

Dr. Jake Porter

Psychotherapist | Coach | Consultant

LPC, NCC, CSAT, CMAT, CPC

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Education

- Doctor of Education
The Southern Baptist Theological Seminary, Louisville, KY, 2019
Thesis: *Affective Social Neurobiology & Student Formation: A Transdisciplinary Multimethod Study*
- Master of Education in Clinical Mental Health Counseling
Lamar University, Beaumont, TX, 2016
- Master of Theology in Spirituality and Ethics
The Southern Baptist Theological Seminary, Louisville, KY, 2014
- Master of Divinity with Biblical Languages
Southwestern Baptist Theological Seminary, Houston, TX, 2010
- Bachelor of Arts, *Magna Cum Laude*, with majors in Psychology, Music, Philosophy and Religion
Elmira College, Elmira, NY, 2004

Professional Experience

- Assistant Professor of Counseling 2019–present
Director, Doctor of Professional Counseling Program
Houston Graduate School of Theology, Houston, TX
- Founder & President 2019–present
Daring Ventures, Counseling, Coaching, & Consulting, LLC, Houston, TX
- Clinical Therapist and Consultant 2017–2019
DM Therapy Services, Houston, TX
- Pastoral Counselor 2013–2016
Inner Loop Counseling, Houston, TX
- Senior Pastor and Pastoral Counselor 2004–2017
First Baptist Church, Mont Belvieu, TX
- Chaplain 2004–2017
Emergency Medical Services, City of Mont Belvieu, TX

Publications and Presentations

- 2020. *Expanding Emotional Capacities Through the Disclosure Preparation Process*. Annual Symposium Presentation, International Institute for Trauma and Addiction Professionals.
- 2019. *An Introduction to Couple-Centered Recovery: An Attachment Based Model for Healing from Trauma and Addiction*. Living Truth Ministries, Indianapolis, IN.
- 2019. *The Karpman Triangle: An Experiential Workshop for Couples in Recovery*. Recovery Today, Houston, TX.
- 2019. *Grieving Together Post-Disclosure: A Couple-Centered Recovery® Approach to Healing Attachment Injuries*. Annual Symposium Presentation, International Institute for Trauma and Addiction Professionals, Phoenix, AZ.
- 2019. *Together, Body and Soul: At the Intersection of Spirituality, Neuroscience, and Sex Addiction Treatment*. National Redeeming Sexuality and Intimacy Conference Presentation, Christian Sex Addiction Specialists International, Houston, TX.
- 2019. *Interpersonal Neurobiology and Spiritual Formation: Evidence-Based Best Practices*. Southwest Region Evangelical Theological Society Meeting, New Orleans, LA.
- 2018. *Grieving Together: Rebuilding Trust Post-Disclosure*. Annual Conference, Society for the Advancement of Sexual Health, Virginia Beach, VA.
- 2018. *The Couple-Centered Recovery® Disclosure Model: Utilizing an Attachment-Based Process for Relational Healing*. Annual Symposium Presentation, International Institute for Trauma and Addiction Professionals, Phoenix, AZ.
- 2017. *Helping Clients Understand Attachment: Psychobabble in Layperson's Language*. Continuing Education Workshop, Inner Loop Counseling, Houston, TX.
- 2017. *Sex Addiction Treatment: Levels of Care and Decision Making*. Annual Symposium Presentation, International Institute for Trauma & Addiction Professionals, Phoenix, AZ.
- 2017. *Attachment: Ain't Nothin' Like the Real Thing*. Recovery Community Education Program, The Outer Circle Club, Houston, TX.
- 2016. *A Pastoral Theology of Sex Addiction: Attachment, Addiction, Sin, and Shame*. LoneSTAR Coalition Against Pornography, Dallas, Texas.
- 2016. *Sexuality, Sin, and Salvation: Toward a Positive Theology of Sexuality*. National Redeeming Sexuality and Intimacy Conference Presentation, International Association of Certified Sexual Addiction Specialists, Colorado Springs, Colorado.
- 2016. *Engaging Adolescents in Recovery from Compulsive Sexual Behavior*. Annual Symposium Presentation, International Institute for Trauma & Addiction Professionals, Phoenix, AZ.
- 2015. *Teens and Porn: Prevention and Recovery*. Annual Conference Faculty Presentation, Texas Association of Addiction Professionals, Houston, Texas.
- 2015. "Sex..." Annual Christ Week Conference Guest Speaker, Elmira College Christian Fellowship, Elmira, New York.
- 2015. *Facilitating Addiction Treatment Groups*. Annual Institute Faculty Presentation, Houston Group Psychotherapy Society, Houston, Texas.
- 2015. Coordinator of Adolescent Treatment Clinicians Network Group, Annual Symposium, International Institute of Trauma and Addiction Professionals, Phoenix, Arizona.

