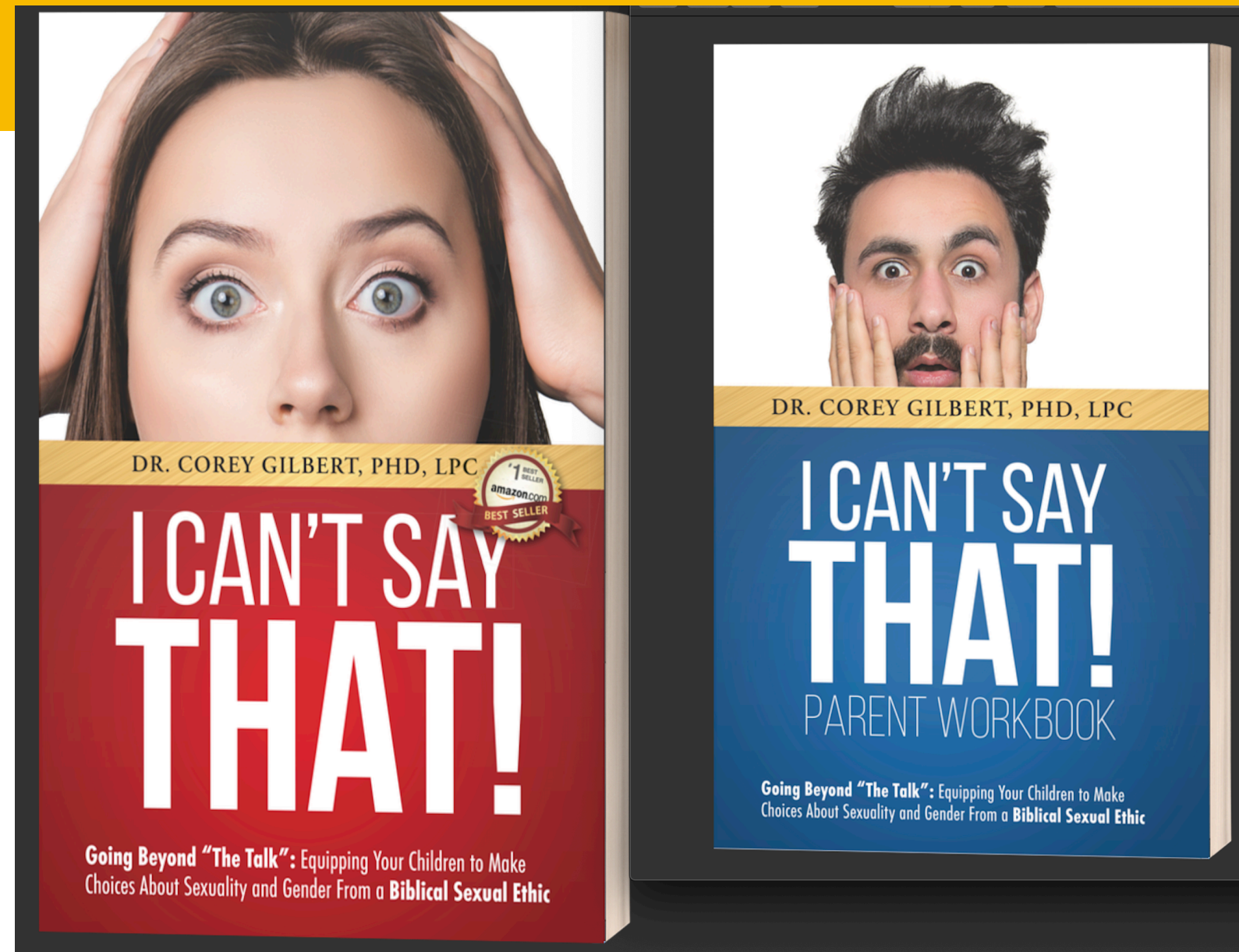


**Dr. Corey Gilbert, PhD**

**Professor of Counseling Psychology, Corban University  
Licensed Professional Counselor**



**[www.HealingLives.com](http://www.HealingLives.com)**

**AGE APPROPRIATE  
CONVERSATIONS**









# OUR EXPERIENCES INFLUENCE OUR PARENTING

What does God say about **YOU**?

What does God say about **OTHERS**  
(boundaries)?







