice, quiet place, relax, take a deep breath, and put yourself into that image you hold in your head. As it becomes real, feel the feeling of it all coming true. Think of the moment of it all coming together, and in that moment, what that feeling will be. Hold that feeling with you at all times. Do this exercise as much as you like; the more, the better. To start, ten to fifteen minutes will work.

Let's use Walt Disney as a great example. He very much believed in imagination. If you have ever been to Disney

World, you could really understand what imagination is all about. I mean, just from the rides, the people who work there, the shows, food, and all the movies he has created. When you are at Disney World, it makes you feel like you are in a dream just from the experience. All of that came from all the painted pictures he had in his mind, and he just unleashed all of that into reality. There would be just one word I would describe Disney World: AMAZING. I bet that is exactly what he intended. He kept hold of what he wanted and believed in it so much that one day it all became true.

It all starts with the thoughts of the images you hold in your head. If you just do not seek them out, the images will fade away and become just a thought. I am not telling you to act on every thought. I am telling you to act on the thoughts that make you happy, and to act on what you want to do with your life. When Walt Disney started what he wanted to do in his life, he started with baby steps, and as the baby steps got bigger, his dream and reality became truer. Then Disney World was created, and now millions of people a year go there to see his dreams and what the great feelings are about going to Disney World. Let Walt Disney be a great example in your life to get your imagination going and acting on the images you hold in your head.

Donald Trump is one of the richest men in the world. He owns casinos, hotels, high-rise buildings, and businesses. All of this came from his imaginative mind. He acted on his painting that he painted in his mind, and now look at

him. The more imagination images that became true in both these peoples' lives gave them more confidence on what the next imagination image they wanted to become real in their life. The more it became real, the better feeling they had on what direction they wanted in life. I have read a few books of Donald's, and I would say that Donald is a firm believer that you should concentrate on the positive side of everything you are doing in your life, no matter what the outcome is. He always holds a better and more positive image in his mind. He surrounds himself with that image and holds onto it as if it was his last dollar in his pocket, and he will not let up until he accomplishes what he was after.

I want to say that every person that is an influence in your life is another tool that you need in your life to help shape your imagination images. These tools will come in handy when you want to accomplish your imagination images in life. You will become positive and confident that you are not the only one in this world using imagination. Just think, every movie came from a person's imagination. That person then puts it all into an interactive form that becomes a movie that shapes peoples' minds every day. With the images that you hold in your mind that you want to become true, you want to surround yourself with that image. I am going to go through some scenarios that, on the average, people want in their life.

Example one:

Let's say that one of the images you hold in your head is buying a new home for your family. At this point, you also want to keep in mind, as the old saying goes, "You have to crawl before you walk." So let's go through the steps you would need to take if this is what you want to become true.

- Mortgage
- Realtor
- Picking a neighborhood
- Looking and walking through homes that are for sale in the neighborhood that you want to live in

I would say these four things would be enough to get started. Now I would not say on how much you want to spend, or how big you want your house to be, because the sky is the limit on this. You are in control of what you want. At this point, you also want to keep in mind, as the old saying goes, "You have to crawl before you walk." This is going to be your supplies to get started on your painting of buying a new home.

Let's start calling around to see what I would have to do to obtain a mortgage. Call a realtor to have him or her show you some houses. Go and start the process of getting out into your painting and feeling the pleasure it would be when you buy your new home. Get the excitement and joy

of what it is going to feel like when that image you have been holding in your head for the past month, six months, or two years has just become real, and that is imagination. I am assuming you have read the chapter “Wordaholic” and will now know the words you need to have in your mind, along with the images you are holding. You should be getting a good idea of what has been holding and blocking your images from coming true. As you start your journey of making your imagination images come true, you will start to feel a great sense of relief. You have to stay focused and keep your eye on the prize at all times, and make sure you keep positive no matter what the outcome. You should just be getting your feet wet through this process and looking for opportunities to take advantage of.

Example two:

When you want to buy a new car, what are the steps you take? First, you figure out how much you want to spend. This will give you a category of what kind of car you can afford. Now, let's say you know what kind of car you want with the make and model. These would be your next steps of getting you into your new car.

