



VIRTUAL CATHOLIC CONFERENCE

2020





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CONFERENCE**

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INTRODUCTION

Friends,

Welcome to the first ever Virtual Catholic Men's and Women's Conferences!

My name is John Edwards and on behalf of Metanoia Catholic and Just a Guy in the Pew, I want to say thank you for electing to spend your time over the next three days with us.

This all began two weeks ago in a phone conversation with Matt Ingold; we were chatting when we both received the news that the men's conferences we were presenting at were cancelled. I was literally packing my suitcase when the news came.

We began to catch word that not only were the conferences being cancelled, but also parish functions, small groups, and, most importantly, Mass was being postponed for an unforeseeable amount of time. Of course, our hearts sank about all of it. We knew what life-changing moments these conferences can provide for men and women. We also knew how tough it would be, living in these present circumstances, without the Sacraments and our Catholic communities.

That's when we felt the Spirit call us into action. Right then and there, Matt, his wife Erin, and I decided that we were being presented with an opportunity to serve the Lord and His Church. That day, the idea for the Virtual Catholic Conference (VCC) was born.

Over the last two weeks, the VCC team has worked tirelessly to bring this vision to life. We have assembled what we believe to be one of the greatest speaker line-ups you will ever see. All of our presenters jumped at the opportunity to share their time and talent, with all of you, for FREE! The generosity has been abundant!

To all of our fellow brother and sister speakers, musicians and artists, we say thank you. Thank you for joining us and making this such an amazing opportunity for all those who will be present for this event.





We would also like to thank our friends at FOCUS, Covenant Eyes, The Catholic Woodworker, Rise, and Hallow, for making this conference possible through their sponsorship.

Finally, our Lord tells us in John 10:10, “I came so that they might have life and have it more abundantly.” Now more than ever, I think these words need to be made incarnate. The Lord wants to invite you into HIS Abundant Life. Not a life born of this world, but full of His love and mercy.

We hope that this Conference will be a blessing to you and your family and give you that abundance the Lord speaks of in John 10:10.

On behalf of the entire team here at VCC, we pray that you will *ABUNDANTLY* enjoy this conference and grow closer to our Lord through all of this curated content. Please know that we will be lifting you and your loved ones up in continued prayer.

God Bless you all!
In Christ,

John Edwards

Co-Creator and Host of Virtual Catholic Conference



KEYNOTE: BISHOP DAVID TALLEY



"This Virtual Catholic Conference is an incredible initiative in response to these challenging times. It is great to see a unifying experience among our faithful sisters and brothers in a time of fragmentation and isolation. This is a true testament that the Holy Spirit is very much alive in His Church!"

**The Most Reverend David P. Talley
Bishop of the Catholic Diocese of Memphis**

The Most Reverend David P. Talley (69) was appointed by His Holiness Pope Francis as the sixth Bishop of the Catholic Diocese of Memphis in Tennessee on March 5, 2019, and was installed on April 2, 2019.

On December 17, 2012, while serving as Pastor of Saint Brigid Church in Johns Creek, Ga., Pope Benedict XVI named Monsignor Talley an Auxiliary Bishop of the Archdiocese of Atlanta, and he was ordained to the episcopacy on April 2, 2013.

His episcopal motto is *Dabo Vobis Cor Novum*, which is translated to: "I will give you a new heart" (Ezekiel 36:26).



HOW TO MAKE THE MOST OUT OF THIS VIRTUAL CATHOLIC CONFERENCE

1 Ask the Holy Spirit to be your MC

There's a lot of content in here and a lot of places to go. The Lord has something specific in mind for you, let Him be your guide on this journey. Say a prayer, and then browse this playbook to see what lessons you feel called to watch and partake in.

2 Contemplation over Consumption.

There is an abundance of content here and you may feel tempted to want to jump from talk to talk without really pondering what you have just learned. In order for this information to be transformative for you, be deliberate about slowing down to digest this material. We have discussion questions below each talk. Take a moment to ponder and pray with each question.

3 Be creative with building community

Create virtual small groups for a more communal experience. Reach out to a friend or a group of friends, agree to watch the same talks together, take notes and then set up a conference call to discuss.

4 Make this a Retreat

Be deliberate with creating conditions to be present at this Virtual Catholic Conference. Carve out time, turn your phone off (unless, of course, you are watching it on your phone), make this time sacred, make it a retreat, and enter in fully.



***"God is always trying to give good things to us,
but our hands are too full to receive them."***

- St. Augustine

"An Abundant Life doesn't just happen, it needs to be a collaborative effort with us and God, a dialogue, a filling of a poverty, giving and receiving, a spousal exchange of love."

-Erin Ingold

***"Turning around, Jesus saw them following and
asked, 'What do you seek?'"*** -John 1:38

"Christ always initiates our Christian journey with a question: 'What do you seek?'"

