

## Materials needed for this project

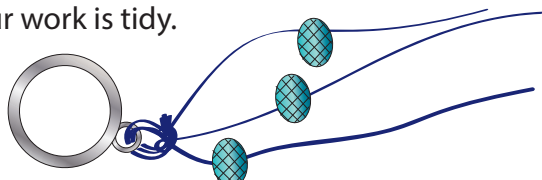
- Metallic thread OR any thin cord

- Toggle clasp

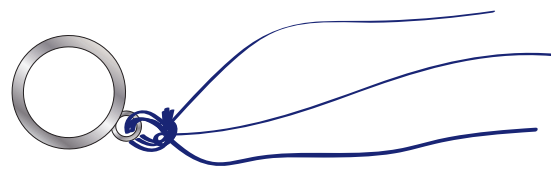
- Beads of your choice

## How to make a bracelet or necklace.

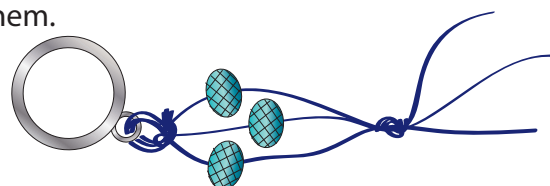
**Step 1.** Cut 3 lengths of metallic thread about 3 feet in length. Put all 3 ends of the threads through the loop on the toggle clasp and put an overhand knot just under it. You can trim the tails right here so your work is tidy.



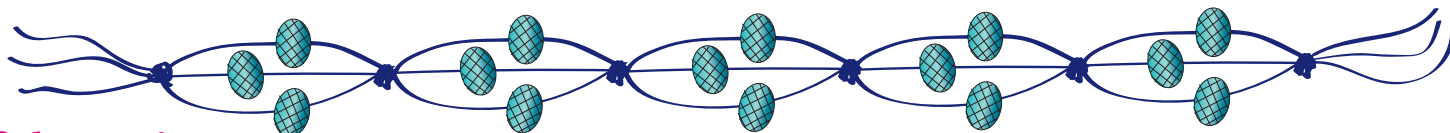
**Step 2.** Separate the threads and add 1 piece of crystal bead to each of them.



**Step 3.** Then hold all 3 cords together and put another overhand knot about an inch down from the first one just under the clasp.

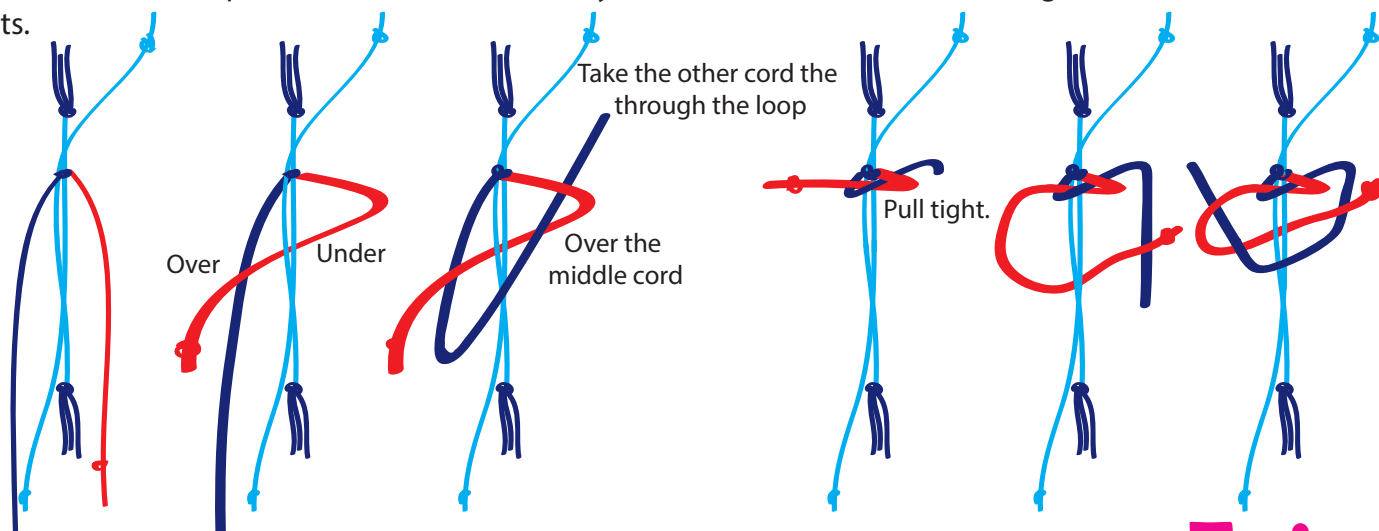


**Step 4.** Repeat steps 2 and 3 until you have your desired length then add the other side of the clasp in the same manner on the other side.



## Other option.

Instead of the toggle clasp you could do a sliding knot clasp with some macrame knots at the back of your jewellery. You can double or tripple the thread to achieve thicker knots on your sliding clasp. Once you have made up your necklace you need to leave about half a foot on each side. Hold these cords together, overlapping from opposite ends and attach a new piece of thread, or threads if you are going to use it double, by tying it to both threads. Then start your square knots, you need to do at least 12 of them to be secure. Glue the ends down by the last knot and trim them. Don't forget to add a bead to the middle threads, the ones which will be sliding as you don't want to pull them out of the knots by accident. Please refer to the diagrams for how to do the knots.



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