

nRhythm Design Sprint

Reimagining the Institution of Live Arts as an Agent of Social Change

Wednesday, May 19, 2-3pm ET



Jonathan Bradley
The Crossing

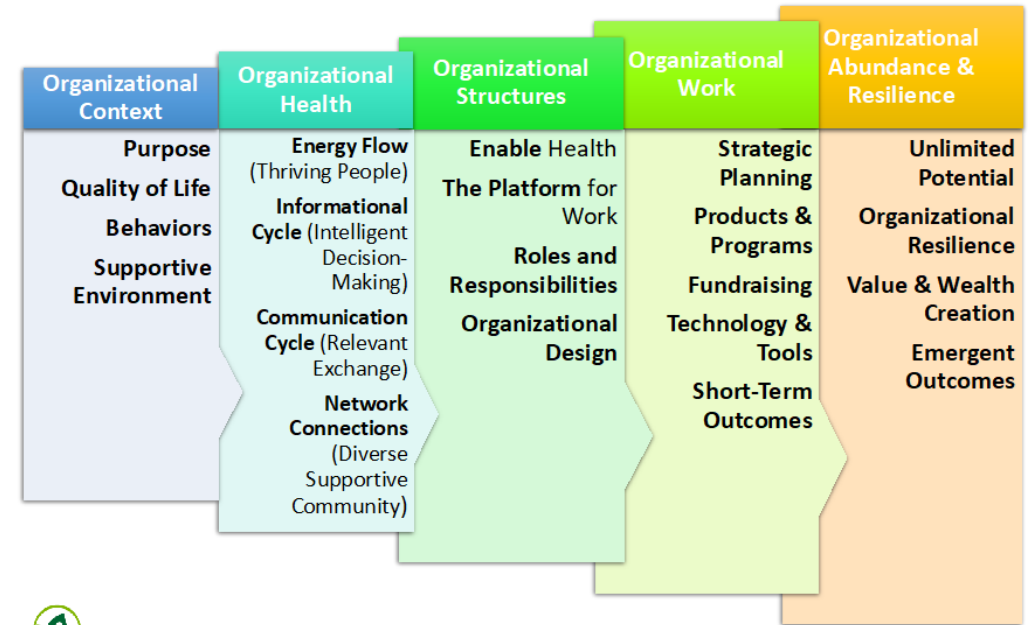
About nRhythm Design Sprints

nRhythm Design Sprints are 60-minute intentionally structured conversations designed to re-imagine systems – from agriculture to capitalism to the built environment. We interview leaders across a variety of industries utilizing nRhythm’s Regenerative Framework to frame and land the conversation operationally in order to inspire and ignite systems change locally and globally.

- **Context.** What is the big why? What is the quality of life in a regenerative agricultural system? What behaviors do we need to live into in order to regenerate agriculture?
- **Health.** How can we enable the health of the system?
- **Structures.** What structures that would enable the health of the system and create the impact that we all want?
- **Work.** What work will we do to realize the context?
- **Abundance.** What does abundance and unlimited potential look like in the system?

The following slides capture the conversation.

The Regenerative Framework



About *The Crossing*

The Crossing is a professional chamber choir conducted by Donald Nally and dedicated to new music. It is committed to working with creative teams to make and record new, substantial works for choir that explore and expand ways of writing for choir, singing in choir, and listening to music for choir. Many of its nearly 110 commissioned premieres address social, environmental, and political issues. With a commitment to recording its commissions, The Crossing has issued 23 releases, receiving two Grammy Awards for Best Choral Performance (2018, 2019), and six Grammy nominations.



CONTEXT

A system's Context provides a shared purpose for all decision-making. This purpose must be clear, meaningful and co-owned by all members. This Context should also include agreements on desired behaviors for engagement between members.

We explored questions such as:

- What gives you the most energy doing this work?
- What brings you to this work?

