



# The Rule of ALSO

What do you **KNOW** / do you have to do?

Why are you stuck / in conflict?

## Apply the Rule of ALSO

### **A - Aware of your Beliefs**

Why are you right? Why do you have to do this?

### **L - Let Go of Your Rightness**

Consider you are wrong. Why might you be wrong?

### **S - Shift Perspective**

Imagine the opposite is true / your colleague is right. What would have to be true then?

### **O - Open to New Possibilities**

Consider a new approach. What can you embrace and do differently?