

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 st April	2 nd April
			LESSON 1 8am AEST Defining Happiness On Your Terms	
5 th April	6 th April	7 th April	8 th April	9 th April
	LESSON 2 12pm AEST From Thriving To Surviving		LESSON 3 5:30pm AEST Screw The Plan, Embrace The Uncertainty	
12 th April	13 th April	14 th April	15 th April	16 th April
	BONUS LESSON 7:45am AEST Journaling Your Way To Possible		LESSON 4 8am AEST Cracking Your Busy Code	
19 th April	20 th April	21 st April	22 nd April	23 ^{rs} April
	GROUP COACHING LIVE 12pm AEST		LESSON 5 12pm AEST Disable Distraction	
26 th April	27 th April	28 th April	29 th April	30 th April
			LESSON 6 5:30pm AEST Creating The Confidence To Deliver A Guilt Free NO	COACHING HOTSEAT 12pm AEST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 rd May	4 th May	5 th May	6 th May	7 th May
			LESSON 7 8am AEST Thinkology	
10 th May	11 th May	12 th May	13 th May	14 th May
	BONUS LESSON 12pm AEST Reshape Your Words, Ingite Your Self Belief		LESSON 8 12pm AEST Fear Through A Different Lens	
17 th May	18 th May	19 th May	20 th May	21 st May
		GROUP COACHING LIVE 5:30pm AEST	LESSON 9 5:30pm AEST The Practice Of Getting Comfortable With Discomfort	
24 th May	25 th May	26 th May	27 th May	28 th May
			LESSON 10 8am AEST Permission To Fail	
31 st May				



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 st June	2 nd June	3 rd June	4 th June
	COACHING HOTSEAT 12pm AEST		LESSON 11 12pm AEST Fear(less) You	
7 th June	8 th June	9 th June	10 th June	11 th June
			LESSON 12 5:30pm AEST Embrace The Unkown	GROUP COACHING LIVE 7:30am AEST
14 th June	15 th June	16 th June	17 th June	18 th June
			LESSON 13 8:00am AEST Knowledge Vs Novelty Curiosity	
21 st June	22 nd June	23 rd June	24 th June	25 th June
			LESSON 14 12:30pm AEST To Be, Not To Do	
28 th June	29 th June	30 th June		