Purpose

contemporary music

using arts and the humane voice as a medium to explore, discover, question

art as an agent for community

Quality of Life

seeing art in different perspectives

invitation to explore

Community between Artists and audience

Context for all of us to grow

Artists First Organization

Behaviors

Invitation to explore

Invitation to consider something different

diversity

equity

Trust

Intense creative commitment

inclusion

Supporting Environment

Integrating the Arts into the larger Community

HEALTH

Insights derived from living ecosystems, these foundational processes are core for a healthy functioning environment. The fundamental belief is that systems must create the conditions for members to thrive. Abundance and resilience emerge as a by-product of the system. The active processes include:

- **Energy Flow:** Energy Flow is the energy created and transferred between members of a system. The more engaged and thriving the members, the greater the energy flow.
- **Communication Cycle:** Core to the success of any system is the delivery and exchange of intelligence and wisdom to all its members. Healthy systems have open, transparent flow of information that is actively exchanged with members.
- **Network Connections:** The mutualism, diversity of connections, and transparency that exist within the system will enable the operating environment to thrive.
- **Informational Cycle:** Healthy systems are receptive to new ideas and thinking by learning from previous decisions. Healthy decision-making is contingent upon wisdom being generated by the system.

We explored questions such as:

- Who are you partnering with to do this work? How would you like to increase your partner network?

Energy Flow: Thriving Members

Self-discovery
Fundamental
to the human
experience

Creative
Community
for Artists

Informational Cycle: Intelligent Decision-Making

Art ... Does
not have
definitive
answers

Asking
questions

Cultural /
Colonial
Supremacy

Covid Year
Programming

Asymmetrical
process

Lots of
collaboration

Arts is more
than just
entertainment

Communication Cycle: Relevant Exchange

Collaboration
between
Artists

Network Equity: Interconnected Partners

Broader
network

Consultants

Composers

Supportive
Board

STRUCTURES

Structures should be designed to enhance or strengthen the intrinsic health (Energy Flow, Informational Cycle, Communication Cycle & Organization Connections) of the system. Here are a few examples of operating structures: 1) Roles and Responsibilities, 2) Governance, 3) Meetings, 4) Monitoring and Evaluation. However, all structures must adapt and evolve with the current operating conditions to maintain relevance.

STRUCTURES



WORK

Work is about the design and implementation of the vision and goals in the system. This involves agreeing upon and prioritizing the primary strategies and/or activities to create the most impact. In a healthy system, all of the activities are being achieved while being rooted in its purpose and without compromising the health of its members.

We explored questions such as:

- What are some initiatives The Crossing is working on, and how can other's get involved?

WORK

Thecrossingchoir.org

Contemporary
Music

Mission +
Impact =
Sustainability

Programmatic
Evolution
influenced by
Equity, Inclusion
and Diversity

Works that
correspond
with what is
happening in
culture

Why should
anyone
care?

ABUNDANCE

Abundance is the outward manifestation and ideal state of the work we are doing in the world. It is deeply rooted in our context without time boundaries and limitations. It is the ultimate expression of the transformation we would like to see in the world.

ABUNDANCE

Two
Grammys

110
Commissioned
Premiers

Library of
Congress
Admissions

What is
happening
between artists
and the
audience?