# SEX ED

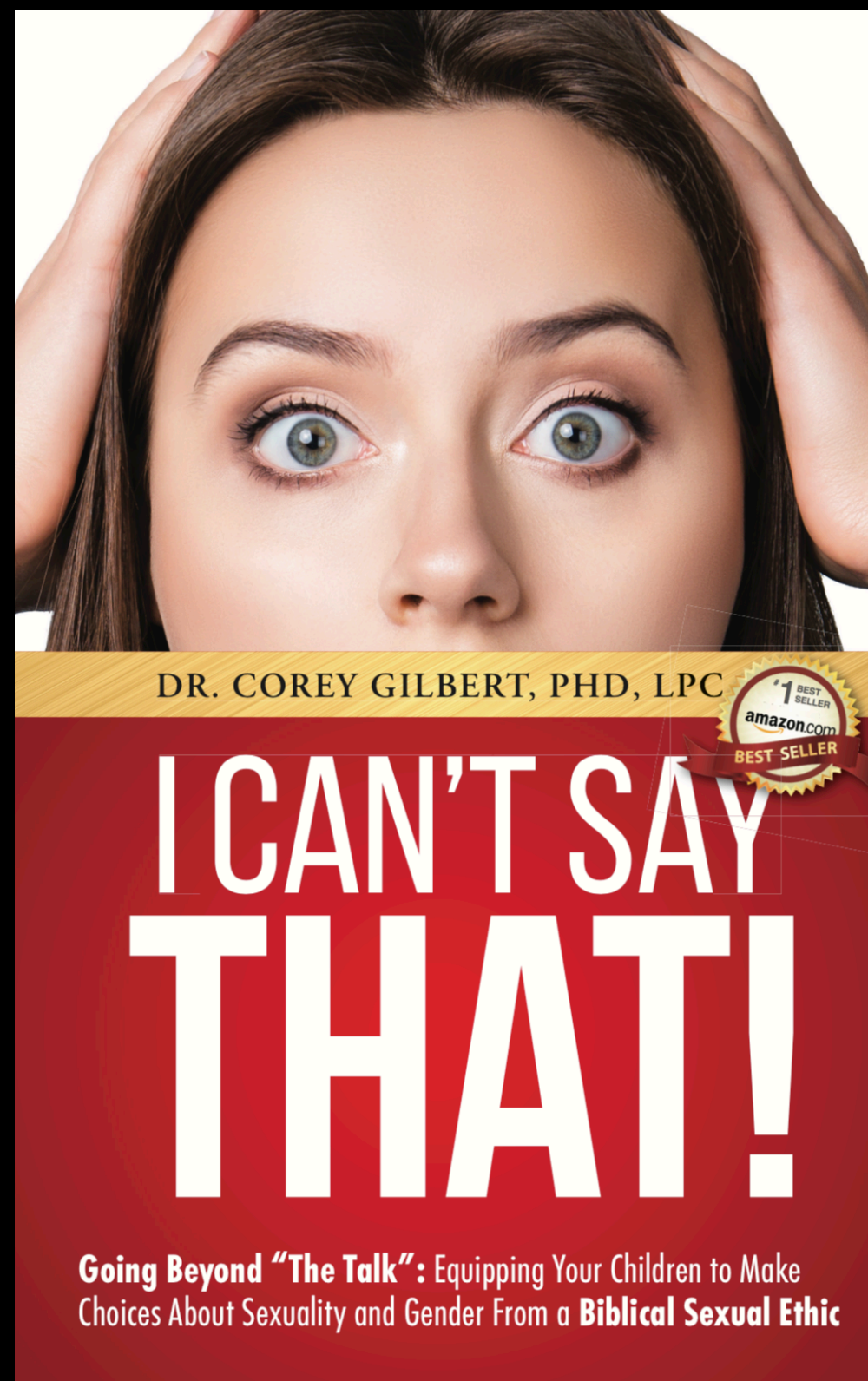


**A Key Responsibility as a Parent**



What we Need to Know:

**Learning** Basic Human Sexuality



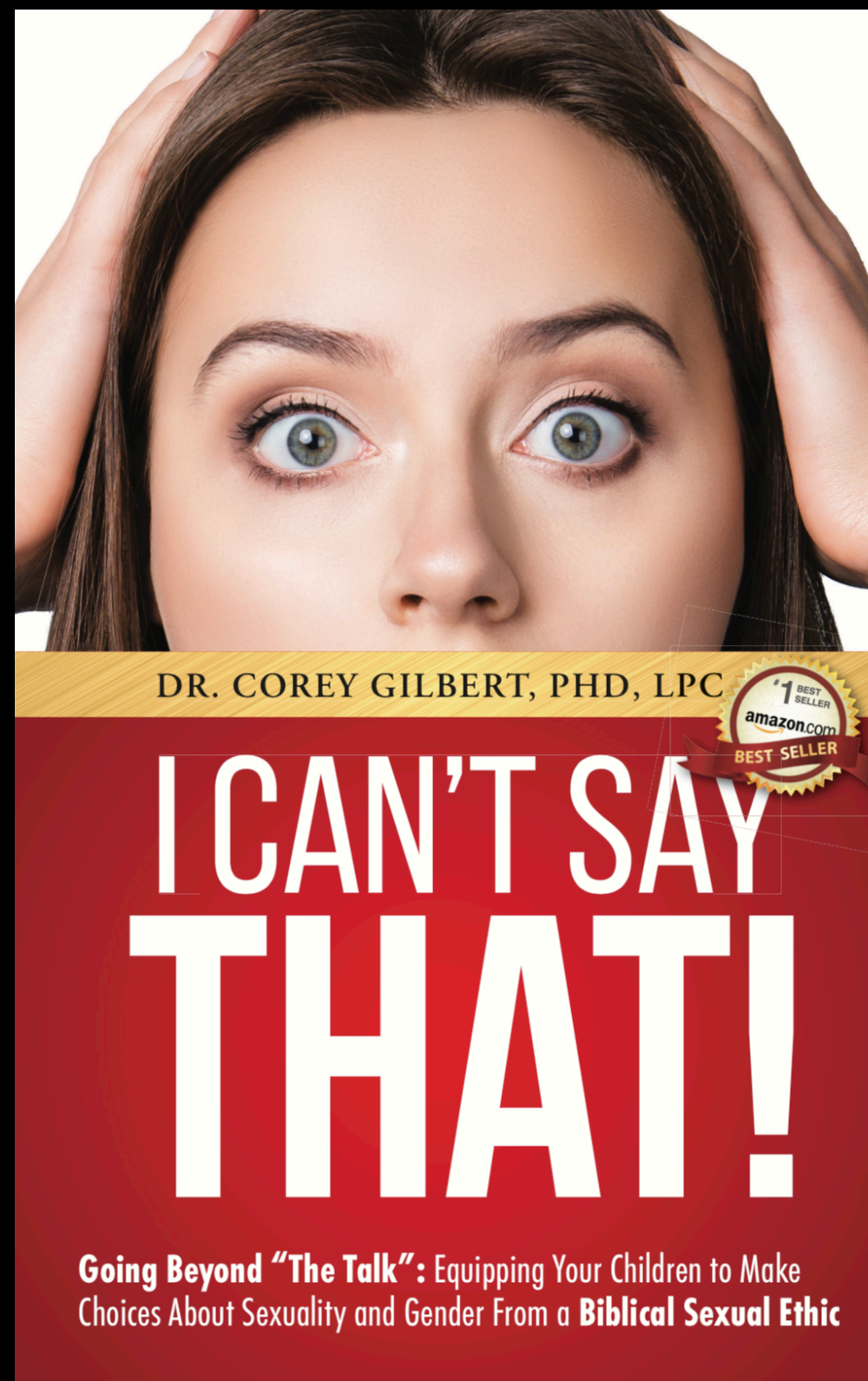


What we Need to Know:

Become a **Confident Parent**

How?

