



Psychotherapist | Coach | Consultant

LPC, NCC, CSAT, CMAT, CPC

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## Education

- Doctor of Education  
The Southern Baptist Theological Seminary, Louisville, KY, 2019  
Thesis: *Affective Social Neurobiology & Student Formation: A Transdisciplinary Multimethod Study*
- Master of Education in Clinical Mental Health Counseling  
Lamar University, Beaumont, TX, 2016
- Master of Theology in Spirituality and Ethics  
The Southern Baptist Theological Seminary, Louisville, KY, 2014
- Master of Divinity with Biblical Languages  
Southwestern Baptist Theological Seminary, Houston, TX, 2010
- Bachelor of Arts, *Magna Cum Laude*, with majors in Psychology, Music, Philosophy and Religion  
Elmira College, Elmira, NY, 2004

## Professional Experience

- Assistant Professor of Counseling 2019–present  
Director, Doctor of Professional Counseling Program  
Houston Graduate School of Theology, Houston, TX
- Founder & President 2019–present  
Daring Ventures, Counseling, Coaching, & Consulting, LLC, Houston, TX
- Clinical Therapist and Consultant 2017–2019  
DM Therapy Services, Houston, TX
- Pastoral Counselor 2013–2016  
Inner Loop Counseling, Houston, TX
- Senior Pastor and Pastoral Counselor 2004–2017  
First Baptist Church, Mont Belvieu, TX
- Chaplain 2004–2017  
Emergency Medical Services, City of Mont Belvieu, TX

## Publications and Presentations

- 2020. *Expanding Emotional Capacities Through the Disclosure Preparation Process*. Annual Symposium Presentation, International Institute for Trauma and Addiction Professionals.
- 2019. *An Introduction to Couple–Centered Recovery: An Attachment Based Model for Healing from Trauma and Addiction*. Living Truth Ministries, Indianapolis, IN.
- 2019. *The Karpman Triangle: An Experiential Workshop for Couples in Recovery*. Recovery Today, Houston, TX.
- 2019. *Grieving Together Post–Disclosure: A Couple–Centered Recovery® Approach to Healing Attachment Injuries*. Annual Symposium Presentation, International Institute for Trauma and Addiction Professionals, Phoenix, AZ.
- 2019. *Together, Body and Soul: At the Intersection of Spirituality, Neuroscience, and Sex Addiction Treatment*. National Redeeming Sexuality and Intimacy Conference Presentation, Christian Sex Addiction Specialists International, Houston, TX.
- 2019. *Interpersonal Neurobiology and Spiritual Formation: Evidence–Based Best Practices*. Southwest Region Evangelical Theological Society Meeting, New Orleans, LA.
- 2018. *Grieving Together: Rebuilding Trust Post–Disclosure*. Annual Conference, Society for the Advancement of Sexual Health, Virginia Beach, VA.
- 2018. *The Couple–Centered Recovery® Disclosure Model: Utilizing an Attachment–Based Process for Relational Healing*. Annual Symposium Presentation, International Institute for Trauma and Addiction Professionals, Phoenix, AZ.
- 2017. *Helping Clients Understand Attachment: Psychobabble in Layperson’s Language*. Continuing Education Workshop, Inner Loop Counseling, Houston, TX.
- 2017. *Sex Addiction Treatment: Levels of Care and Decision Making*. Annual Symposium Presentation, International Institute for Trauma & Addiction Professionals, Phoenix, AZ.
- 2017. *Attachment: Ain’t Nothin’ Like the Real Thing*. Recovery Community Education Program, The Outer Circle Club, Houston, TX.
- 2016. *A Pastoral Theology of Sex Addiction: Attachment, Addiction, Sin, and Shame*. LoneSTAR Coalition Against Pornography, Dallas, Texas.
- 2016. *Sexuality, Sin, and Salvation: Toward a Positive Theology of Sexuality*. National Redeeming Sexuality and Intimacy Conference Presentation, International Association of Certified Sexual Addiction Specialists, Colorado Springs, Colorado.
- 2016. *Engaging Adolescents in Recovery from Compulsive Sexual Behavior*. Annual Symposium Presentation, International Institute for Trauma & Addiction Professionals, Phoenix, AZ.
- 2015. *Teens and Porn: Prevention and Recovery*. Annual Conference Faculty Presentation, Texas Association of Addiction Professionals, Houston, Texas.
- 2015. “Sex...” Annual Christ Week Conference Guest Speaker, Elmira College Christian Fellowship, Elmira, New York.
- 2015. *Facilitating Addiction Treatment Groups*. Annual Institute Faculty Presentation, Houston Group Psychotherapy Society, Houston, Texas.
- 2015. Coordinator of Adolescent Treatment Clinicians Network Group, Annual Symposium, International Institute of Trauma and Addiction Professionals, Phoenix, Arizona.