~ Matt Ingold

***"The thief comes only to steal and kill and destroy. I
came that they may have life, and have it abundantly."***

-John 10:10

"In the disasters of disasters we are invited to trust that the Lord can and will bring a great good out of this trial, out of this difficulty, out of suffering."

-Christopher West

***"But He said to me, 'My grace is sufficient for you, for power is
made perfect in weakness.' So, I will boast all the more gladly of
my weaknesses, so that the power of Christ may dwell in me."***

-2 Corinthians 12:9.

***"Vulnerability is the key to the locked door of your heart. Once opened, the Lord can begin to
fill the void with an abundance of His grace, love and mercy."***

-John Edwards



HOW THE VIRTUAL CONFERENCE WORKS

With your free pass, you get to enjoy...

- 3-Day full access pass to your Virtual Men's or Women's Conference
- Live "virtual booths" with select presenters, where you can engage with presenters during live Q&A sessions.

You also have the option to purchase the Premium Pass to watch and listen anytime, anywhere.



Just Some Of What You'll Learn:

- How to experience peace that surpasses understanding during a time of uncertainty.
- How to create a life that is full of meaning and lived intentionally.
- How to enter conversations around same sex attraction with charity and love.
- The teachings of the Church Fathers on Mary's Immaculate Conception.
- How to get real in your relationship with God and experience prayer as a gift rather than a checklist.
- How to integrate the teachings of Divine Mercy into your everyday life.
- How to discover and more deeply receive the gift of your life and your unique purpose in building God's kingdom.
- How to be a more patient parent amidst an overnight shift to homeschooling.
- How to contemplate and co-author with God the incredible story of your life.



The Immaculate Conception in Scripture and the Early Church Fathers



William Albrecht

Do you love our Blessed Mother? Come and learn about the deep mystery of her Immaculate Conception through the hidden wisdom of the Early Church Fathers and never-before unveiled Medieval era translations!

My takeaways/questions:

Fighting for Freedom in Quarantine and Peace in Chaos



James Baxter

How does sin and fear bind us in a self-confining slavery? Yes! Our fears are self-confining, but Christ has broken the yolk of slavery. Are we living it? Join James Baxter, founder of Exodus 90, as he walks us through the true definition of freedom.

My takeaways/questions:



3 Neuro-Spiritual Ways to Use Your Masculine Genius in Crisis



Dr. Gregory Bottaro

Learn how your male brain is made to give you tools you need to be the man God created you to be, especially in a crisis.

My takeaways/questions:

The Gamechanger

Pete Burak



Many of us have heard people say: “I want to engage in the New Evangelization, but I don’t know what to do. What do I say? How do I say it? When do I say it?” How often do we hear a talk or an online video that inspires us to be a witness, yet when an actual opportunity arises, we shrink back out of fear of rejection, ridicule, or failure? Something seems to be missing. We are facing a truly unique challenge and opportunity, and this mission has eternal consequences. This is why we need a game-changer. In this inspiring and practical talk, Pete Burak will examine how we can go all in with Jesus and live in and through the power of the Holy Spirit.

My takeaways/questions:



Come Let Us Adore Him: The Purpose and Meaning of Eucharistic Adoration



Deacon Harold Burke-Sivers

Deacon Harold will examine the intrinsic connection between Eucharistic Adoration and our relationship with God through prayer. He will discuss the important role of stillness and silence as a way to listen to the voice of the Lord, grow in holiness, and discern God's will in your life.

My takeaways/questions:



A Plan for a Quarantined Man!

Jeff Cavins

In this talk Jeff Cavins talks about the challenges of being quarantined in tight quarters with loved ones for an extended period of time. Jeff teaches us what it means to be a leader among those who are fearful and locked behind closed doors (John 20:19). The current pandemic provides us with unparalleled opportunities to put into practice what we have learned over many years, and continue to learn.

My takeaways/questions:



Core Pillars of Christian Manhood



Dr. Phil Chavez

There exist 18 Pillars of Manhood in which all Christian men are rooted. Each man has a Mission, Identity, and Journey wherein he thrives in the Image of Jesus Christ. Moving in this Beloved Son establishes the foundation for living the Pillars with strength and without fear.

My takeaways/questions:

Four Keys to Authentic Masculinity



Bill Donaghy

Delving deep into the four identities every man must embody - son, brother, spouse, father - and guided by the words and example of St. John Paul II and others, join international speaker and teacher Bill Donaghy for a challenging and inspiring journey, into the heart of authentic masculinity.

My takeaways/questions:



How to be a Real Messy Catholic in the Real Messy World



Deacon Jeff Drzycimski

Join Deacon Jeff in the Luxurious Corner Booth of The Catholic Cafe as he welcomes special guest John Edwards from the Just A Guy In The Pew podcast. Together they'll present practical, doable advice on how to be a real (messy) Catholic in the real (messy) world.