- Speak with a sales consultant
- Then pick a color
- You would take a look at what kind of options you want in the car

- You would then test drive it to make sure this is the car you want
- Purchasing the car

Now you have taken all the necessary steps of buying a car. You created the feeling of your new car by taking all these steps. The next thing you know, you bought the car you were looking for. It is very important to take these with anything you want. I do not care what it is, take the first step.

What I am trying to get you to do is act on your thoughts; start doing things that will put you in the direction of what you want for your life. These exercises are getting you to get excited about your goals and dreams. This is what the law of attraction is all about. The law of attraction is always going to have a match for your feelings. You want your feelings to be consistent with what you are wanting in life. Remember, the law of attraction is not bias on what it is going to pick to give you. It is only going to give you what you are feeling all the time, whether it is happy, sad, or depressed feelings. It will only give you what your dominant feeling is. So if your dominant feeling is sad more than happy, then the law of attraction is going to give you more sad situations. If you are happy all the time, the law of attraction is going to give you more happy and positive situations. You can't go wrong with being happy all the time. You need to think what makes you happy all the time; what kind of movies you like; what kind of music you like; what kind of food you

want for yourself. Make sure you are doing these things for yourself, and that you are making yourself happy, because you are in control of your own feelings. You are the only one that can be accounted for that. I would tell you to be selfish to notice the things you want instead of always thinking of other people and what they want. I always say, "You have to help yourself before you can help others." Always keep this in mind.

Now that you know it is key to act on your images you hold in your head, the world is waiting for your dreams to come true. The law of attraction is always there on your side. So get started on your dreams. Make every moment count as if it was your last. Some days you might feel like you just do not have the energy to push through, but you have to keep going. Push yourself to the limit. I am here to help push you to that limit to achieve your goal. That is why I wrote this book. I know if I can do it, you can do it as well. Nobody in this world is better than you. You are great where you are at. Do not let anyone get in your way. I believe in you. I have been inspired by others, and from that, it inspired me to write this book to keep the positive energy going. I am going to push 110% to make sure I am the next big positive energy that pushes people to their limits. I am certain that after you read this book you are going to change your life. I know that when you follow these steps your life will be better. I hope you take this very serious like I did, because I am living the life I always imagined it to be, and more.

Keep it Going

As you read through this book, it shows you how life is a gift. We must take every advantage of the things we want in life. Let us help and guide each other in life. Let's make a difference in peoples' lives by showing each other we are there to help. Let our spirit speak more, and let us listen. Ego takes our lives to the limit. Ego leads us with our eyes closed. We need to keep a balance in life. Keep ourselves happy. I noticed with people that they like more for ego than themselves. We get lost when we let our ego guide us. We are listening to our soul when we realize how we can make a difference in life. Let's build a life with our soul; not our ego. Let our hands connect and help others. Let's make it easier in life. It is not how much money we have, or the best car or the biggest house; it is about being happy in life; to go with the flow to make our dreams come true. We need money to do things in life. Let's make enough to fulfill what we want in life. Money cannot buy our happiness, but let's make money to release us from being a slave to the world. We should wake up being happy every day of our lives. Why should we wake

up, go to work, come home, go to bed, and do the same thing over again? We get so caught up in paying bills that we let our lives pass us. This is how we are being a slave to the world. As we live this life, we should make the best out of every situation. Every day should be a step towards our dreams. Sometime we settle for less. Why? You are a great person. Do not settle for less. You deserve better for yourself. We neglect ourselves because sometimes we feel bad for people. Balance yourself, then help the people around you. Remember, we cannot help out others unless we help ourselves. This is a big world. There is so much love to give; so much to do; so much to see. Go explore what life has to offer. You will find that the best gifts of life are free.

As we are at the end of this book, I want to tell you that one day we can meet, and you will say that this book has changed your life; that you are now following your dreams. I will slap you a high five and tell you I am very proud, that it is people like ourselves who inspire us. That is why I wrote this book. I believe every single person in this world can achieve whatever they put their mind to. Enjoy your life...