- 2014. *Sex as a Window to the Soul: The Spiritual Dynamics of Human Sexuality*. Southwest Regional Meeting of the Evangelical Theological Society, Fort Worth, Texas.
- 2013. *Songs of Suffering and Sanctification: The Hymnody of Anne Steele*. *Puritan Reformed Journal*, 5:2, 169-190.

Research Interests

- Transdisciplinary models for understanding neuroscience, human development, spirituality, and theological anthropology
- Affect regulation theory as a model of intervention toward improving relational dynamics of couples in recovery from trauma and addiction
- Understanding and treating relational/developmental trauma as an underlying root of addiction
- Utilizing telehealth research to develop hybrid models of online and in-person treatment for addiction recovery and betrayal trauma

Licenses and Certifications

- Licensed Professional Counselor (License Number: 78173) Exp. 2021
Texas State Board of Examiners of Professional Counselors
- National Certified Counselor (NCC), 2017–present
National Board for Certified Counselors
- Certified Sex Addiction Therapist (CSAT) 2016–present
International Institute for Trauma and Addiction Professionals
- Certified Multiple Addiction Therapist (CMAT) 2016–present
Specialization in Work and Financial Disorders
International Institute for Trauma and Addiction Professionals
- Certified Professional Coach (CPC), 2017–present
Life Coach Institute of Orange County
- Certified Daring Way™ Facilitator 2018–present
The Daring Way, Houston, TX
- Certified Pastoral Multiple Addiction Professional (PMAP), 2016–present
Specialization in Work and Money Disorders,
International Association of Trauma and Addiction Professionals
- Certified Clinical Trauma Professional (CCTP), 2015–present
International Association of Trauma Professionals
- Certified Pastoral Sex Addiction Professional (PSAP), 2014–present
International Institute of Trauma and Addiction Professionals
- Online Higher Education Teaching Certification 2014
The Southern Baptist Theological Seminary
- Advanced Certified Human Behavior Consultant 2006
Leadership Institute of America

Professional Development

- CoachRICE Leadership Coaching Program, 2019
The Doerr Institute, Rice University, Houston, TX
- Psychobiological Approach to Couple Therapy (PACT) 2018–2019
Level 2 Training, Austin, TX
- Psychobiological Approach to Couple Therapy (PACT) 2018
Level 1 Training, Austin, TX
- EMDR Therapy Training 2018
EMDRIA–Approved Level I Training, Houston, TX
- Emotionally Focused Therapy, 2016–2019
Externship, Core Skills Training 1–4, Individual Consultation
- Annual Symposium for Certified Sex Addiction Therapists, 2015–2018
International Institute for Trauma and Addiction Professionals
- The Daring Way Facilitator Training, 2017
The Daring Way, Houston, TX
- Post-Induction Therapy Training, 2016
Pia Mellody, The Meadows
- Couples Sexual Addiction Recovery Training, 2015
International Institute for Trauma and Addiction Professionals
- Spectrum Conference on Addiction Studies 2014
Texas Association of Addiction Professionals, Houston Chapter
- Annual Institute: Interpersonal Neurobiology and Group Therapy 2014
Houston Group Psychotherapy Society
- Community Response Team Training 2007
National Organization for Victim Assistance (NOVA)

Non-Profit Experience

- Christian Sex Addiction Specialists International 2019–present
Board Member
- The Daring Ventures Initiative, Inc. 2018–present
Founder & President
- Elmira College Alumni Association Board of Directors 2016–2018
Director
- San Jacinto Baptist Association 2008–2017
Moderator & Executive Board Member
- Lake Tomahawk Christian Retreat Center 2008–2016
Executive Committee Member
- West Chambers County Ministerial Alliance 2004–2008
President

Affiliations and Memberships

- Texas Counseling Association 2018–present
- Global Association for Interpersonal Neurobiology 2017–present
- International Association of Trauma Professionals 2015–present
- American Counseling Association 2015–present
- Society for Christian Psychology 2014–present
- Houston Group Psychotherapy Society 2014–present
- NAADAC, the Association for Addiction Professionals 2014–present
- International Association of Trauma and Addiction Professionals 2013–present
- Evangelical Theological Society 2005–present
- American Mensa 2010–present
- Psi Chi (National Honor Society for Psychology) 2002–present
- Omicron Delta Kappa (National Honor Society for Leadership) 2003–present