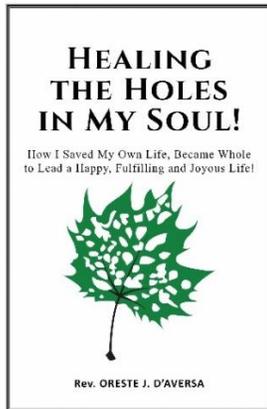


How I Healed the Holes in My Soul!

How I Saved My Own Life, Became Whole to Lead a Happy, Fulfilling and Joyous Life!

Self Help



Learn what a Minister did to save his own life from suicidal thoughts, emotional suffering and unhealthy behaviors.

About the Author

Rev. Oreste J. D'Aversa, "Reverend Rusty" as he is known informally, is an Inter-Faith (All-Faiths) Minister ordained physical world by The New Seminary in New York City, New York. Rev. D'Aversa follows the teachings of God, Jesus Christ, The Holy Spirit, the Prophets and the Ascended Masters. He is here to serve God and humankind to help make the world a better place for all people. Reverend D'Aversa is an Author, Speaker, Spiritual Coach/Advisor and helps people find their true life's purpose and spiritual path. He is also a Business Coach, Consultant, Trainer and University Lecturer. He has appeared on radio and television as well as having his work featured in various newspapers and journals.



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How I Healed the Holes in My Soul!

As an Inter-Faith (All Faiths) Minister I started looking at the world one day and wondering why so many people are taking their own life. People well known and not so well known, people who, on the outside, look like they have it all but on the inside really did not have it all but were empty and in pain, and the only way out was to take their own life.

It got me thinking about my own life and I too have reached the point, several times in my life, where I said it's just too hard to go on, it's just too much... Through God's grace I have endured and learned to "heal the holes" in my soul. Though I still have my bad times, they are not as bad as they once were, don't last as long as they used to or take me to the "poison" in my soul, I learned there are ways through the bad times, and I don't have to be a victim anymore.

This is my story, a man who went from "holes" in his soul to being "whole" again. I sincerely hope there are some tools in this book that help you on your journey in this game we called life. Whatever you are going through, don't give up, there is always hope, there is always God. God will find a way where there appears to be no way. God has not given up on you, so you don't give up on yourself. I healed the holes in my soul and so can you!

Book Value Proposition

Suicide is a leading cause of death in the United States. The exercises in the book are meant to help individuals release and not act on their suicidal thoughts and tendencies. The book is meant to be used "as an addition to and not instead of" working with doctors and trained mental health professionals.

Selling Points

- Helps individuals with suicidal thoughts using tools "in addition to and not instead of" working with mental health professionals.
- Simple exercises in each chapter to help individuals explore thoughts and feelings.
- Designed to be read in either Paperback or in Electronic Book Reader

Marketing and Publicity

- Marketing and Publicity will be created/delivered by Author
- Press Release to Media, Targeted Magazines, Bloggers (On-Line and Print)
- Media Interviews with Television, Radio and Internet
- Promotion though: Public Speaking Engagements, Target Market Bloggers, Social Media, Networking, Trade Sho



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AVAILABLE FROM...

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