Reshaping Your Thought Patterns

1. What are you thankful for?

2. Things you want to change:

3. Write a positive statement about yourself:

4. Your top five goals:

5. Things you are attracting into your life:

Repeat this step every day for your first month. After your first month, you want to fill these statements out at least once a week.

Proof Documents

APRIL 7, 2008
STANLEY DAWEJKO
PHILA, PA

Sterling #
Vehicle: 2001 CHEVY S10
Vin: #

Storage Location:
Phila, PA PN#

Note: Certified mail

NOTICE OF REPOSSESSION RIGHT TO REDEEM AND NOTICE OF SALE

Your motor vehicle was repossessed on April 7th, 2008 because of default under your installment loan contract. Under law, you have the right to redeem this vehicle by payment of the Total Amount Due within 15 days from the date of this notice.

Unpaid Balance:	\$
Repo and Towing Costs:	
Storage Costs (estimated):	
Auction:	
Misc. Costs (estimated)	
<u>TOTAL AMOUNT DUE:</u>	\$

Payment must be received within 15 days from the date of this notice. The cost of storage is \$25.00 per day. You have 30 days to redeem your personal possessions. If they are not picked up after thirty (30) days, they will be discarded. In the event you do not redeem the repossessed vehicle, we as an agent for

will sell the vehicle at public auction. The first sale date will be 12:00 PM, 4/23/2008 at Phila, PA You or your representatives are free to bid at the sale, subject to the terms and conditions of the sale set forth by the seller. All net proceeds of the sale will be applied against the Total Amount Due as shown above. You will remain liable for any deficiency balance, and any additional costs incurred.

Sincerely,

Acct. Representative

This communication is from a debt collector. This is an attempt to collect a debt; any information obtained will be used for that purpose.

Note: Some information removed for privacy/proprietary reasons.

BY: _____, Esquire
ID No. _____

Attorney for Plaintiff

_____, NA as Trustee Pooling
and Servicing Agreement dated as of
October 1, 2006

Mortgage Pass-Through Certificates, Series

Plaintiff,

Vs.

Stanley Dawejko,
Defendant.

COURT OF COMMON PLEAS
PHILADELPHIA COUNTY

October Term, 2008

No.:

**NOTICE OF SHERIFF'S SALE OF
REAL PROPERTY PURSUANT
TO P.A.R.C.**

TAKE NOTICE:

Your house (real estate) at _____ Street, Philadelphia, PA . _____ is scheduled to
be sold at sheriff's sale on May 5, 2009 at 10:00 am at the
Street, Philadelphia, PA to enforce the Court Judgment of \$153,673.51 obtained by
_____, NA as Trustee _____ Agreement dated as of October 1, 2006 Securitized
Mortgage Pass-Through Certificates, Series _____

NOTICE OF OWNER'S RIGHTS
YOU MAY BE ABLE TO PREVENT THIS SHERIFF'S SALE

To Prevent this Sheriff's Sale you must take immediate action:

1. The Sale will be cancelled if you pay to _____, Attorney for Plaintiff, back payments, late charges, costs and reasonable attorney's fees due. To find out how much you must pay, you may call _____
2. You may be able to stop the Sale by filing a petition asking the court to strike or open the Judgment, if the Judgment was improperly entered. You may also ask the Court to postpone the Sale for good cause.
3. You may also be able to stop the Sale through other legal proceedings. You may need an attorney to assert your rights. The sooner you contact one, the more chance you will have of stopping the Sale. (See notice on following page on how to obtain an attorney).

YOU MAY STILL BE ABLE TO SAVE YOUR PROPERTY AND YOU HAVE OTHER RIGHTS EVEN IF THE SHERIFF'S SALE DOES TAKE PLACE.

Note: Some information removed for privacy/proprietary reasons.