Confidence through **Knowledge**





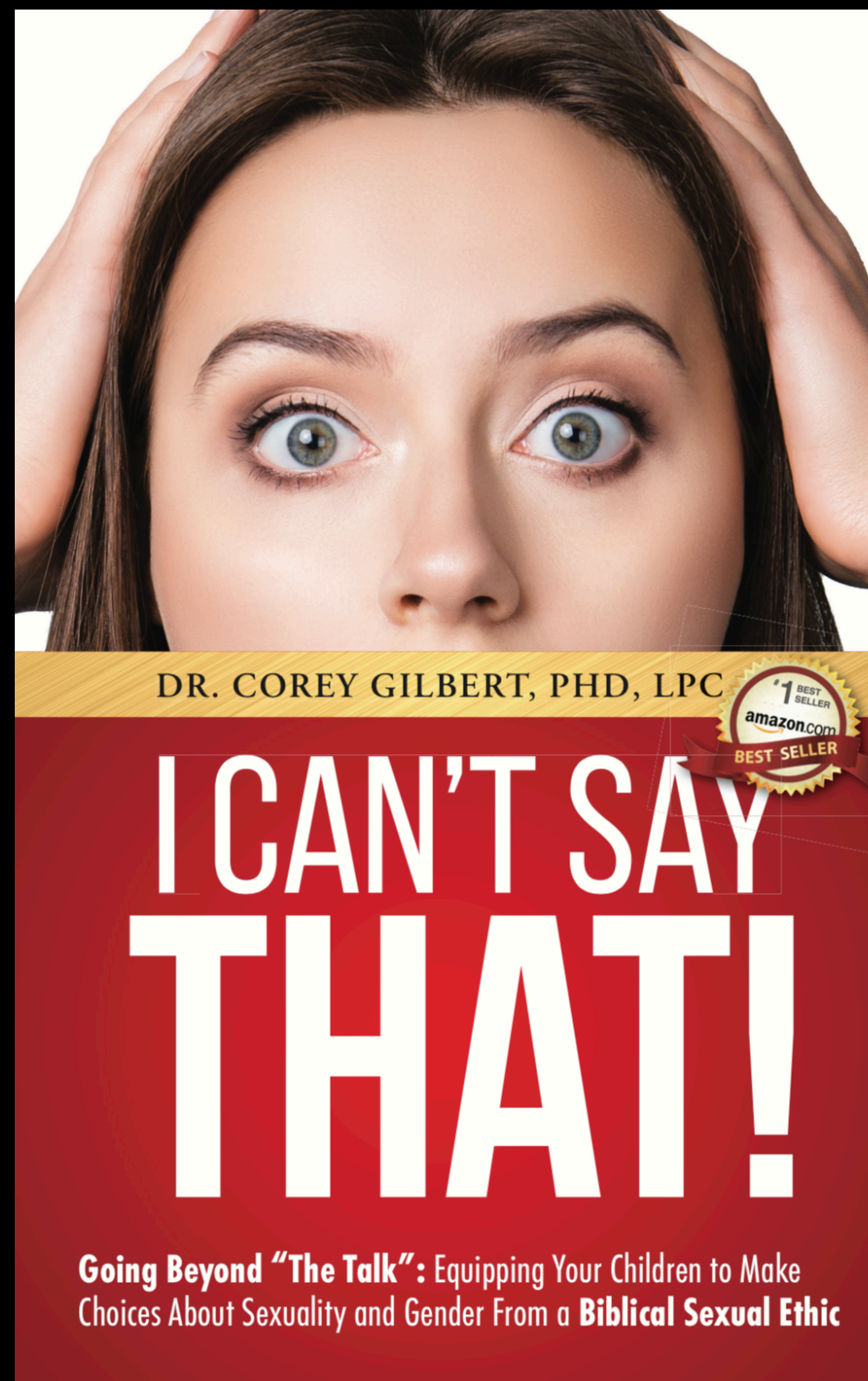
What we Need to Know:

A **Theology** of Sex

The **Brain** & Sex

The **Brain** in Love

A **Theology** of Marriage

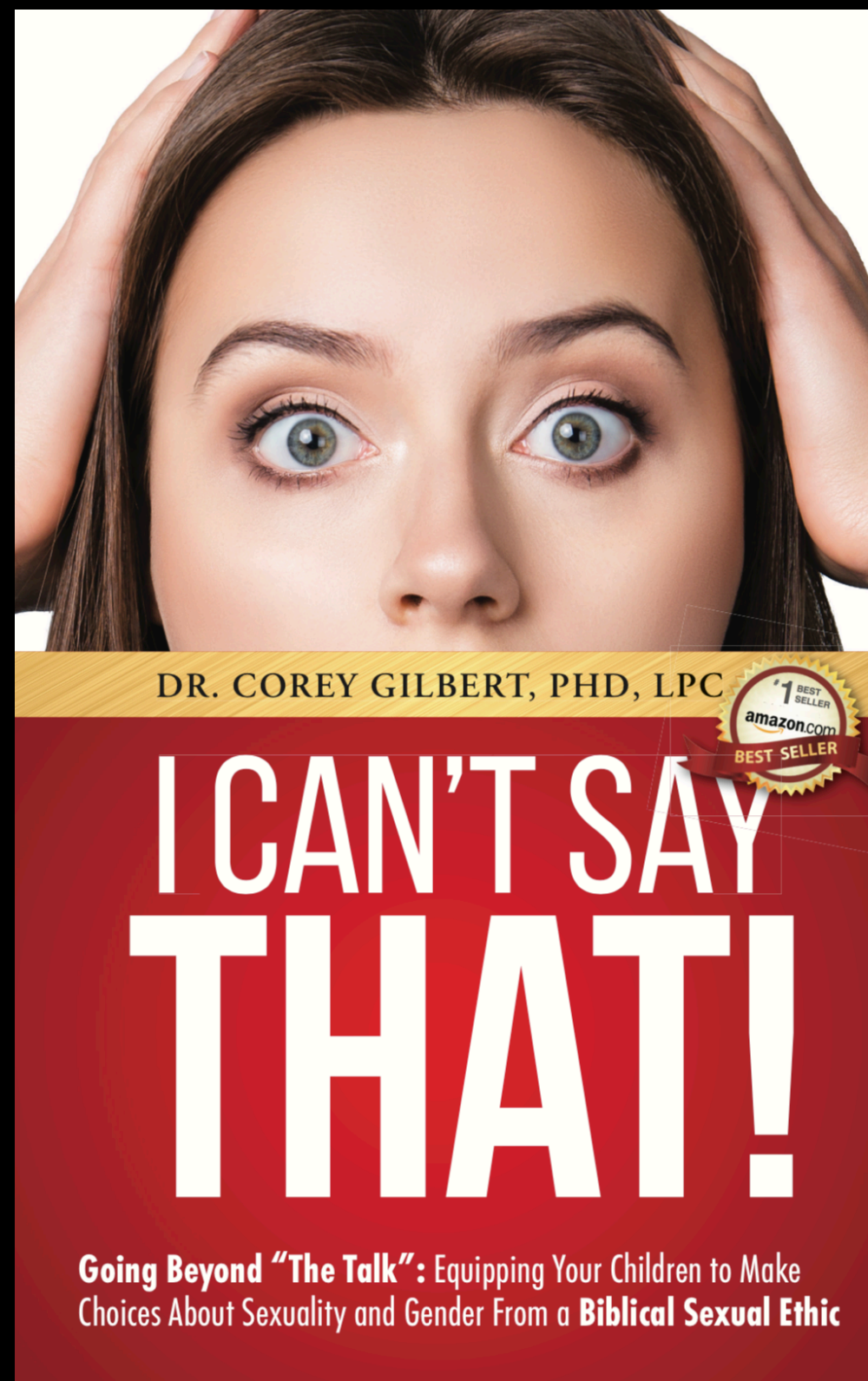




# The POINT:

Either I do,

or Someone Else Does





# What does God say about YOU?



## Birth to 5

## Micro-Conversations with your child





Basic Anatomy

Correct Body  
Part Vocabulary



be sure not to stereotype what is  
“boy” or “girl” - BUT emphasize  
they **ARE** a “boy” or “girl”

**loved by God  
and their family**

**Birth to 5**

**It is Rarely Too Early**



# WHAT DOES GOD SAY ABOUT OTHERS?

Birth to Age 5

recognize that brothers / sisters;  
parents / friends bodies are different

marked by  
Curiosity &  
Exploration

begin teaching about appropriate  
touch towards & from others  
(dignity & permission)



# What does God say about YOU?

## 6 to 10



## Micro-Conversations with your child





more descriptive anatomy

the “M” word

sexual Identity

dignity / modesty

pornography

periods, wet  
dreams prep

gender

sexual  
reproduction

personality is set in  
stone by age 7



There is No  
Such Thing as  
“The Talk”

6 to 10



# WHAT DOES GOD SAY ABOUT OTHERS?

6 to 10

boyfriend / girlfriend

masturbation

trauma / abuse

pornography

being a friend

they are under  
authority

marked by  
Experimentation  
&  
Pushing  
Boundaries



# What does God say about **YOU**?



## 11 to 17

## Micro-Conversations with your child





identity - it is so much  
more than sexual

fearfully &  
wonderfully made

every other sin you  
commit is outside your  
body

as a believer,  
your body is  
a temple

Puberty, Dating,  
Gender &  
Sexuality

you are NOT a mistake - not  
trapped in the wrong body -  
but have a unique personality

11 to 17 understand sexual reproduction





# WHAT DOES GOD SAY ABOUT OTHERS?

11 to 17

refrain from sexual immorality

managing social media

Who are your idols?  
Who influences you?

dating / courting  
further defined  
and boundaries

pornography

marked by  
Experimentation  
and Identity



# WHAT DOES GOD SAY ABOUT OTHERS?

11 to 17

how are you treating others?

deepen identity - are  
you kind, respectful,  
your work ethic?

LGBTQIA+

beware of decisions  
that cannot be undone

What does the Bible say?