My takeaways/questions:

Power in Vulnerability



John Edwards

Vulnerability is a word that makes most men uncomfortable. All of our lives, men have been told that being a man means putting your head down, working hard, hiding your feelings, and never complaining. Is it any wonder why we walk around isolated and stuck in our sins, mistakes, and failures? The world defines vulnerability as weak, powerless, exposed, and defenseless. That's not how God sees it. His power is made perfect in weakness. You cannot become the man you are called to be without first becoming vulnerable with yourself, God, and others. Listen in as John shares with you how God sees vulnerability and how it can be the key to changing your life forever.

My takeaways/questions:



Three Keys to Battling Temptation



Jason Evert

Men today are bombarded with temptations but are rarely offered practical strategies for dealing with them. This presentation will offer 4 concrete steps to help any man grow in self mastery and discover how to pray FOR his temptations instead of merely against them.

My takeaways/questions:

5 Remedies For Sorrow



Matt Fradd

While most people look to Thomas Aquinas for his brilliant theological and philosophical thoughts, he also had a lot to say about human psychology and overcoming sorrow. In this presentation Matt shares Aquinas's 5 Remedies to help restore you from the anxieties of everyday life so you can be the person God wants you to be.

My takeaways/questions:



A Preparation for the Passion

Mark Hartfiel



“What is truth?” The assault on the Truth is nothing new but it rages more prominently now than ever before. Not only do we find ourselves in a post-Christian but also a post-natural law society. All truth is now seen as relative. How do we survive in this climate? What do we do for our children? The stakes are high. The battle is here. The battle is ours! Let us each fight the good fight and finish the race strong! Whether or not you can make it to Mass for Palm Sunday or Good Friday, it is worthwhile to read, pray through, and discuss The Passion narrative with your loved ones.

My takeaways/questions:

The Healing Role of the Church to Curb the Epidemic of Sexual Abuse

Allen Hebert



From clergy abuse victim to victim advocate, Allen shares his personal testimony of healing, forgiveness, and redemption. Through mercy, Allen works to bring healing to both families and clergy in the wake of the Church's abuse crisis. This talk will provide you with practical tools to help heal these wounds and begin to restore peace to the Church and her members and prevent clerical abuse from ever occurring again.

My takeaways/questions:



Growing a Family Culture

Mike and Alicia Hernon



Creating a Family Culture is a powerful way to influence our children in a way that goes beyond our relationship with any one individual child. It is greater than just you or your spouse. Family Culture is the unspoken system that binds your family together and communicates your expectations, beliefs, and values more powerfully than any written word. Mike and Alicia will share with couples the five elements of family culture and how to make a plan to intentionally strengthen these elements in your home.

My takeaways/questions:

What is the Right Masculinity Program for Me?

Mark Houck



Join Mark Houck as he discusses how men can best discern the many wonderful ministry offerings the Church has to offer them. With 16+ years of full-time men's ministry, Mark will unpack how men can design or choose a formation program that is right for them given their state in life and current stage of their masculine faith journey.

My takeaways/questions:

**"I came that they may have
life, and have it abundantly."
John 10:10**



How to Quit Wasting Time and Start Living Your Greatest Purpose.



Matt Ingold

How's your life? Busy? You may be busy, but are you living intentionally? Do you have a clear destination, or are you sitting on the sideline of your own life? In this session, Matt walks you through the simple steps to discerning your unique God-given calling so you can start living intentionally and fulfilling the unique purpose God has for your life.

My takeaways/questions:



God Loves a Joyful Giver

Matt Keeny

Jesus talks about money in 11 of his 39 parables, yet misunderstandings and confusion prevail when Catholics think about how and where to give their time, talent, and treasure for maximum impact. For those in the fundraising profession and for those who give generously of themselves for the greater glory of God, this talk will provide much-needed perspective in the art of giving and receiving.

My takeaways/questions:



Faith Without Prayer is a Hobby



Jon Leonetti

Do you struggle with maintaining a consistent prayer life? It's awesome to make it to Sunday mass, but has prayer transformed you? Join Jon as he explores practical ways to jump start a life of prayer and stay committed all the way through to transformation!

My takeaways/questions:



God Wants to Give You More!

Joe McClane

This talk will touch on themes of perseverance, and commitment in difficult times. The core of this talk will boil down to the role of every man as leader-protector-provider, Priest-Prophet-King. Making the choice to live for Heaven, rather than to die for this world. Joe will share the stories of sinners & saints to illustrate these points.

My takeaways/questions:



Abide to Abound: Keys to Living the Abundant Life



Hector Molina

With the current global pandemic, it is no secret that most of us are experiencing incredibly difficult and challenging times. Yet, as Catholic Christians, we have been uniquely set apart and equipped by Our Lord and Holy Mother Church, not only to survive during times of great adversity and suffering, but to actually thrive in spite of the gravest of circumstances. Jesus reminds us that He came into the world that we might have life and have it more abundantly. But what exactly does Jesus mean by the Abundant life? And how do we live it? Join reknowned Catholic preacher and evangelist, Hector Molina as he outlines the Biblical keys to living the Abundant life. You don't want to miss it!