- 2014. *Sex as a Window to the Soul: The Spiritual Dynamics of Human Sexuality*. Southwest Regional Meeting of the Evangelical Theological Society, Fort Worth, Texas.
- 2013. *Songs of Suffering and Sanctification: The Hymnody of Anne Steele*. Puritan Reformed Journal, 5:2, 169-190.

## Research Interests

- Transdisciplinary models for understanding neuroscience, human development, spirituality, and theological anthropology
- Affect regulation theory as a model of intervention toward improving relational dynamics of couples in recovery from trauma and addiction
- Understanding and treating relational/developmental trauma as an underlying root of addiction
- Utilizing telehealth research to develop hybrid models of online and in-person treatment for addiction recovery and betrayal trauma

## Licenses and Certifications

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| • Licensed Professional Counselor (License Number: 78173)<br>Texas State Board of Examiners of Professional Counselors   | Exp. 2021    |
| • National Certified Counselor (NCC),<br>National Board for Certified Counselors   | 2017–present |
| • Certified Sex Addiction Therapist (CSAT)<br>International Institute for Trauma and Addiction Professionals   | 2016–present |
| • Certified Multiple Addiction Therapist (CMAT)<br>Specialization in Work and Financial Disorders<br>International Institute for Trauma and Addiction Professionals            | 2016–present |
| • Certified Professional Coach (CPC),<br>Life Coach Institute of Orange County   | 2017–present |
| • Certified Daring Way™ Facilitator<br>The Daring Way, Houston, TX   | 2018–present |
| • Certified Pastoral Multiple Addiction Professional (PMAP),<br>Specialization in Work and Money Disorders,<br>International Association of Trauma and Addiction Professionals | 2016–present |
| • Certified Clinical Trauma Professional (CCTP),<br>International Association of Trauma Professionals  | 2015–present |
| • Certified Pastoral Sex Addiction Professional (PSAP),<br>International Institute of Trauma and Addiction Professionals   | 2014–present |
| • Online Higher Education Teaching Certification<br>The Southern Baptist Theological Seminary  | 2014         |
| • Advanced Certified Human Behavior Consultant<br>Leadership Institute of America  | 2006         |

## Professional Development

- CoachRICE Leadership Coaching Program, 2019  
The Doerr Institute, Rice University, Houston, TX
- Psychobiological Approach to Couple Therapy (PACT) 2018–2019  
Level 2 Training, Austin, TX
- Psychobiological Approach to Couple Therapy (PACT) 2018  
Level 1 Training, Austin, TX
- EMDR Therapy Training 2018  
EMDRIA–Approved Level I Training, Houston, TX
- Emotionally Focused Therapy, 2016–2019  
Externship, Core Skills Training 1–4, Individual Consultation
- Annual Symposium for Certified Sex Addiction Therapists, 2015–2018  
International Institute for Trauma and Addiction Professionals
- The Daring Way Facilitator Training, 2017  
The Daring Way, Houston, TX
- Post-Induction Therapy Training, 2016  
Pia Mellody, The Meadows
- Couples Sexual Addiction Recovery Training, 2015  
International Institute for Trauma and Addiction Professionals
- Spectrum Conference on Addiction Studies 2014  
Texas Association of Addiction Professionals, Houston Chapter
- Annual Institute: Interpersonal Neurobiology and Group Therapy 2014  
Houston Group Psychotherapy Society
- Community Response Team Training 2007  
National Organization for Victim Assistance (NOVA)

## Non-Profit Experience

- Christian Sex Addiction Specialists International 2019–present  
Board Member
- The Daring Ventures Initiative, Inc. 2018–present  
Founder & President
- Elmira College Alumni Association Board of Directors 2016–2018  
Director
- San Jacinto Baptist Association 2008–2017  
Moderator & Executive Board Member
- Lake Tomahawk Christian Retreat Center 2008–2016  
Executive Committee Member
- West Chambers County Ministerial Alliance 2004–2008  
President

## Affiliations and Memberships

- Texas Counseling Association 2018–present
- Global Association for Interpersonal Neurobiology 2017–present
- International Association of Trauma Professionals 2015–present
- American Counseling Association 2015–present
- Society for Christian Psychology 2014–present
- Houston Group Psychotherapy Society 2014–present
- NAADAC, the Association for Addiction Professionals 2014–present
- International Association of Trauma and Addiction Professionals 2013–present
- Evangelical Theological Society 2005–present
- American Mensa 2010–present
- Psi Chi (National Honor Society for Psychology) 2002–present
- Omicron Delta Kappa (National Honor Society for Leadership) 2003–present