

# LEAD LIKE YOU!



IT'S TIME TO TAKE YOUR LEADERSHIP TO THE NEXT LEVEL AND **INCREASE YOUR CONFIDENCE AND INFLUENCE** SO YOU CAN LEAD WITH **IMPACT** IN THIS EVER-CHANGING WORLD.

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## ABOUT THE PROGRAM

Lead Like YOU! stands for  
More authenticity.  
More confidence.  
More influence.  
More self-awareness.

This coaching programme will take you on an in-depth journey to develop the leadership competencies you need to trust yourself as a leader.

You have what it takes to be the leader you want to be and create the change you want to see.

THE LEAD LIKE YOU! PROGRAM, GIVES YOU THE **COURAGE** TO  
TACKLE EVERY LEADERSHIP CHALLENGE SO YOU CAN...

-  Feel at ease about the increased responsibilities of leadership.
-  Build Psychological safety and high-performing teams.
-  Become an inspiring and supportive leader in this ever-changing world.
-  Lean into difficult conversations feeling well prepared and self-assured.
-  Feel confident to step up and say goodbye to imposter syndrome.
-  Speak up with self-belief and sell yourself and your ideas.
-  Feel safe taking risks and making mistakes.
-  Gain the ability to manage stressful times and maintain your wellbeing.
-  Feel inspired and fulfilled by your leadership purpose.

# LEAD LIKE YOU! THE FRAMEWORK

## Each Module consists of

- a **60-min interactive Masterclass** via Zoom where we dive deep into each topic and the leadership strategies.
- a **60-min Group Coaching Session** via Zoom where you have a chance to ask all your questions, work through specific exercises, deepen your learning and share your wins
- Pework and Homework in between sessions



**Module 1:** Lead with your Strengths



**Module 2:** Your Emotional Intelligence for Leadership



**Module 3:** Your Authentic Leadership Brand



**Module 4:** Your Self-Leadership & Wellbeing



**Module 5:** Master Courageous Conversations



**Module 6:** Increase your Influence & Impact to Lead in a Hybrid world

# LEAD LIKE YOU! WHAT'S INCLUDED

## Program Overview

- **The program starts on 1 March and runs until 31 May 2022**
- Small group environment (max 10 participants)
- **6 modules** within a proven framework
- **6 x 60-min interactive Zoom Masterclasses** (First masterclass on 8 March 2022)
- **6 x 60-min interactive Group Coaching Sessions**
- **A personal Development & Action Plan**
- **Your Leadership Promise** to formalise the authentic leader you've become
- All Sessions recorded
- Lifetime access to the Program contents
- Workbooks
- Cheat Sheets for difficult conversations
- Private Facebook Group to facilitate exchange between you and your peers

## Psychometric Assessments:

- CliftonStrengths34 Assessment & Report
- CliftonStrengths for Managers Report
- VIA Core Values Assessment & Report

## Bonus:

Access to the on-demand coaching course "The Resilient Leader Series" . The self-paced online course that provides you with practical strategies to foster a resilient mindset and environment for you (and your team).

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### What is the investment?

*PAY IN FULL*

*AUD 1500 (EXCL GST)*

*PAYMENT PLAN*

*3 monthly payments of AUD 500 (EXCL GST)*

If you would like to inquire about a corporate quote & Invoice, please email Anne:  
[mail@annekoopmann.com](mailto:mail@annekoopmann.com)

ANNE KOOPMANN  
COURAGEOUS LEADERSHIP

# LEAD LIKE YOU!

## ABOUT ANNE

Anne is a Leadership Coach, Lecturer and Speaker who works with individuals and organizations to empower courageous leaders to inspire others and create impact.

Through her work, Anne equips individuals with the key leadership skills needed to build their courage, confidence and resilience, embrace vulnerability, learn impactful communication strategies and create space for open and trusted relationships and nurture the individual strengths of others.

Throughout her 10 year career as an award-winning Leader in the Engineering industry, she has learned first hand what it takes to be a courageous leader.

For her commitment to Quality Excellence, Anne was awarded Young Manufacturer of The Year at the Victorian Manufacturer's Hall of Fame and has recently been named one of Australia's Most Innovative Engineers for her "Strengths in Diversity" team development program.

Since January 2020, Anne has been teaching "Leadership for Innovation" as part of the Melbourne University's Innovation Practice Program.

As a certified CliftonStrengths and Emotional intelligence Coach, She offers a variety of programs, including 1:1 Coaching, Group and Team Programs, Workshops and Masterclasses all around building an authentic leadership brand, setting up a leadership toolbox and leading with strengths, courage and emotional intelligence.



ANNE KOOPMANN  
COURAGEOUS LEADERSHIP