My takeaways/questions:



Divine Mercy in 20 Minutes

Colin Nykaza

Divine Mercy: Love's Second Name." Take a deep dive with Colin into the ocean of God's mercy by learning about the tremendous amount of grace Jesus is offering through the revelations of His Divine Mercy and how that impacts us today.

My takeaways/questions:



Men of Mercy! Men of Joy!

Damon Owens

Every man is called to come to know himself, gain possession of himself through virtues, then give himself away in love and joy. In this powerful presentation to men, Damon Owens explains this way of mercy as being the sure path to a life of joy because it is rooted in the mystery of our creation "in the image and likeness of God, male and female".

My takeaways/questions:



God's Workings in Each Human Heart

Fr. Gregory Maria Pine O.P.

This talk arises from the recognition that the drama of conversion is but God's working out of salvation in each human heart. God is the protagonist. What remains for us to do is pay attention, in other words, to consent to and cooperate with his work rather than attempting to create it for ourselves.

My takeaways/questions:



A Navy SEAL's Journey from Warrior to Warrior for Christ

Dom Raso

Dom Raso, a former member of the elite Navy SEAL Team 6, shares his journey from a Warrior of the earthly battle to his calling to train others in spiritual combat. "We must reclaim our identity as the Church militant, and learn how each of us are called to enter the fight as warriors for Christ!" Don't miss this dynamic call to arms!

My takeaways/questions:



Fathers Handing on the Faith: My Story and Real Life Examples

Steve Ray

Steve will be sharing his own story from the experience of living with a marvelous Baptist father, his conversion to Catholicism, and how he has successfully passed on the faith to his four kids and now 18 grandkids.

My takeaways/questions:



Real Leaders Lead Others to Hope



Fr. Larry Richards

It's one thing to lead. It's another thing to lead others to hope. From the comfort of his private study, Father Larry gets real about being a leader and with both candor and wit, challenges us to step out into the deep.

My takeaways/questions:

Embrace Your Call to L.E.A.D.



Eric Russek

In a world where we have lost our path, it is crucial to reclaim and learn our mission. Through L.E.A.D. we can find a path to do just that. Listen to discern your mission, Embrace your essence, Assume your Authority and Discover the Disciple. Join Eric and discover how to lead your family to heaven.

My takeaways/questions:



From Bondage to Blazing

John Sablan

In this unbelievable real-life testimonial, follow John Sablan's transformation from "a slave to satan to soldier for Christ." John will speak to his journey and give some practical tips on living up to your call and design as Catholic men with some reflections on scripture.

My takeaways/questions:



Body-Presence in a Virtual Wilderness

Bishop Edward Scharfenberger

Join Bishop Edward Scharfenberger as he talks about when "Social Distancing" is the social norm, how do we keep our social contacts human? We are not just spiritual but "incarnate spirits," that is, by nature sacramental. How can we be ourselves--fully human--when the Sacraments are not readily available.

My takeaways/questions:



How to Live Each Moment With Integrity

Fr. Mike Schmitz

You've seen him on Ascension Presents, now Father Mike shares an incredible discussion on living a life of integrity amidst the temptation to settle for mediocrity. Living in integrity requires responsibility. This talk is a call to action and a call to live intentionally.

My takeaways/questions:



Back to Eden, Back to Freedom

Bill Schnieders

Discover how to transform any piece of land into a Garden of Eden paradise to create more freedom, food, abundance and health. Additionally, see how reconnecting with the land can be a vital step in restoring the four harmonies, with God, ourselves, others and nature so that we can live as the Father intended in the beginning!

My takeaways/questions:



Our Finest Hour

Fr. Ian VanHeusen

What is worse, the cure or the disease? In times of uncertainty and fear we instinctually want to recoil and hide. Fr. Ian speaks to this tendency, and reflects on what it means to be prepared in these times, so that we can look back and say, "This was our finest hour."

My takeaways/questions:



Finding Peace in Troubling Times

Christopher West

How many of us are finding it challenging to maintain a sense of peace and calm in the midst of so many uncertainties? How much fear there can be around suffering or trusting in God's Providence. Join Christopher West as he takes us through some key themes taken from Fr. Jacques Philippe's book "Searching For and Maintaining Peace."

My takeaways/questions:



How to Teach Your Kids the Faith, Even if Your Own Formation was Terrible

Nancy Bandzuch

Parents play the biggest role in whether their children are faithful or not, but teaching the Faith to your own children can be difficult. In this presentation Nancy will give you the **THREE WORDS** that you need to know to teach your children the faith. Because your children don't need a theologian to learn the Faith. They need you. So let's get to work!