- not mom & dad  
or social media

maintain integrity of  
your convictions  
& what God is saying











# YOUR SEXUAL ETHIC



## Family Code (family of origin)

rites of passage

significant tasks

logical  
consequences

grace deposits

## My Vision for Growth & Maturity



## Finding a Cause to Fight For

how are you  
impacting  
or  
going to  
impact  
others for  
the better



# Self-Control

“Teach the older men to be **temperate, worthy of respect, self-controlled**... Likewise, teach the older women to be **reverent** in the way they live... Then they can train the younger women to **love their husbands** and children, and to be **self-controlled** and **pure**... Similarly, encourage the young men to be **self-controlled**... live **self-controlled, upright** and **godly** lives in this present age...

Titus 2:2-12







## **Session 1: Dating, Sexuality & Attraction**

God's Sexual Economy

When Are You Ready To Marry?

## **Session 3: the Wedding, the Honeymoon, & Great Sex!**

10 Things To Remember  
About Sex

Keys to Commitment

# *Love, Sex, Dating & Marriage*

## **Session 2: Dating & Courtship**

Requirements for Successful Dating

Questions To Ask

Romantic Love?

## **Session 4: Getting Down & Dirty**

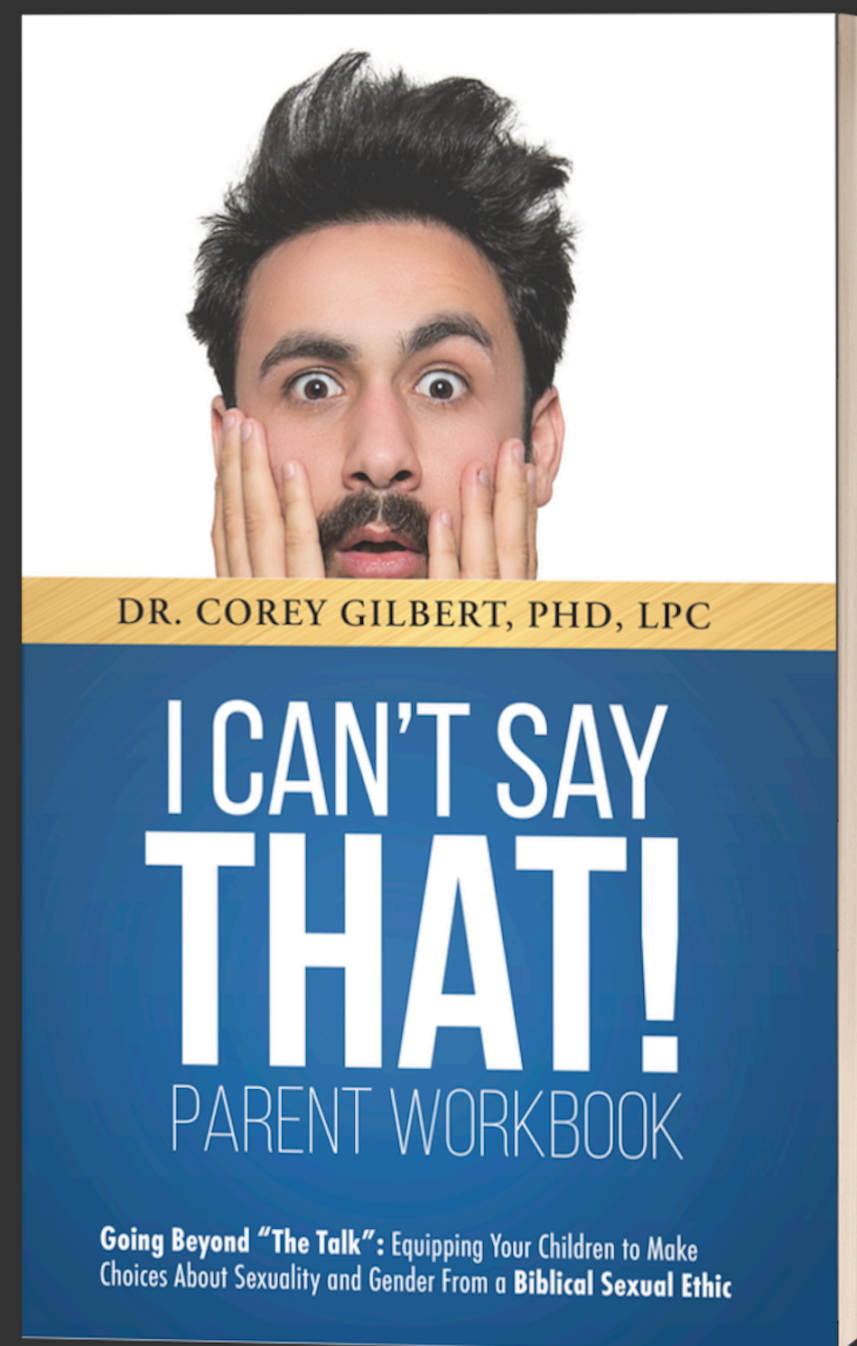
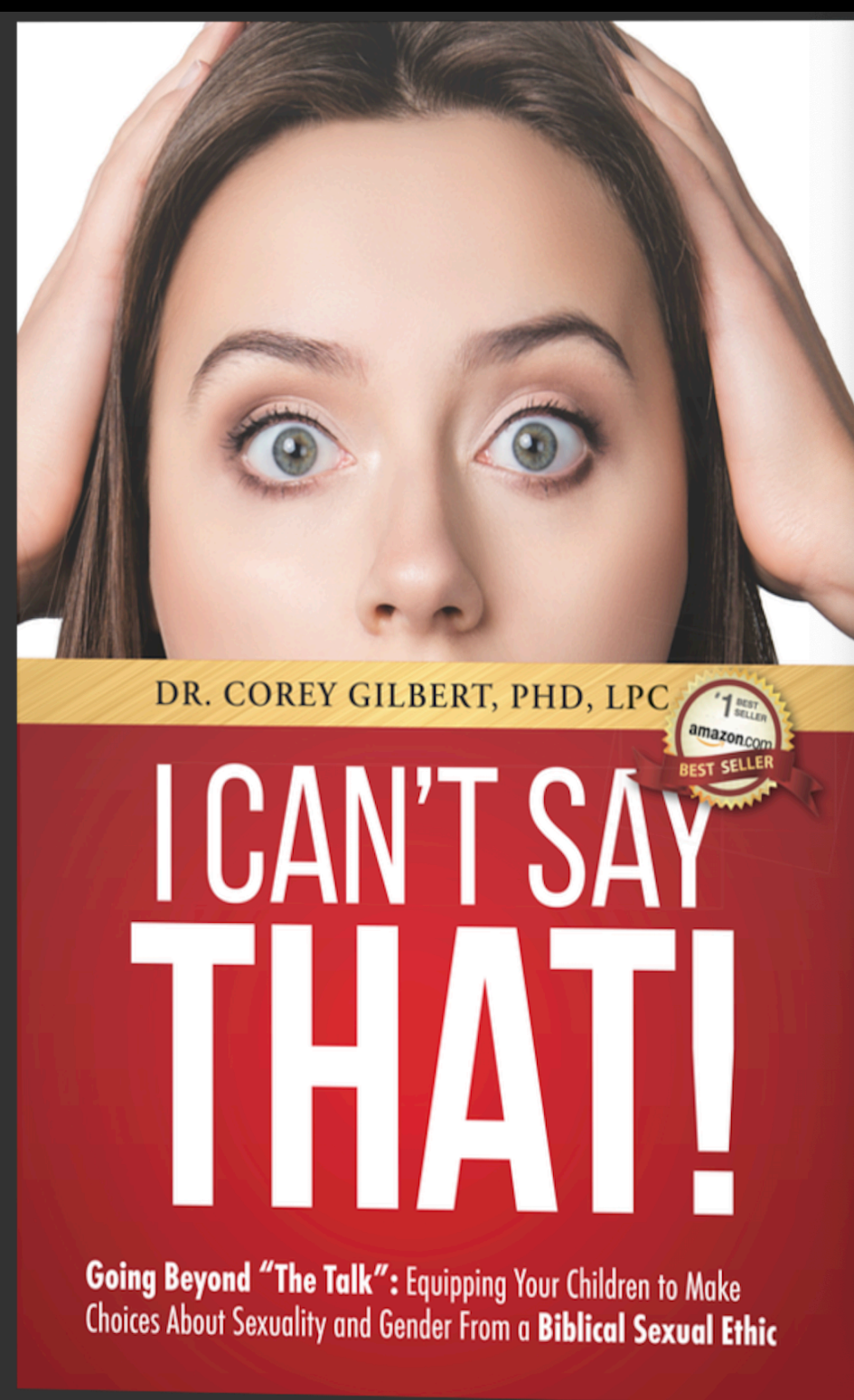
All Couples Conflict

