

# Take Your Shoes Off First

## Parable Lesson Summary

*"What you see and understand is heavily influenced by your beliefs and experiences."*



### Believe in Infinite Possibilities and Get Curious

Stop trying to solve the problem and work to understand it fully. Let go of what you think you know and start asking questions.

### Believe in You, the Real You

Have faith in your ability to handle what comes. When you are calm and at peace with self, you think better and can respond rather than react since you are able to access the critical thinking portion of your brain.

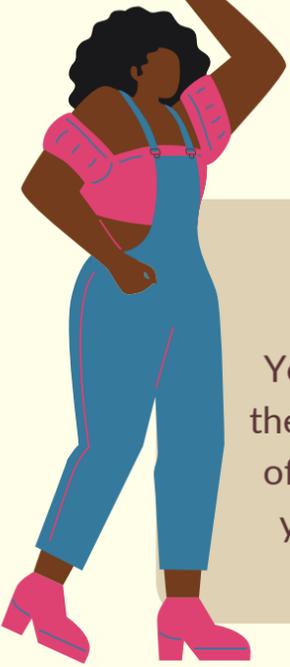


### Lesson 3

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### Open to Your Faults

You can't find the solution until you accept you are a part of the problem. You have a role to play even if that role is just how your own brain is limiting what you are capable of seeing.



### Be Open to What Lies Beyond the Surface

You hold a set of beliefs that you are often unaware of and they influence your actions, your decisions, and the outcome of all interactions. Without knowing what these beliefs are, you can't make sure they aren't blocking you from seeing what you are missing.

### Lesson 4



### Lesson 5

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### Put Your Beliefs to the Side and Listen for Others

To expand your understanding, work to understand the world from a different perspective. To do that, take your shoes off first - meaning, put your beliefs and perspectives to the side, and then walk in another's, seeking to really see the world as they see it, not as you see it.



### Disrupt Status Quo

New possibilities can only be realized when you work to overcome your fear and apply new perspectives to old problems and are willing to replace old traditions with new approaches.

### Lesson 6



### Lesson 7

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### Accept that Failing is a Part of the Journey

All the thinking in the world isn't going to lead to better results if action isn't taken. Solve the problem as you go, accepting that getting it wrong is a part of the journey.



### Intentionally Cross the Threshold and Close the Door Behind You

Breakthrough is realized when you commit to integrating new insights into intentional actions aimed at closing the door to old and walking bravely into new.

### Lesson 8



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