My takeaways/questions:



Authentic Life as a Catholic Wife

Kathleen Billings

With a clear sense of mission, Kathleen shares personal stories and practical insights on what it means to authentically live life as a Catholic wife.

My takeaways/questions:



Joy in All Seasons

Stephanie Clarisse

In this talk, Stephanie explains how to find joy in all seasons of life, especially in life's most difficult seasons. Drawing from Scripture and the Catechism of the Catholic Church, she offers practical tips to seeking and living the joy-filled life, regardless of what challenges you encounter on the journey. A powerful message for our times.

My takeaways/questions:



New Evangelization & the Secret to NOT Burning Out

Devanie Marie Cooper

There are a lot of misconceptions about what the new evangelization is, its importance, and how to be successful at it, without losing one's own soul. There is a secret promised in the Psalms, lived by the saints, and guaranteed fruitfulness. Devanie will speak to this, and hopes to inspire others to persevere in this important work and not grow weary or be overcome by the obstacles that present themselves.

My takeaways/questions:



Rewriting Your Story With God

Karen Cruess

So often, we can limit our present by our stories from our past. Does your past have control over your future? If so, this session is a MUST! Drawing from her experience as a coach and clinician, Karen delivers practical exercises and prayers of repentance to help you get unstuck and start co-authoring with God the amazing life He always intended for you.

My takeaways/questions:



Rebuild Our Church Through the Foundation of Women

January Donovan

Ladies, how many of you want to expand your mindset and develop practical skills that will allow integration of every part of your life? So many women today are living lives of silent desperation. They have forgotten who they are, and while having a desire to dream with and for God, they have not been taught how. They have a desire to design a beautiful domestic church, but lack the practical tools to build it. In this talk, you will learn: What is behind this silent desperation, but even more, you will receive practical steps in how to move forward.

My takeaways/questions:



The Life-Changing Power of Remembering

Kristen Fisher

Scripture is FULL of pleas to *Remember* all that God has done. Kristen has a powerful message as to why this practice of *Remembrance* is so powerful and so very much needed for us today.

My takeaways/questions:



Who Are You?

Melissa Foley

Welcome to living the abundant life! In this talk, you will learn how to agree with who God is and who you are! Knowing this leads you to freedom, my sisters, *REAL* freedom!

My takeaways/questions:



The Power of a Story

Neena Gaynor

There's something about the power of a story that reaches the depth of our soul and understanding. Surely, our Lord knew this about us as He taught so frequently through parables. What about our own stories? What, or rather WHO makes them good? Dive into the power of our stories with Neena Gaynor!

My takeaways/questions:



The Unknown Power of Intercessory Prayer

Katie Hartfiel

Are you praying for your spouse or future spouse? Are you praying for your kids? How about praying over your kids? There is an incredible authority that we carry in our prayer, especially interceding for our family. Join Katie to learn some practical ways to transform your home (and your life) through intercessory prayer.

My takeaways/questions:



Parenting as a Path to Holiness

Alicia and Mike Hernon

It is a myth that there is a perfect way to be a parent. The reality is that every family, every couple, every child is different but when parents work together, they can figure it out. Sharing wisdom borne from experience, Mike and Alicia share practical advice, encouragement, and tools to enable spouses to collaborate so they can make a plan to parent their children without losing their mind.

My takeaways/questions:



Developing an Abundance Mindset

Erin Ingold

In Erin's talk, you are going to learn practical steps on how to enter deeper into God's Abundance. Combining her mindset coaching techniques, her theological background, and ministerial experience, Erin offers a unique approach to prayer, and easy tips on how to develop an abundance mindset.

My takeaways/questions:



The Best Quarter of Your life

Sterling Jaquith

Do you feel like you can only have peace when there are no challenges? Or when there is a challenge to find yourself lacking the skills to be fully present? The key to peace is presence. This talk will give you some tools for how to have the best quarter of your life even amidst great challenges.

My takeaways/questions:



The Female Body and Staying Fit

Samantha Kelley

God created us as human beings, body and soul. So what we do to our bodies affects our souls and what we do to our souls affects our bodies! The human body reveals much about God! In this talk, Samantha dives into the beauty and significance of the female body and what that reveals about our worth, our femininity, our call to communion. She also shares our responsibility to care for our bodies, offers tips on staying fit and motivated, developing a routine, and how to offer up workouts as a prayer. You are beautiful and this talk is about celebrating YOU!

My takeaways/questions:



Social Distancing: Or Deeper Communion?

Sarah Kozak

Come explore how the experience of this current crisis can be used as an invitation to grow in deeper relationship with our Heavenly Father and those closest to us. Sarah Kozak shares how to seize this opportunity to grow in our ability to listen and the power of Lectio Divina.