Life's Recipe for a Rich Soul

Bank		Domestic Wire Transfer	
Initiator:		Date: 02/27/2009	
Initiator's Ext:		Reference Number:	
Approver's Name:		Wire Status: Pending Branch Approval	
Wire Amount*	Customer's Bank Code*	Branch Bank Code*	Branch #*
\$3,000.00	NA	- NA	
Same Day Deposit?*	Source of Funds*		
Yes	Incoming Wire/ACH		
Wire Type*		Account Type	
Wire Transfer		Personal	
<u>ORIGINATOR</u>			
Customer Name*		Customer Account Number*	
Stanley A Sawejko			
<u>BENEFICIARY</u>			
Beneficiary Name*		Beneficiary Account Number*	
Beneficiary Address 1*		Beneficiary Address 2*	
Beneficiary City*		Beneficiary State / Zip Code	
CHARLOTTE			
<u>RECEIVING BANK</u>			
Receiving Bank Name*		ABA Number*	
Wachovia Bank Na			
<u>SPECIAL INSTRUCTIONS</u>			
Further Credit Bank Name			
Further Credit Comments (Max 140 Characters)			
REFERENCE #			
<u>CUSTOMER REQUESTING</u>		<u>APPROVED BY</u>	
Stanley A Sawejko	(Signature)		(Signature)

Showing transfer of money to get loan modification to get out of foreclosure.

Note: Some information removed for privacy/proprietary reasons.

Modification Agreement

This Modification Agreement ("Agreement") is made and entered into as of this 16th day of March, 2009 by and between _____ and STANLEY DAWEJKO ("Borrower")

Whereas, _____ is the holder or servicing agent of the holder of that certain Promissory Note ("Note") dated as of 06/21/2006, executed by Borrower or Borrower's predecessor-in-interest in the original principal amount of \$133,600.00.

WHEREAS, the Note evidences a loan ("Loan") to Borrower or Borrower's predecessor-in-interest and is secured by either a deed of trust or mortgage ("Security Instrument") dated as of 06/21/2006. The Security Instrument encumbers certain real property ("Property") owned by Borrower (and is more specifically described in the Security Instrument).

WHEREAS, due to adverse economic circumstances, Borrower has requested that _____ adjust the terms of the Note to permit Borrower to meet Borrower's Loan obligations in a full and in a timely manner.

WHEREAS, the requested adjustment will benefit all parties to the Loan and any junior lien holder by providing the Borrower an opportunity to meet the Loan obligations in a manner intended to help the Borrower avoid default on the Loan and the necessity of foreclosure on the Property.

NOW, THEREFORE, for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, the parties agree as follows:

I. NOTE MODIFICATIONS:

(a) **Outstanding Debt:** Borrower agrees that the unpaid principal balance due on the Note of \$131,808.81 shall be adjusted to \$157,672.46 ("New Balance"), to reflect the amount of unpaid interest, late charges, fees and costs, advances for unpaid property taxes and/or insurance premiums (if applicable), less any amounts forgiven, as reflected on Attachment 'A'.

Borrower agrees to pay the New Balance to _____ and has no defenses, claims or offsets with respect thereto. Interest will accrue on the New Balance at the interest rates, whether adjustable, variable or fixed, provided in the Note, unless modified by this Agreement.

(b) **New Monthly Payments; Payment Adjustments:** Effective with Borrower's monthly payment due 04/01/2009, Borrower's monthly Loan payment will be \$624.41. This payment amount does not include additional amounts which may also be due for the payment of taxes and insurance premiums. The taxes and insurance payment amount will be due monthly, together with Borrower's scheduled Loan payment. Borrower agrees that a full payment hereunder and with respect to the Loan shall only be deemed to have been made when funds remitted include the required scheduled Loan payment and monthly portion of taxes and insurance premiums. The monthly payment will adjust in the month following any interest rate change, if applicable.

(c) **New Interest Rate:** Effective on 03/01/2009, Borrower's rate of interest will be 2.000%. The interest rate will increase by 1.000% on 03/01/2011. The date on which the interest rate change is next scheduled to occur is hereby changed to 03/01/2014. Subsequent interest rate changes will resume based on the frequency provided for in the Loan documents.

Loan modification to get out of foreclosure.

Note: Some information removed for privacy/proprietary reasons.