Community

realising
there is more
to learn and
grow into

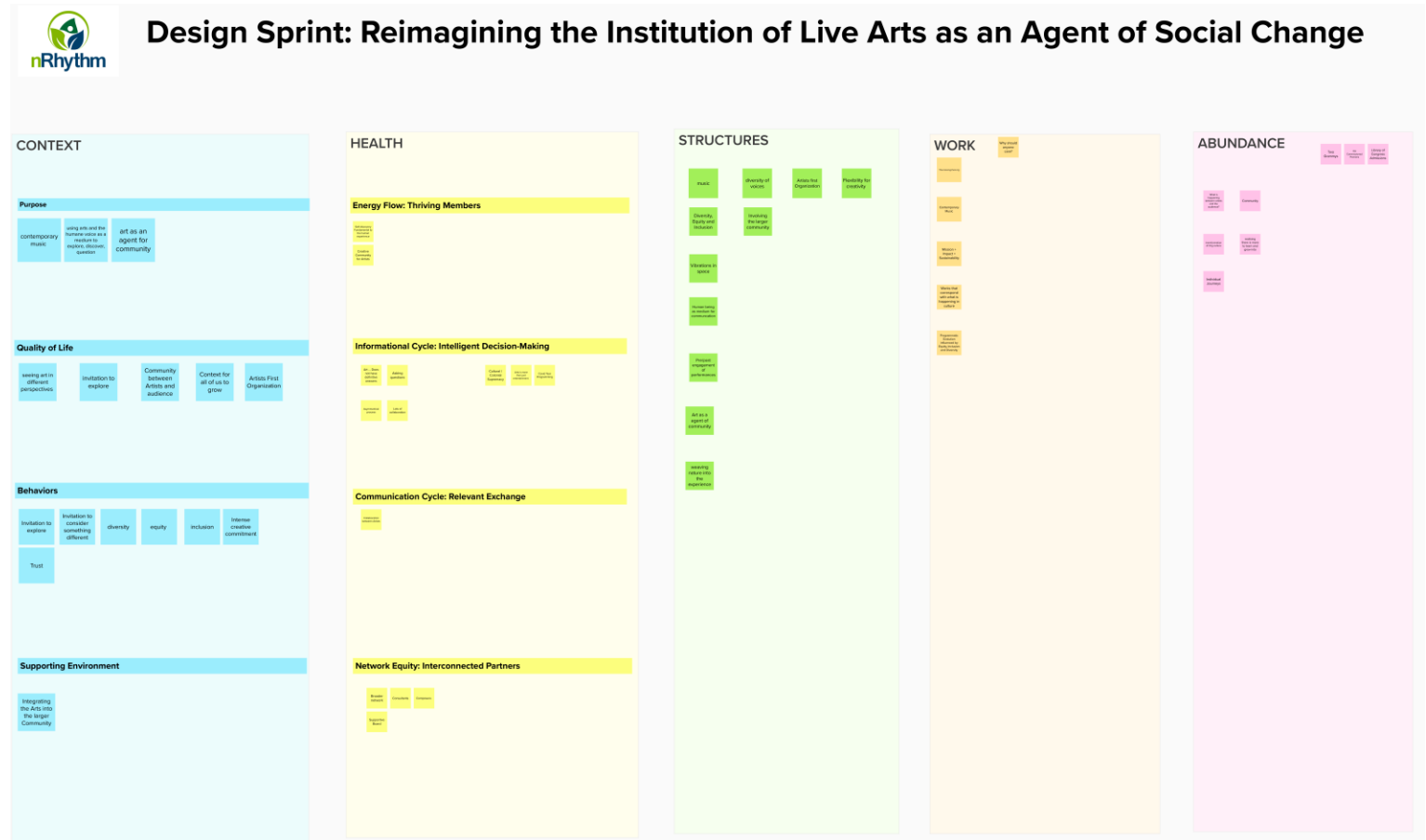
transformation
of Org culture

Individual
Journeys

REGENERATIVE FRAMEWORK

The Regenerative Framework is designed upon the insights and principles of living systems. It is a process, design and decision-making framework for creating the conditions for systemic health while regenerating potential and abundance.

The image on the right is the whole design captured in this nRhythm Design Sprint.



THANK YOU!



[Learn More About nRhythm's Approach:](#)

[Read our blog on Regenerative Design Principles](#)

[Discover hidden potential with our mini-workbooks](#)

[Explore your relationship with your role at work with the Thrive Index](#)

[Shift your mindset, behaviors, and practices with Regenerative Fitness Challenges](#)

[Learn the Foundations of a Regenerative Approach](#)

[Design \(or Re-Design\) Your Team or Project in the Regenerative Design Lab](#)

[Monitor the underlying health of your organization with the Health Index](#)