My takeaways/questions:



A Beautiful Act: The Perfecting Love of Jesus

Stephanie Lind

When Mary anoints Jesus's feet before his death, He says two fascinating things. He says wherever the gospel is proclaimed, what she has done will be told—this event is that important. The second thing is: He calls what she did beautiful. It's the only time in all of scripture Jesus calls something beautiful. Stephanie has a heart to be beautiful to Jesus—don't you? In this session she shares how to practically pursue a pure love for Jesus that perfects the heart and glorifies you into a woman whose heart is irresistibly beautiful to God.

My takeaways/questions:



Let It Be Done!

Sr. Bethany Madonna

“Let it be done...” taking three “Fiats” from the scriptures, Sr. Bethany shares a plan to more deeply receive the gift of your life, say “yes” to the invitations, and to accept and respond with grace to every circumstance.

My takeaways/questions:



He is Good. Now it All Makes Sense; Understanding Church Teaching on Homosexuality

Avera Maria Santo

Coming from her own perspective as a woman with same-sex attraction, Avera shares her story of finding joy and peace in a life of chastity. With a wisdom beyond her years, Avera gives incredible insights on how to approach the Church's teaching on homosexuality with charity, compassion, and authentic love. A must-see session!

My takeaways/questions:



The Shepherd Who Heals

Megan Mohan

Have you ever wondered if God could heal you? Perhaps you've questioned if God even wants to heal you. Often, it's the fear of exposing our wounds to Christ that is the greatest obstacle to healing. Join Megan as she delves deep into the truths of Christ's healing and shares how to take practical steps to receiving the restoration God wants to give you today!

My takeaways/questions:



Choosing Formation Over Fear

Shannon Morgan

God has blessed each of you with unique gifts to form your children. Take a ride with Shannon as she teaches you 3 skills that you can start using today to help overcome fears and equip you with the skills you need to be an excellent parent and educator of your children.

My takeaways/questions:



Modern Woman. Devoutly Catholic. Audra Nakane

Join Audra Nakane as she shares how to embrace the opportunities ladies have in this modern age to be examples of what a Godly woman is. She will also expound on some of the core basics of her discovery on human behavior and will give practical tips on how to confidently embody who God needs us to be at different times.

My takeaways/questions:



The Holy Work of Uncovering Your Unique Genius

Anna Saucier

Anna Saucier shares a beautiful message to the ladies in this talk about understanding our unique genius that each one of us possess. She brings us into the heart of what it means to live out of our God-given genius and takes away the myths of our ideas that may lie in perfectionism and control, while inviting us into the abundant life of God in it's all of its real, raw beauty. "The Glory of God is Man Fully Alive!"

My takeaways/questions:



There is no Abundant Life Without Human Formation

Angela Schnieders

We are rebuilding the Church through the transformation of the heart and mind of Women. In this talk, Angela Schnieders and January Donovan team up to discuss the current crisis facing women today and why modern day sanctity is a battle for the mind.

My takeaways/questions:



Behold Your Mother: Living Spiritual Motherhood Through the Heart of Our Lady

Jen Settle

Through her fiat, Jesus was conceived in Our Lady's Immaculate Heart before He was conceived in her womb. Our Lady's spiritual motherhood preceded her biological motherhood. Join Jen Settle as she shares how Our Lady's life models the feminine call to spiritual motherhood.

My takeaways/questions:



How Many Rosaries Until You're Holy?



Christine Simpson Wessa

Have you ever created a formula in your mind of how to have the perfect relationship with a man? Let's go further...have you ever done that with THE most important relationship you will ever have--with God? Maybe you haven't? It is easy to over complicate relationships, especially the most important one. Take a walk with Christine as she shares funny, down-to-earth, and real stories of her own experience in getting to know God. She'll share with you 3 practical tips that will help you step away from all of the "formulas" and step into an authentic relationship with God.

My takeaways/questions:



How to Evangelize Your Family

Kelsey Skoch

Having trouble sharing your faith to those closest to you? After re-verting back to the Catholic Church when she was 17 years old, Kelsey's entire family joined her years later. Based on her family life and experience, Kelsey shares four principles to evangelizing the family. Whether you desire to share your faith with your parents, children, or siblings, this talk is for you!

My takeaways/questions:



Getting "Un-Stuck" in a Season of Suffering



Maria Spears

Maria shares her personal testimony of going through a season of heartache, grief and trauma, which eventually led her to discover a life changing way of walking through the valleys in our lives. In this talk you will learn a secret formula Maria calls "PTSD" (it's not what you think!) that will give you practical tools to get 'un-stuck' when you are in a season of suffering and how to come out of it with a newfound hope, joy, love and passion for God, others and life!

My takeaways/questions:



Hail Mary, Full of Grace, Punch the Devil in the Face.

Stacey Sumereau

The devil is the father of lies. One of his tricks is to make us believe the lies he tells us about our identity, lies like: We're too much, We are not enough, We are too fat, We are too thin, We are too everything! Stacey shares a simple method for exposing the lies, rooting them out, and walking in truth and the security that you are unconditionally loved by God.