How to  
Tips & Stages  
Rules & Nevers

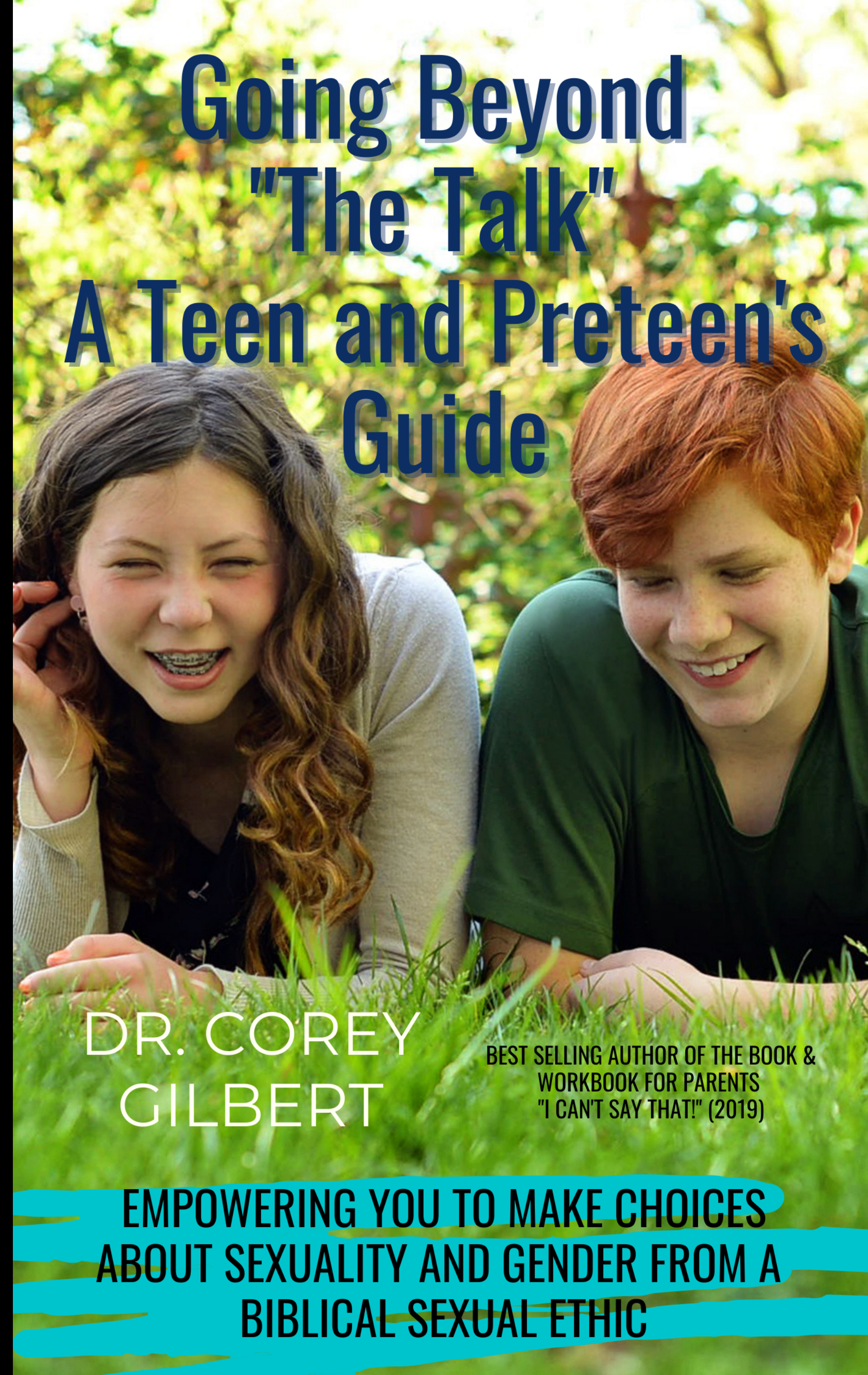
Romance Killers and Kindlers

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Either I do,  
or Someone  
Else Does



# Going Beyond "The Talk" A Teen and Preteen's Guide

DR. COREY  
GILBERT

BEST SELLING AUTHOR OF THE BOOK &  
WORKBOOK FOR PARENTS  
"I CAN'T SAY THAT!" (2019)

EMPOWERING YOU TO MAKE CHOICES  
ABOUT SEXUALITY AND GENDER FROM A  
BIBLICAL SEXUAL ETHIC



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