My takeaways/questions:



Living in Radical Acceptance

Jackie Sunga

We all have various thoughts and emotions which at times can seem self-defeating. In this talk Jackie will teach a faith-based framework for processing emotions and thoughts when we find ourselves resisting acceptance of the present moment.

My takeaways/questions:



How to Be in Thriving-Mode and Not Surviving-Mode as a Catholic Woman in a Time of Crisis or Need

Andrea Thomas

Now, more than ever, there is a temptation to be in a mindset of scarcity and grasping. But there was one woman who responded perfectly to moments of crisis, and lived the abundant life better than any other woman: Mary. Join Andrea as she breaks open scripture and reflects on how Mary responded and thrived. We can see how God is inviting us, as Catholic woman, to do the same.

My takeaways/questions:



A Woman's View of Male Spirituality

Kendra Von Esh

In Kendra's talk you will hear an honest testimony, from a woman, who, most of her life, had practically no male spiritual influence.

She shares some short stories of laymen and clergy who impacted her by living THEIR faith. You will also learn how you can impact women of all ages beyond your family and your flock!

My takeaways/questions:

**“Grant me, O lord my God, a mind to know you,
a heart to seek you, wisdom to find you,
conduct pleasing to you, faithful perseverance
in waiting for you, and a hope of finally
embracing you. Amen.” - St. Aquinas**



Musicians and Artists



Mike Mangione

www.mikemangione.com
Instagram @mangionemusic
Twitter/mikemangione
Spotify: <https://spoti.fi/3axpCNR>



Taylor Tripodi

www.taylortripodi.com
Spotify: <https://spoti.fi/3bQwwOD>



Brendan Bosanko

Brendan Bosanko - Youth Music Minister, Hipster Vibes,
Beard Enthusiast, Repenting Sinner
<https://www.facebook.com/brendan.bosanko>
<https://www.instagram.com/brendanbeardo/>
<https://htyouthministry.org>
https://www.instagram.com/ht_lifeteen

Dee Simone

Spotify: <https://spoti.fi/3bDbr9X>
Bandcamp: <http://deesimone.bandcamp.com/>
Facebook: <https://www.facebook.com/deesimonemusic/>



Alex Schindler: Musician

<https://www.alexschindler.com/>
alexschindler@gmail.com

John Paul Von Arx: Musician

<https://johnpaulvonarx.com/>
info@johnpaulvonarx.com
Spotify: <https://spoti.fi/39CVShr>



Mike Debus: Live Performance Painter

Since 2001 Mike has successfully created portraits, murals, and countless commissioned works. In November of 2008 Mike was asked if he would paint live on stage at a large youth conference in downtown Kansas City Missouri. After accepting the challenge, Mike found the experience exhilarating and inspiring. Since then, Mike has made Performance Painting his main focus and has enthusiastically taken his talents around the country to audiences of all sizes showcasing his skills as a Live Art Performance Painter.

<http://michaeldebus.com/>
mldebus@hotmail.com
(913) 568-6969



"SESSIONS I WANT TO SEE" CHECKLIST

- The Immaculate Conception in Scripture and the Early Church Fathers**
--William Albrecht
- Fighting for Freedom in Quarantine and Peace in Chaos**--James Baxter
- 3 Neuro-Spiritual Ways to Use Your Masculine Genius in Crisis**
--Dr. Gregory Bottaro
- The Gamechanger**--Pete Burak
- Come Let Us Adore Him: The Purpose and Meaning of Eucharistic Adoration**
--Deacon Harold Burke-Sivers
- A Plan For a Quarantined Man!**--Jeff Cavins
- Core Pillars of Christian Manhood**--Dr. Phil Chavez
- Four Keys to Authentic Masculinity**--Bill Donaghy
- How to be a Real Messy Catholic in the Real Messy World**
--Deacon Jeff Drzycimski
- Power in Vulnerability**--John Edwards
- Three Keys to Battling Temptation**--Jason Evert
- 5 Remedies For Sorrow**--Matt Fradd
- A Preparation for the Passion**--Mark Hartfiel
- The Healing Role of the Church to Curb the Epidemic of Sexual Abuse**
--Allen Hebert



"SESSIONS I WANT TO SEE" CHECKLIST

- Growing a Family Culture**--Mike and Alicia Hernon
- What is the Right Masculinity Program for Me?** --Mark Houck
- How to Quit Wasting Time and Start Living Your Greatest Purpose**
--Matt Ingold
- God Loves a Joyful Giver**--Matt Keeny
- Faith Without Prayer is a Hobby**--John Leonetti
- God Wants to Give You More!** --Joe McClane
- Abide to Abound: Keys to Living the Abundant Life - Hector Molino**
- Divine Mercy in 20 Minutes**--Colin Nykaza
- Men of Mercy! Men of Joy!** --Damon Owens
- God's Workings in Each Human Heart**--Fr. Gregory Maria Pine O.P.
- A Navy SEAL's Journey from Warrior to Warrior for Christ**--Dom Raso
- Fathers Handing on the Faith: My Story and Real Life Examples**--Steve Ray
- Real Leaders Lead Others to Hope**--Fr. Larry Richards
- Embrace Your Call to L.E.A.D.** --Eric Russek
- From Bondage to Blazing**--John Sablan
- Body-Presence in a Virtual Wilderness**--Bishop Edward Scharfenberger



"SESSIONS I WANT TO SEE" CHECKLIST

How to live each moment with integrity--Fr. Mike Schmitz

Back to Eden, Back to Freedom--Bill Schnieders

Our Finest Hour--Fr. Ian VanHeusen

Finding Peace in Troubling Times--Christopher West

WOMEN'S CONFERENCE

How to Teach Your Kids the Faith, Even if Your Own Formation was Terrible--Nancy Bandzuch

Authentic Life as a Catholic Wife--Kathleen Billings

Joy in All Seasons--Stephanie Clarisse

New Evangelization & the Secret to NOT Burning Out
--Devanie Marie Cooper

Rewriting Your Story With God--Karen Cruess

Rebuild Our Church Through the Foundation of Women
--January Donovan

The Life-Changing Power of Remembering--Kristen Fisher

Who Are You?--Melissa Foley

The Power of a Story--Neena Gaynor

The Unknown POWER of Intercessory Prayer--Katie Hartfiel



"SESSIONS I WANT TO SEE" CHECKLIST

- Parenting as a Path to Holiness**--Alicia and Mike Hernon
- Developing an Abundance Mindset**--Erin Ingold
- The Best Quarter of Your life**--Sterling Jaquith
- The Female Body and Staying Fit**--Samantha Kelley
- Social Distancing: Or Deeper Communion?**--Sarah Kozak
- A Beautiful Act: The Perfecting Love of Jesus**--Stephanie Lind
- Let It Be Done!**--Sr. Sr. Bethany Madonna
- He is Good. Now it All Makes Sense; Understanding Church teaching on Homosexuality**--Avera Maria Santo
- The Shepherd Who Heals**--Megan Mohan
- Choosing Formation Over Fear**--Shannon Morgan
- Modern Woman. Devoutly Catholic**--Audra Nakane
- The Holy Work of Uncovering Your Unique Genius**--Anna Saucier
- There is no Abundant Life without Human Formation**--Angela Schnieders
- Behold Your Mother: Living Spiritual Motherhood Through the Heart of Our Lady**--Jen Settle



"SESSIONS I WANT TO SEE" CHECKLIST

- How Many Rosaries Until You're Holy?**--Christine Simpson Wessa
- How to Evangelize Your Family**--Kelsey Skoch
- Getting "Un-Stuck" in a Season of Suffering**--Maria Spears
- Hail Mary, Full of Grace, Punch the Devil in the Face**--Stacey Sumereau
- Living in Radical Acceptance**--Jackie Sunga
- How to Be in Thriving-Mode and Not Surviving-Mode as a Catholic Woman in a Time of Crisis or Need**--Andrea Thomas
- A Woman's View of Male Spirituality**--Kendra Von Esh



CAN'T MAKE IT TO ALL THE SESSIONS?

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VIRTUAL CATHOLIC CONFERENCE HOSTS



Matt & Erin Ingold

Co-Creators and Host of The Virtual Catholic Conference

Matt and Erin Ingold are co-founders of Metanoia Catholic, a Catholic Coaching Company dedicated to helping their clients become students of their interior lives and be transformed by the renewing of their minds (Romans 12:2). They do this by integrating classical mindset coaching techniques with prayer and the rich truths of our Roman Catholic faith. Matt, is a graduate of the United States Naval Academy, former Marine officer, and Catholic teacher and speaker. Erin is a Franciscan University of Steubenville graduate with a degree in Theology, and a Catholic Coach.

Through Metanoia Catholic, both offer their combined 30 years of ministerial experience toward helping their clients bring Jesus into their interior lives, start living intentionally, and become co-authors with God in the Greatest Story Ever Told. Matt and Erin reside in upstate New York, with their sweet daughter Avila.

John Edwards is the founder and executive director of Pew Ministries, a catholic apostolate with the mission of bringing the person of Jesus Christ to the person in the pew. John is a Catholic speaker and evangelist who travels widely and has spoken in Catholic media such as the RISE Membership, The Guadalupe Radio Network, The Jon Leonetti Show, and EWTN's Catholic Cafe.

John is the host of the popular *Just A Guy in the Pew Podcast* (www.justaguyinthepew.com) and is a columnist for the West Tennessee Faith Magazine.

John loves to help guys become the men they are called to be through authentic vulnerability. John's greatest blessing is being the husband to Angela and the father to Jacob, Allison, and Katelyn. He and his family live in Memphis, TN.



John Edwards

Co-creator and Co-Host of
The Virtual Catholic Conference



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